

Compassionately
serving our
community
through accessible,
specialized care.



Equal Opportunity in Service Delivery

No otherwise qualified applicant for service or program participant shall be excluded from participation, be denied benefits, or otherwise be subject to discrimination in any manner on the basis of race, color, national origin, age, sex, sexual identity, sexual orientation, religion, political beliefs or disability. No employee or other person shall intimidate, threaten, coerce, or discriminate against any otherwise qualified individual for the purpose of interfering with any right or privilege secured under one of the applicable civil rights laws, or because they have made a complaint, testified, assisted, or participated in any manner in an investigation, proceeding or hearing under one of the applicable civil rights laws. This policy covers eligibility for access to service delivery, and to treatment in all of the programs, services and activities. All employees are expected to support the goals and programmatic activities relating to nondiscrimination in service delivery.

For more information, questions or referrals, please contact North Central Health Care:

NCHC Wausau Campus 715.848.4356
2400 Marshall Street, Suite A
Wausau, Wisconsin 54403

NCHC Antigo Center 715.627.6694
1225 Langlade Road
Antigo, Wisconsin 54409

NCHC Merrill Center 715.536.9482
607 N. Sales Street, Suite 309
Merrill, Wisconsin 54452

NCHC Crisis Center Available 24/7
If you are experiencing an emergency, crisis or are in need of Ambulatory Detoxification Services, please call North Central Health Care Crisis Center:
715.845.4326 or 1.800.799.0122
Hearing Impaired/TYY Call: 711



North Central Health Care
Person centered. Outcome focused.

www.norcen.org

MENTAL & BEHAVIORAL HEALTH



North Central Health Care
Person centered. Outcome focused.

OUTPATIENT Substance Abuse Intensive Outpatient Program



Intensive Outpatient
Addiction Therapies

*Serving Residents in the Counties of
Marathon, Langlade and Lincoln*



North Central Health Care

Person centered. Outcome focused.



Substance Abuse Intensive Outpatient Program

North Central Health Care offers a state-certified outpatient clinic that provides a Substance Abuse Intensive Outpatient program available to adults 18 and older who reside in Marathon, Langlade and Lincoln counties.

Each person's treatment and recovery is unique to their situation, which is why the Substance Abuse Intensive Outpatient program offers a multi-disciplinary approach in treating those with a chemical dependency.

Specialized Support & Treatment Solutions

Every individual struggling with addiction has unique needs – whether that addiction is to alcohol or other drugs. Some individuals need a more structured and intensive recovery program and require a significant amount of support while they are obtaining treatment. The Substance Abuse Intensive Outpatient program provides that structure and increased support while integrating participants back into their daily life.



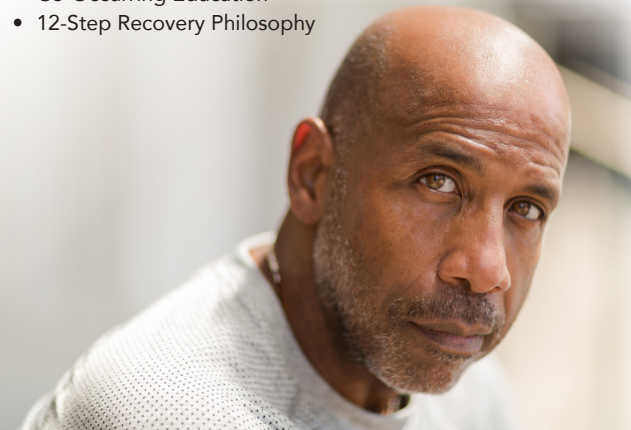
Intensive Treatment for Those Who Need It

The Intensive Outpatient program provides a group setting for individuals struggling with addiction – whether that addiction is to alcohol or other drugs. The program is designed for those who need more intensive substance abuse treatment than typical outpatient services, but do not require the level of care provided in the Day Treatment program.

Each group session lasts 2 hours, meets 3 times per week and runs 8 weeks in length. Individual sessions may also be scheduled.

The Intensive Outpatient program utilizes interventions and techniques which may include:

- Group Therapy
- Individual Therapy
- Rational-Emotive Behavioral Therapy (REBT)
- Cognitive Behavioral Therapy (CBT)
- Substance Abuse Education (Alcohol and Other Drugs)
- Co-Occurring Education
- 12-Step Recovery Philosophy



A Team Approach

All individuals are treated by a team of skilled professionals trained in multiple disciplines. This team works together to review and assess the individual's progress and to adjust the individual care plan as needed. **After successful completion of the Substance Abuse Intensive Outpatient program, each client is set up with appropriate aftercare treatment with a substance abuse counselor as well as an introduction to the recovery community.**

Building A Support Network

North Central Health Care offers supportive services for family members and significant others of Substance Abuse Day Treatment individuals. Counseling and therapy options offered by a professional team of providers helps friends and family develop a better understanding of their loved ones addiction, treatment and life after treatment. Options may include individual and group therapy.



The Intensive Outpatient program is operated at North Central Health Care and is available for all residents in Marathon, Langlade and Lincoln counties.

Experience Matters

At North Central Health Care, our team of skilled and experienced professionals are expertly trained in a variety of treatment solutions. We work together to help you experience the best outcomes. Our interdisciplinary team consists of:

- Referral Coordinators
- Counselors
- Therapists
- Psychiatrists
- Psychologists
- Nurse Practitioners

*Program may not be available at all locations.