

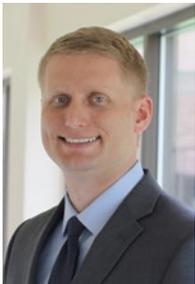


A Weekly Update
For The Employees of
North Central Health Care



PHOTO OF THE WEEK 

"May 2018 Mental Health Summit"
Photo of the Week submitted by Angela Parker-Jensen

WEEKLY CONNECTION WITH MICHAEL LOY

Congratulations Team!

On Tuesday night, North Central Health Care achieved a major step in our Master Facilities Planning process and positioning our organization for long-term success. The Marathon County Board approved a resolution, with a vote of 32-4, to move forward with the \$67 million proposal to renovate the Wausau Campus, including Mount View Care Center, the Pool and the Health Care Center buildings. A lot of work, thought, planning and effort went into creating this proposal by North Central Health Care and our partners at Marathon County Facilities and Capital Management. Without the important work that all of you do each and every day, coupled with your commitment to all those we serve, none of this would

be possible. So I congratulate you in helping to create this opportunity for our organization!

Where do we go from here?

Start dreaming of a date. March 23, 2022. This date is the official 50th Anniversary of North Central Health Care. This date is nearly 4 years away but it's closer than you think and it's a realistic date we will shoot for to see our Master Facility Plan to move from design to ribbon cutting at the completion of the project. Yes, it will take nearly four years to accomplish our major transformation. Over the next 12 months we will secure financing, develop the final design (the Master Facility Plan was only conceptual), hire contractors and then put shovels in the ground. The project will move in Phases, with Phase 1 to include the Aquatic Therapy Pool which will open in 2019. Construction for this Phase will hopefully start before the snow flies this year. Every program at our main campus will be touched during this process; we all will evolve over the next four years.

Over these next four years we will also be simultaneously overhauling our technology resources to support the new design and operations (starting with a new website coming in September), continuing our shift to becoming a learning organization and creating the financial viability we need to support the cost of this project. During these intervening years we must remain committed to deciding to do what the rest of the world might think preposterous; to make the community we live in a better place given difficult challenges we face. There has never been a more important time to invest in the wellbeing and success of individuals who have mental health and addiction treatment, with developmental disabilities, and our aging population needing advanced long-term care options. We will bring higher availability and greater dignity to our services as we work towards this higher version of ourselves in the most comprehensive way possible. I look forward to these next steps in our 5 to 50 Journey.



**May is
Mental
Health
Awareness
Month**

- Older Americans Month Celebration Photos 4**
Highest Bidder Gets the Employee
- Employee of the Month... 5**
- FREE Meals for Wausau Students This Summer ... 9**
- New Position Posting .. 10**
HR Insights



WITNESSING EXCELLENCE

Who: Julia Kunz, Dietary Services

Why: Always being an amazing role model and always helps other people when she has free time

Submitted By: Maddie Krolow



ADMINISTRATOR ON-CALL
x4488 or 715.848.4488

In the event of Phone System Outage, reference the O:drive "On-Call Information Folder" for Schedule and Cell Phone #'s.

**Monday, June 21 –
Sunday, June 27**

Michael Loy



We will be offering an opportunity to put together an FAQ document for NCHC staff who have questions about the Master Facility Plan and where we go from here. If you have a question please stop by, call or send an email to info@norcen.org. We look forward to answering your questions now and throughout the next couple years.

Make it a great day,



The Mental Health Panel discussed the impact of mental health on housing and homelessness.



Michel Gleason, Community Treatment, participates in panel discussion.



Michelle Hazuka, Clubhouse Director welcomes attendees to the Summit.



CHECK OUT MORE VIDEO & INFO ONLINE!



Bob Wilcox, Law Enforcement Liaison at NCHC, provides a training on De-escalation techniques.

PHOTO OF THE WEEK



Submit A Great Photo From Your Week!

