



**NORTH CENTRAL HEALTH CARE POOL SCHEDULE & FEES**  
**715.848.4551**

MON	TUES	WED	THURS	FRI	SAT
6:30-7:30 AM FITT CLASS	CLOSED 7:00-7:30 AM LAP SWIM	6:30-7:30 AM FITT CLASS	CLOSED 7:00-7:30 AM LAP SWIM	6:30-7:30 AM FITT CLASS	CLOSED
7:30-8 AM LAP SWIM (3 LANES) 7:30-9:30 AM COMMUNITY FITT	7:30 AM - 6 PM COMMUNITY FITT/PT	7:30-8 AM LAP SWIM (3 LANES) 7:30-9:30 AM COMMUNITY FITT	7:30 AM - 6 PM COMMUNITY FITT/PT	7:30-8 AM LAP SWIM (3 LANES) 7:30-9:30 AM COMMUNITY FITT	
9:30-10:30 AM LAP SWIM CLOSED		9:30-10:30 AM SUPERVISED ACTIVITIES CLOSED		9:30-10:30 AM LAP SWIM CLOSED	
11AM-12PM ARTHRITIS EXERCISE		11AM-12PM ARTHRITIS EXERCISE		11AM-12PM ARTHRITIS EXERCISE	9 AM-12 PM COMMUNITY/ FAMILY FITT
12-6 PM COMMUNITY FITT/PT		12-4 PM COMMUNITY FITT/PT 4-6 PM FAMILY FITT/PT		12- 1 PM SUPERVISED ACTIVITIES CLOSED 1:30-4 PM COMMUNITY FITT	CLOSED
CLOSED	6-7 PM ARTHRITIS EXERCISE	CLOSED	6-7 PM ARTHRITIS EXERCISE	CLOSED	

POOL USE FEES:		DAILY	MONTHLY	ANNUALLY
COMMUNITY AND	INDIV.:	\$9	\$40	\$315
FAMILY FITT:	COUPLE:	\$14	\$65	\$465
	FAMILY:	\$16		

**ARTHRITIS EXERCISE:** \$85 FOR 12 CLASSES  
**FITT CLASS:** \$96 FOR 12 CLASSES  
**LOCKER RENTAL:** \$25 FOR 6 MONTHS OR \$45 FOR 1 YEAR  
**POOL RENTAL:** \$138/HR. WITH LIFEGUARD

# NCHC POOL RULES AND REGULATIONS

- Please be courteous of all patrons using pool
- Physician referral required for all pool activities
- Soap shower required before entering the pool
- Persons with open wounds or communicable diseases are not permitted to use the pool
- Pollution of swimming pool prohibited-urinating, expectorating, or releasing other bodily fluids is prohibited
- Keep locker room benches clear of personal belongings
- Private changing rooms available for patrons requiring additional assistance, and for families with children
- For any child over the age of 3 that is of the opposite sex of the adult, please use private changing rooms. Please do not bring the child into the changing rooms. (ask lifeguard about location of private rooms.
- Children that are incontinent must wear swim diaper. These are not provided.
- After using wheelchairs, please tip over to drain out water.
- Please be courteous of exercise programs prior to start of open pool times, please stay in locker room until class has ended
- Three lanes are reserved for lap swimming MON-FRI from 7:30-8:00 am. Swimmers have the right of way during this time.
- No diving into pool
- No running/horseplay on pool deck
- Please be courteous of everyone's exercise regimen, lap swimmers watch for other patrons, and non-lap swimming patrons watch for lap swimmers.
- Please spend a reasonable amount of time when using exercise equipment, be aware of others wanting to use the same equipment.
- During physical therapy hours, physical therapy patients have priority use of exercise equipment.
- Please be aware of splashing when other patrons are close by.
- Please exit the pool promptly after the scheduled pool hours have ended.
- Wearing swim shoes/sandals in locker room and pool deck highly recommended. Pool deck can be very slippery.
- Please bring your own towels, towels are not provided by facility.

**Lifeguards reserve the right to ask anyone not obeying the rules of the pool to leave the facility.**