

The Employee Health & Wellness Center

The Employee Health & Wellness Center Clinic provides easy access to convenient health care right where you work.

Health and Wellness Services

- **Annual Physicals:** women's health, men's health.
- **Chronic Condition Support:** hypertension, diabetes, asthma, anxiety, depression, thyroid disorders and prescriptions.
- **Health Monitoring:** blood pressure, cholesterol, blood sugar, weight management, routine lab test and gynecological concerns.
- **Common Health Issues:** colds, sore throat, earaches, influenza, sinus infection, stomach disorders, nausea, skin problems: rashes, bug bites, minor wounds, suturing, strains, sprains, urinary tract infections.
- **Wellness Care:** Health screening, prevention education, general fitness assessment, goal setting and routine wellness advice.
- **Lab Services and Procedures:** Rapid strep test, urine dip stick, flu screens, pregnancy test and procedures such as mole and skin tag removal are provided at the onsite clinic.

*Ages 18 months and up

Appointments and Same-Day Care

Clinic Appointments are encouraged and can be made online by visiting MyAspirus.org, or by calling the Employee Health & Wellness Center at **715.843.1256**.

Same day appointments may be possible based upon the schedule for that day. Clinic Walk-ins will also be taken if the schedule permits.

Confidentiality

All medical information provided to Aspirus will be confidential and not shared with North Central Health Care, or other health care providers without your written consent. The physical layout of the clinic within North Central Health Care Campus and the installation of separate phone and fax lines support a commitment to patient confidentiality. Aspirus will maintain the privacy and confidentiality of your personal health information in compliance with all applicable state and federal laws.

EMPLOYEE HEALTH & WELLNESS CENTER

1100 Lakeview Drive, Wausau, WI
North Central Health Care Campus
Door 25

Schedule an Appointment:
715.843.1256 or MyAspirus.org

Clinic Hours

Monday - Wednesday - Friday: 8:00 am - 4:30 pm
Tuesday: 6:30 am - 3:00 pm
Thursday: 10:00 am - 6:30 pm