Submit your photo and description to: Email: jmeadows@norcen.org or Text: 715.370.1547. Please indicate Photo of the Week and include your name, who/what/where of the photo and why you are submitting. **Please remember!** To protect the privacy of our patients, clients and residents, photos are not to be taken of any of those we serve without written permission.

"May 2018 Mental Health Summit"

- Submitted by Angela Parker-Jensen, Communications & Marketing



NCHC HOSTS MENTAL HEALTH SUMMIT
Successful Partnership with United Way Housing & Homelessness Coalition Businesses and Community

On Thursday, May 17, NCHC hosted the 2018 May Mental Health Summit at the Wausau Campus Theater. The Summit was designed to have de-escalation training, community speakers, share family speakers and have a professional panel discussion with Community Partners from around Marathon County. Member businesses and their employees of the Marathon County Hunger and Homelessness Coalition joined in the event for the day. Additionally, a resource fair was held to share information about community resources relating to mental health and housing.

Participants included North Central Health Care, Clubhouse Members, Marathon County Sheriff's Department, ADRC, Open Door, Catholic Charities, United Way of Marathon County, Wausau Police Department, North Central Community Action Program, Recovery Coaches, NAMI and several other organizations and individuals. Attendees from local and state government were in attendance as well. Thank you to all those who presented and participated.

JOIN US AT **COMMUNITY CORNER CLUBHOUSE**
Opening the Door to Hope, Recovery & Opportunity for People with Mental Illness

May Open Houses!

Wednesday, May 23 • 9:30 – 11:30 am
Wednesday, May 30 • 1:30 – 3:30 pm

Come to Clubhouse at 811 N. Third Avenue in Wausau to meet the Clubhouse Team & Members and enjoy some treats, snacks, coffee and take a tour of Clubhouse!



WALK TO END ALZHEIMER'S
alzheimer's association

Why We Walk

Happy HOUR

Join us for a casual happy hour to learn more about the impact the Walk to End Alzheimer's® makes on the community and the rewarding ways you can get involved!

Snacks and soft drinks will be provided. Cash bar will be open.

Date: Wednesday, May 30, 2018
Time: 5:30 pm - 7:00 pm
Location: Scanni's Alehouse
1239 Schofield Ave., Schofield, WI

Contact Katie Olson at 920.469.21100 or kaolson@alz.org

DIET AND NUTRITION

A healthy diet can be cost efficient. Save money by choosing **canned or frozen** vegetables and fish, and dried fruits and beans. While nutritionally similar to fresh foods, they have a **longer shelf life** and are **less expensive**.



May is Mental Health Awareness Month

So much of what we do physically impacts us mentally. That is why this month we will share a series of informational posts to help you or a loved one achieve overall wellness and set you on a path to Mental Health recovery. Our topics will include eating healthy foods, managing stress, exercising, and getting enough sleep.

Follow NCHC on social media to learn more and share your progress as you take the #4mind4body challenge!

North Central Health Care
Person centered. Outcome focused.



#MentalHealthMonth #IAMNCHC #4mind4body



Intuition

EXPLORING YOUR OWN INTUITION WORKSHOP PRESENTED BY RHI-ANNA HILL

A gifted intuitive counselor, life coach and spiritual mentor Rhi-Anna has been teaching intuition seminars and workshops for over two decades. This workshop offers practical tools and techniques to each participant to further their intuitive abilities. Call it your Soul's Wisdom or True Self Guidance. Intuition is our truth detector, enhancing our daily living, creating more clarity, peace and heighten awareness. It is your right to look inside yourself for the answers. The time is come for each of us to honor and claim this natural ability. Join with others in this highly experiential, fun workshop as we learn to quiet the logical mind as we awaken the intuitive self.

Workshop – June 2, 2018 – 9:00 a.m. -11:30 a.m.

YWCA- 613 N 5th St Wausau

Cost - \$45.00

Proceeds will go to help support NAMI (National Alliance on Mental Illness) Register by mail to Nami Northwoods, P.O. Box 262 Wausau, WI 54402 Register by April 15 as space is limited to 25 attendees. email: contact@naminorthwoods.org or call 715-432-0180 to reserve your spot.



