

Your Gift Changes Lives!

For the second year, Voyages for Growth has been able to provide opportunities for individuals with developmental and physical disabilities to grow and expand their level of interest and community engagement through unique travel experiences. The experiences our Voyagers have throughout Wisconsin and the country are made possible by your contributions to the North Central Health Foundation. Because of the collaborative efforts of the Foundation, staff at North Central Health Care, guardians, and the Voyagers themselves, 73 individuals were able to travel in 2014 and experience life-changing opportunities.



Our Voyagers were involved early on in the planning and trip development phase, brainstorming places to see and goals to achieve. Voyagers were able to partake in unique experiences in Wisconsin to the Wisconsin Dells and the Winnebago Chain of Lakes. Others took to the roads and sky for exhilarating trips to South Dakota to see Mount Rushmore and to Florida for a Disney experience.

Experiences like these provide motivation to think outside the box, and the belief that anyone can do anything with the right support.



Gifts Are Directly Helping Those in Our Community

Community Corner Clubhouse helps adults with persistent mental illness and substance abuse challenges to realize their potential by providing them with a Clubhouse where they can meet friends, build self-confidence, learn valuable life skills and discover untapped talents. "Clubhouse" is an internationally certified, psychosocial rehabilitation community that provides accessible, low cost services in a supportive environment. Clubhouse membership is voluntary and without time limits — offering members to choose the services they need when they need them.

Gifts to the Foundation are assisting Community Corner Clubhouse with relocation and renovation efforts, allowing support, vocational training and personal skill development for those with mental illness to be provided in their new location.

Community Corner Clubhouse assists members with vocational support and provides transitional, supported and independent employment opportunities. The program also provides educational and social opportunities, and has helped members find safe, affordable housing. Adults with mental illness gain the ability to realize their full potential, while building self-confidence and valuable life skills.



"Clubhouse makes me stay focused and not isolate. Just to know that I'm part of something makes me feel wanted."

— Jean, Clubhouse Member



Promoting Healing Environments

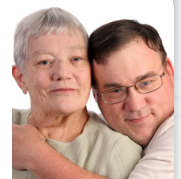
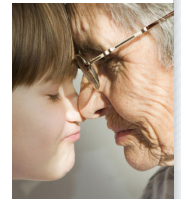
The physical and environmental surroundings that individuals experience while being cared for can shape their

mindset and ability to receive care. Environments can reduce stress and anxiety, which positively affects health in a number of ways. The Foundation is currently working jointly with the North Central Health Care Environmental Aesthetics Team and "Friends" on a project in the Crisis CBRF (Community Based Residential Facility). The Crisis CBRF provides crisis stabilization to individuals who would otherwise be admitted to the inpatient psychiatric hospital. The program also provides a continuum of care as a step-down from hospitalization to living within the community.

With the assistance of staff and use of evidence-based research, a plan was formulated for the Crisis CBRF's environmental modifications. For both clients and staff, these changes will promote a healing environment by introducing elements of nature such as wood-look flooring, inspirational messaging, softer wall colors and updated bedding and furnishings. The project is a true collaboration of time, talent, research and support from across North Central Health Care, "Friends" and the North Central Health Foundation.

Touching the Lives of So Many

The care our teams provide at North Central Health Care touches the lives of so many individuals in our Marathon, Lincoln and Langlade county communities – from newborn babies with developmental disabilities, to adults and children coping with mental illness, to the elderly living with dementia. We ensure that each individual receives customized, innovative care designed around his or her abilities and challenges.



Mount View Care Center

Skilled Nursing
Short-term Rehabilitation
Dementia Care

Outpatient, Inpatient and Community Treatment Services

Mental Health & Substance Abuse Treatment, Recovery & Support

24/7 Crisis Center

Suicide and Crisis Prevention, Care & Recovery

Residential Services

Group Homes & Supported Apartments

Developmental Disabilities Services

Adult Day Services
Prevocational Services
Birth to Three
Children's Long-Term and Family Support

Aquatic Physical Therapy

Adult Protective Services

www.norcen.org/Foundation

Visit us online!

Learn more about North Central Health Care and the Foundation on our website.

Contributions may be submitted through our secure, online web link or by mail.

North Central Health Foundation

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