HARD HAT UPDATE

Keeping you up to speed on construction around NCHC locations, so that we can communicate together with staff, visitors and those we serve.

WAUSAU CAMPUS:

Parking Lot Line Repainting

The Maintenance Team will be leaf blowing and repainting lines in the parking lot areas across the Wausau Campus over the next 2 weeks. The team will be working around weather and painting as time permits. Staff may be directed to park in other areas of the Campus while the lines are being repainted. Please do not park in the coned off areas or in between cones.

As a reminder, staff should leave our first 3 rows of parking at the front of the Campus and in Mount View Care Center for our Patients, Clients and Visitors.

Maintenance hopes to be finished with the painting over the next 2 weeks.

If you have any questions about where to park, please see your manager or supervisor, or let me know. jmeadows@norcen.org or 715.574.1774






OLDER AMERICANS MONTH



ENGAGE AT EVERY AGE: MAY 2018

Mount View Care Center staff and residents celebrated Older Americans month and Nursing Home Week, with a TON of great activities for everyone. The week was kicked off with a visit from Wausau Mayor Robert Mielke, who read a proclamation from the President of the United States. Later on in the week, we were joined by local radio celebrity, Oliver Burrows from Cool Oldies WXCO, as he played the role of auctioneer at the Mary Poppins Two Pence Auction. Employees donated time and talents were auctioned off to the resident with the highest bid (play money of course!). A great time was had by all. Thank you to all the staff who participated, donated time and made our residents feel so special!



Employees are lined up to sell their time and talent to the highest resident bidder at the Two Pence Auction!



Oliver Burrows from Cool Oldies WXCO Radio joined us as the Auctioneer General!



Jennifer Stransky plead her case for why to pick her!



Amanda Gardner from HR can clean!



Joined by Wausau Mayor Robert Mielke, we celebrated Older Americans Month and Nursing Home Week!



Our Two Pence Auction participants!



NOMINATE A COWORKER TODAY!

Nominations Are Being Accepted!

Attention all employees, do you know of a co-worker that goes above and beyond? Someone that you feel should be recognized for their efforts. If you do, did you know that you can recognize them with an Employee of the Month nomination.

Electronic Nomination Forms NOW Available on Odrive in News You Can Use Folder or Grab one from a Hallway Display!

North Central Health Care
Person centered. Outcome focused.



Employee of the Month

NOMINATION FORM

Date ___/___/___ Nominee _____
Nominated by _____ Dept _____

NOMINATION CRITERIA

Please include a brief summary **in at least 2 core value areas below** explaining how the nominee has demonstrated:

★ Partnership: We are successful by building positive relationships by working across the organization and as a trusted County partner.

★ Integrity: We keep our promises and act in a way where doing the right things for the right reasons is standard.

★ Continuous Improvement: We embrace change, value feedback, creativity and the advancement of excellence.

★ Dignity: We are dedicated to providing excellent service with acceptance and respect to every individual, every day.

★ Accountability: We commit to positive outcomes and each other.

TESTIMONIALS

Please include **at least 2** nominee testimonials from the categories below.

From Family:

From Employees:

From Residents/Clients:

From Manager/Supervisor:

Return Form to Bo Johnson in Human Resources via Interoffice Mail. Thank you!



World Elder Abuse Awareness Day Friday, June 15

WEAR PURPLE
IN SUPPORT



WORLD ELDER ABUSE
AWARENESS DAY

Building Strong Support for Elders

ORDER YOUR
T-SHIRT ONLINE
by MAY 30th

Only \$6.50

WEAAD.EMESTORE.COM



Elder Abuse TAKES MANY FORMS

NEGLECT ISOLATION PHYSICAL
FINANCIAL SEXUAL EMOTIONAL
PSYCHOLOGICAL



If you suspect Elder Abuse
speak to someone today!

Adult Protective Services at 1.855.487.3338.
In Marathon, Lincoln and Langlade counties.



Additional Resources & Support Provided By:



HAVEN, Inc.



Advocates for Victims
of Domestic and
Sexual Abuse



ADRC
Aging & Disability Resource Center
of Central Wisconsin



North Central Health Care
Person centered. Outcome focused.



THE WOMEN'S COMMUNITY INC.
LISTEN. SUPPORT. TRANSFORM LIVES.

Learn More About Signs of Elder Abuse



www.norcen.org/StopElderAbuse

You do NOT need a Paypal account to pay online. Simply complete your order and when you get to Paypal site, click, pay with credit card! Shipping rates are only \$3.95 to anywhere!



EMPLOYEE ACCOMPLISHMENTS!

Congratulations Michelle Gleason, MSW, LCSW

Recently, Michelle Gleason, Community Treatment Clinical Coordinator, obtained her Substance Abuse Specialty, which is a certificate attached to her license where she is able to serve individuals with substance abuse challenges. Congratulations Michelle and thank you for your dedication to the people we serve!



Kim Gochanour, third from left, receives recognition for MVCC at Leading Age Spring Conference.

MOUNT VIEW CARE CENTER RECEIVES GRANT FOR FULL BODY LIFT

1 of Only 6 Recipients of Grant

Mount View Care Center was selected as one of six recipients of the 2018 Safe Resident Assistant Program grants. The grant recipients were officially announced at the Leading Age Spring Conference during Annual Business Meeting on May 3rd. West Bend Mutual presented Kim Gochanour with the grant which will provide Mount View Care Center with a full body lift for use in the nursing home. Congrats team!



RETIREMENT NEWS

Congratulations Julie Myer!

Julie Myer has worked at NCHC for 38 years in our Dietary Services program. That is an amazing dedication to this organization! We will be celebrating her retirement on Friday, June 8th at 3pm in the Wausau Campus Cafeteria. Congrats Julie and thank you for your many years of service!



NEW STATE PLAN FOR ALZHEIMER'S DISEASE AND RELATED DEMENTIA

From State of WI Department of Health Services

The Department of Health Services (DHS) is working with partners across the state to create priorities for a new Wisconsin State Plan for Alzheimer's disease and related dementia. Read the full plan at: <https://www.dhs.wisconsin.gov/publications/p02137.pdf>

A recent Dementia Summit brought together key stakeholders to identify priorities for the new State Plan. Before the Dementia Summit, DHS conducted a public survey to get input from people with memory loss or dementia, family members and others who informally care for someone with memory loss or dementia, and professionals that work with those who have dementia and their families.

Results of the 2018 Public Survey were reviewed by participants at the Dementia Summit to help them establish priorities in four major categories: care in communities, health care, dementia-related crisis response, and facility-based care.

FROM VOLUNTEER SERVICES!

Sweet Tea and Orange Juice Now Available at the Wausau Campus Canteen!

Volunteer Services is stirring up your mornings with some new drinks! When you visit the Wausau Campus Canteen, you can now purchase cold Sweet Tea and Orange Juice! Start your day or right or end it with a refreshing drink! Have suggestions? Email lharder2@norcen.org with your ideas!





Join our discussion and give advice to youth justice and child welfare workers



Tell us what you think

Child welfare and youth justice workers all over Wisconsin are having more conversations with teens about youth sex trafficking. They need your guidance on how to best talk with and help teens who might be taken advantage of or have been trafficked.

In this discussion we'll talk about different scenarios teens might face when they are trafficked and how youth justice and child welfare workers can be most supportive when it happens.

Who can join?

Female and male youth ages 14-20, living in Wisconsin, who've traded sex or sexual type activity like stripping for money, gifts, drugs or survival needs and/or were forced into sex or sexual activity for someone else's benefit.

Also welcome are youth who've been interviewed by child welfare or youth justice workers in the past because someone believed they were being trafficked and youth who are more likely to be targeted by traffickers like youth who've left home or placements a lot, youth who don't attend school, and youth who've traveled to other cities and states on their own or with unrelated adults. We're LGBTQ friendly too.

Details

WHERE: A confidential location in Wausau

WHEN: Tuesday May 22, 2018 from 4:30pm to 6pm

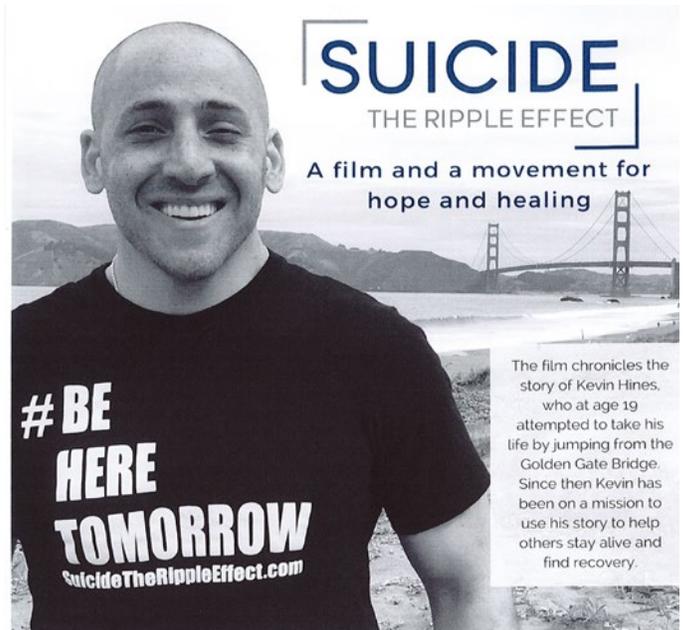
HOW CAN I LEARN MORE OR SIGN UP? Contact Brenda Bayer at 715-581-1096 for more info or to register.

SPACE IS LIMITED

Every participant will receive a \$50 gift card. Refreshments will be served.

Confidential discussion: no names or personal details will be shared - just your ideas!

The focus group discussion will be led by Claudine O'Leary from Rethink Resources. She is a survivor of trafficking working with the Wisconsin Department of Children and Families to inform their response to youth sex trafficking.



SUICIDE THE RIPPLE EFFECT A film and a movement for hope and healing

The film chronicles the story of Kevin Hines, who at age 19 attempted to take his life by jumping from the Golden Gate Bridge. Since then Kevin has been on a mission to use his story to help others stay alive and find recovery.

Wednesday, June 20, 2018, 7:30 PM Cedar Creek Cinema, 10101 Market St., Rothschild, WI

Local resource information and more will be available The event will only take place if we get at least 100 people to reserve tickets! You can reserve tickets and track our status at https://gathr.us/screening/23091 For more info contact: Debi Traeder - traeders@charter.net / (715) 551-0958 www.preventsuicidemarathoncounty.org



Rachel Hockin receives a basket of goodies.



Catherine Ecker receives a basket of fun from a resident.



Chad Adams gets a card from a resident.

CELEBRATING LAUNDRY AND LINEN WEEK AND ADMINISTRATIVE PROFESSIONALS DAY!

Residents Enjoy Learning About Laundry Team!

The residents had a great time celebrating Laundry and Linen Week and Administrative Professionals Day with the Mount View Care Center residents and staff. The residents went on tours of the laundry department and presented the laundry staff with a fun basket of goodies and a thank you card. They also had a great time doing fun games with the administrative staff. Thank you laundry and administrative staff, for all that you do for the residents and staff of Mount View Care Center. Your dedication and service is greatly appreciated. You truly are SPOT ON AWESOME!

THE UNITED STATES FLAG IS AT HALF MAST....WHY?

Employees Inquire About Half Mast

The Marathon County Facilities and Capital Management Team receives notifications from an organization as to when to raise or lower the flags at our Wausau Campus location. Several staff have inquired about the why or when behind the process. If you want, you can receive the same email notifications that our maintenance team gets by visiting http://halfstaff.org.





1st Prize
2018 Jeep
Cherokee

Man of Honor Society

Public Welcome - Free Admission



2nd Prize
2018 Harley
Softail

June 8, 9, 10, 2018

Celebrating 14 Years
Of Dedicated Support to Veterans 2004-2018

\$50.00 per Raffle Ticket

(One prize per ticket)

To purchase a ticket contact:
Call Jeff at 715-203-3211
Need not be present to win



Drawing - Sunday, June 10 at 6 p.m.

- 1st: 2018 Jeep Cherokee Latitude
- 2nd: 2018 Harley Softail Street Bob
- 3rd: Honda 4-wheeler w/6x10 trailer
- 4th: John Deere 42" riding lawn mower
- 5 & 6: \$500; 7-10: \$300; 11-15: \$200; 16-25: \$100

If you would like to donate items, please contact us at the numbers below.

For Daily Raffles:
Jeff @ 715-203-3211
Tom @ 715-302-1428

For Baskets:
Peggy @ 715-581-6149
Vicki @ 715-581-8452

Friday - June 8th

Noon to 11:00 p.m.
Food 12 to 8 p.m.

Live Music

Whitehouse Players
6:00 to 11:00 p.m.

Saturday - June 9

Noon to 11:00 p.m.
Food 12 to 8 p.m.

2018 Honor Ride

Registration 9 to 10:45 a.m.
at Cruisin 1724
1724 Merrill Ave.
Wausau, WI 54401

Raffles, 50/50 Drawings,
Baskets, Booze Wagon, and
more!

Kids Games 1 to 4 p.m.

Live Music

HYDE
6:00 to 11:00 p.m.

Public Welcome
Free Admission

Website: manofhonor.org

Sunday - June 10

11:00 to 8:00 p.m.
Food 11 to 5 p.m.

Chicken Dinner \$5.00
11:00 a.m. till gone

50/50 Drawings
Baskets
Mystery Prize
Booze Wagon
and more!

Live Music

Polish Connection
Noon to 5:00 p.m.

Raffle Ticket
Drawing at 6:00 p.m.
at the Eagles Club under the
big white tent.

All events will be held at:
Eagles Club
1703 S. 3rd Avenue
Wausau, WI 54401
Boat Docking Available

Veterans Honor Ceremony
Followed by:
Fireworks at Dusk!
Provided by:
Fire in the Sky Fireworks, LLC



BRICKNER'S
OF WAUSAU

Pro-Automotive
Images, LLC

Central
Beer

Major
Supporters

Zastrow

Wausau Harley-Davidson
Stores

RIESTERER
SCHNELL

Bill
Gardner

RIB MOUNTAIN
MARINE

Wausau, WI Wausau, WI Wausau, WI

Fabiano Brothers

Wausau, WI Stratford, WI Stratford, WI Rib Mt, WI

Proceeds going to help members of the Military, Active Duty, Veteran, Reserve or Guard Units and their families of Marathon County. Winner responsible for taxes, license, and registration.

SUMMER FOOD SERVICE PROGRAM BEING OFFERED For Wausau School District

The Summer Food Service Program is offered while school is out of session, June 11 - July 19, 2018 and is **FREE to ALL children** under the age of 18 years of age. Breakfast and lunch sites are Hawthorn Hills, Lincoln, GD Jones, Riverview, and Jefferson Elementary Schools, Horace Mann Middle School and Wausau West High School. John Muir also participates in the Summer Food Service Program, but only serves on Mondays and Tuesdays during the 2018 Summer School Session.

Children not enrolled in summer school must stop at the school office and sign in before getting a meal. All meals must be eaten at the site. If you have questions, please call 715.261.0805, and speak with Karen Fochs, School Nutrition Specialist

Healthy meals for kids and teens near you. **FREE!**

Mon - Thurs June 11th - July 19th

L GD Jones Breakfast 8:30 a.m. - 9:30 a.m.

Hawthorn Hills 7:45 a.m. - 8:15 a.m.

Lincoln Lunch

Riverview 12:15 p.m. - 12:45 p.m.

Thomas Jefferson

H Horace Mann Middle School (Mon - Thur)
Breakfast 7:30 a.m. - 8:45 a.m.
Lunch 10:30 a.m. - 12:30 p.m.

W Wausau West High School (June 11th - July 26th)
Breakfast 7:30 a.m. - 8:15 a.m.
Lunch 11:00 - 11:45 a.m.

NO MEAL SERVICE AT ALL SITES JULY 4th or 5th

More Info:
wsummerfood.org or call 211

This institution is an equal opportunity provider.

USDA Summer Food Service Program



Person-Centered
Shout
out

Give someone a big shout out and thank them for their Person-Centered Service!

Send your SHOUT OUTS to jmeadows@norcen.org.



tidbits on benefits

WELLNESS CORNER

By Sherry Gatewood, PA & Asia Bay, Health Coach

Environmental Wellness for Spring

HAPPY SPRING! Get outdoors and enjoy the fresh air and sunshine. Here are a few basic tips to avoid environmental conditions:

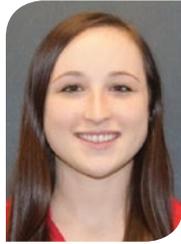
If you are prone to **seasonal allergies**, start taking a non-sedating, long acting anti-histamine before the season is full blown. Change your clothes after working outside and cleanse the sinuses using a nasal saline rinse or neti pot. Use a decongestant if you are getting stuffy. Untreated allergies can lead to sinus infections. For more information, click on the link: <https://aspirus.netreturns.biz/HealthInfo/Story.aspx?StoryID=3ba40e88-47b1-4572-bd2c-5f0652dfbce7#.WuDXDP6WyUk>

With warm weather come insects. Be sure to protect yourself from tick bites by using insect repellent when outdoors in grassy or wooded areas. Also, tuck your shirts into your pants and your pants into your socks. Check yourself, your children and your animals for ticks daily. If one is found, remove it immediately using tweezers, and wash the area with soap and water. Ticks can transfer infections like Lyme Disease, Rocky Mountain Spotted Fever and Ehrlichiosis. The longer the tick is on you, the higher the risk for getting an infection. <https://www.dhs.wisconsin.gov/tickborne/index.htm>

Lastly, avoid sunburn. Stay in the shade and wear breathable clothing protecting you from direct sun exposure. Use a sunscreen with at least 15 SPF and re-apply often, even on cloudy days. Try to avoid sun exposure during the hottest time of the day from 10 am to 4 pm. Skin cancer risk increases with each sunburn. https://www.cdc.gov/cancer/skin/basic_info/prevention.htm



Sherry Gatewood



Asia Bay

EMPLOYEE HEALTH & WELLNESS CENTER

1100 Lakeview Drive, Wausau, WI
North Central Health Care Campus
Door 25

Schedule an Appointment:
715.843.1256 or MyAspirus.org

Clinic Hours

Monday - Wednesday - Friday: 8:00 am - 4:30 pm
Tuesday: 6:30 am - 3:00 pm
Thursday: 10:00 am - 6:30 pm



HRinsights



Ascension

Frontline EAP

Employee Assistance Program

Employee Assistance Services can aid you in finding solutions to your concerns, whether emotional, psychological, marital, alcohol and drug, family or work related. Your EAP can provide assessment, problem solving and support to assist you in managing your concerns. Using EAP to deal with a worrisome situation could prevent it from becoming a major problem.

To contact EAP schedule an appointment, please call: **1.800.540.3758** or eap@ascension.org

COMMUNICATING WITH MILLENNIALS

A lot of business literature focuses on how to communicate with millennials. Do you know that 70% of millennials prefer digital communication to any other type? Workplace tips: When giving assignments, include "the why." Millennials are less motivated by simply being told, "do it." Team skills, challenges, less fear of change, applying tech to problems, high energy, finding the answer, and pushing the limits of discovery—these are strengths and values of millennials. Consider these attributes when needing to boost productivity. Don't pit older workers against millennials, and avoid an "us vs. them" work climate. To learn more, see the book "Millennials in the Workplace" by Justin Sachs.



Do You Know of Qualified & Reliable Candidates?

Refer and earn a \$500 Referral BONUS!!

Details are on page 49 of the YOU BENEFIT Booklet!
Or on the Intranet at http://intranet/Portals/0/Resources/NCHC/Departments/NCE/Documents/YouBenefit_2018-Final_101317.pdf

Position Postings

Interested employees that want to apply for this position should visit www.norcen.org/Careers and click Career Opportunities.

Title: Physical Therapist

Status: Full and Part Time Positions

Location: Wausau, Aquatic Services

Job Posting Direct Link: <https://bit.ly/2ITDnE>

Title: Certified Nursing Assistant

Status: Full/Part Time, Nights

Location: Mount View Care Center

Visit: <https://bit.ly/2IV6gl5>

Title: Housekeeping Aide

Status: Full Time

Location: Mount View Care Center

Visit: <https://bit.ly/2wTz4M4>



WHAT'S 4 LUNCH?

WAUSAU CAMPUS CAFETERIA

Cafeteria Hours: Open 7am – 5:30 pm

A Cashier is on duty from 9:00am – 10:00am , 10:30am – 1:30pm.
When a cashier is off duty, an honor system is used for food purchases.

Serving Soup, Salad and Lunch Entrée Option Monday – Friday.

All hot sandwiches, hot foods and cold bar items are \$.35/ounce.

Soup: \$1.25 Cup | \$2.00 Bowl



MAY 21 – 25, 2018

MON 5/21Beef Vegetable Soup

BBQ on a Bun

Turkey Tetrazzini

Rutabagas
Rosy Applesauce
O Henry Bars

TUES 5/22 Stuffed Green Pepper Soup

Chicken Supreme on a Kaiser

Meatballs and Gravy

Mashed Potatoes
Carrots
Pistachio Dessert

WED 5/23Chicken Vegetable Soup

Hot Turkey on a Croissant

Hot Ham

Baked Potato and Broccoli
Dark Sweet Cherries

THURS 5/24...Taco Soup

Grilled Turkey, Cheese, Avocado w/
Mango Salsa

Seasoned Chicken

Yams
Creamy Coleslaw
Ritzy Ice Cream Torte

FRI 5/25Cheese Soup

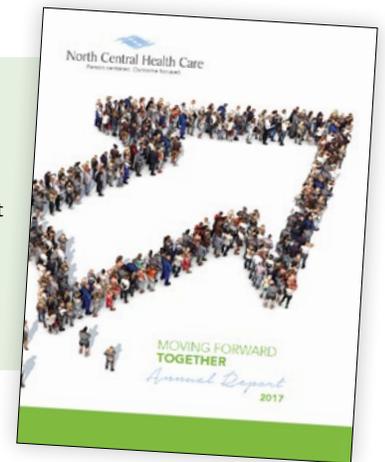
Pork BBQ on a Bun

Chili-Entré

Chex Mix
Cauliflower
Cottage Cheese Jello Salad

2017 Annual Report

We invite you to reflect on 2017 by viewing our 2017 Annual Report available on our website at: www.norcen.org/AnnualReport or on the Odrive in the News You Can Use folder: Annual Reports.



Marathon County
Employees Credit Union



Our checking accounts are free, because some things in life you shouldn't have to pay for.

Proudly serving NCHC Employees and Their Families

Already a member: Thank you!

Not a member: Contact us today!

**We Are a Full-Service Credit Union That Can Help With All Your Financial Needs www.mcecu.org
cuteller@co.marathon.wi.us 715-261-7680**

400 East Thomas Street

Need a Loan? Looking to Refinance?

Contact Pete Today!

261-7685 or culoans@co.marathon.wi.us