WEEKLY CONNECTION WITH MICHAEL LOY

Moving Vision to Reality

The Marathon County Board voted 33-5 on Tuesday June 19, 2018 to authorize bonding for the $67 million Master Facility Plan approved in May. This vote required a 3/4 majority of the County Board (29 votes) and allows for the issuance of bonds over the next 5 years as funds are needed for each phase of the project. Each bond issuance up to the $67 million going forward will only require a simple majority vote. The pool project, an additional $6 million part of the project was previously approved last year. Total project authorization going forward for spending is therefore $73 Million.

With this vote, NCHC starts to move into defining our future state through investment in bricks and mortar to serve the community for many years going forward. The next step is the RFP (Request for Proposal) for architectural and engineering design services. The RFP was released on June 21, 2018 with the selection process culminating by August 1st. The design process will take several months with a potential for Phase 1 of the project to begin yet this year. This step is where we take our Master Facility Plan concept and move it into the details design phase. Once design work is completed, the bidding and Phased construction will begin.

I’m very excited and thankful for the opportunity given to us to move our vision into reality. There will be many challenges ahead with this project over the intervening years but we must keep the end state in mind. We are aiming for construction to be completed prior to March 23, 2022, the date of our 50th Anniversary as an organization. With the ball rolling on this project, a major part of our 5 to 50 Vision is now in play. We are positioning ourselves for a long-term commitment and success for the well-being, treatment and care of our Langlade, Lincoln and Marathon County residents. What an awesome privilege we have!

Make it a great day,

Michael Loy

ADMINISTRATOR ON-CALL
x4488 or 715.848.4488

In the event of Phone System Outage, reference the Odrive “On-Call Information Folder” for Schedule and Cell Phone #s.

Monday, June 25 – Sunday, July 1
Kim Gochanour

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Submit a Great Photo From Your Week!
Submit your photo and description to: Email: jmeadows@norcen.org or Text: 715.370.1547. Please indicate Photo of the Week and include your name, who/what/where of the photo and why you are submitting. Please remember! To protect the privacy of our patients, clients and residents, photos are not to be taken of any of those we serve without written permission.

MVCC celebrated National Nursing Assistant Week with a Taco theme - pretty creative, fun and filled everyone’s tummies!

“Taco-bout some amazing people!” - Submitted by Communications & Marketing

CHECK OUT MORE ON PAGE 3 AND ONLINE

North Central Health Care Employees

Thank you for Adopting a Classroom this spring!
Together, we brought this hands-on literacy and healthy eating activity to 1,260 kindergarten students in Marathon County. Every student left school that day with a book of their own, and by now have transplanted their seedlings and are watching their vegetables grow. Their smiling faces say it all!

TO THE INPATIENT BEHAVIORAL HEALTH TECHS!

“Our Inpatient Behavioral Health Techs are always doing “EXTRA!” I am so grateful to work with such amazing staff on the Inpatient Unit! Our nurses couldn’t do it without them! Each staff member has their own strengths that they bring to the table, and that was recognized this week. Although we are a small unit, their impact on the patients we serve is great, and it should not be overlooked! Way to go team!”

– Submitted by Trina Sorce, Behavioral Health

Thank you for making a difference in the lives of others. WE APPRECIATE ALL THAT YOU DO!!

As we wrap up National Nursing Assistant Week we want to say

Lives Enriched & Fulfilled.
As we wrap up National Nursing Assistant Week we want to say

Thank You

to all our dedicated Certified Nursing Assistants in programs across our organization.

Thank you for making a difference in the lives of others. WE APPRECIATE ALL THAT YOU DO!!

These are just a few pictures submitted by Mount View Care Center Staff Development. For more, visit the NCHC Facebook Page!
WELNESS CORNER
By Sherry Gatewood, PA & Asia Bay, Health Coach

First Aid for Stings

It is bee and wasp season; here are a few first aid tips:

When a bee stings, it may leave the stinger in the skin, quickly flick the stinger away to lessen the amount of venom released into the skin. Wasps do not leave a stinger.

A typical local reaction to a sting is redness and an area of painful swelling up to 2.5 inches at the site of the sting that develops within minutes and resolves within a few hours. Occasionally, swelling may last one to two days. Uncomplicated local reactions may be treated with cold compresses.

If the redness from the sting extends to a larger area over 1-2 days, a dose of steroids may be required to get the reaction under control.

There is always a potential for secondary infection to any break in the skin. If redness and swelling become dramatically worse over 3-5 days, antibiotic may be needed.

If there are any symptoms of swelling of the face and lips, feeling like the throat is swelling, wheezing, or difficulty breathing, call 911 for an ambulance.

If there is a history of severe allergy to bee/wasp stings, called anaphylaxis, please be sure to get the prescription EPI-Pen. If one is available, check the expiration date and carry it at all times that there is a risk for a bee sting.

If there is a bee sting on a finger wearing a ring, remove the ring right away. There is a possibility for finger swelling to the point that the ring may not be able to be removed. The ring may need to be cut off. This is also true of any hand injury, if there is finger swelling, take rings off right away.

EMPLOYEE HEALTH & WELLNESS CENTER
1100 Lakeview Drive, Wausau, WI
North Central Health Care Campus
Door 25

Schedule an Appointment:
715.843.1256 or MyAspirus.org

Clinic Hours
Monday - Wednesday - Friday: 8:00 am - 4:30 pm
Tuesday: 6:30 am – 3:00 pm
Thursday: 10:00 am - 6:30 pm

TIDBITS ON BENEFITS

Do You Know of Qualified & Reliable Candidates?
Refer and earn a $500 Referral BONUS!!

Details are on page 49 of the YOU BENEFIT Booklet!

NEW Position Postings
Interested employees that want to apply for this position should visit www.norcen.org/Careers and click Career Opportunities.

Title: Linkage Coordinator
Status: Full Time
Location: Wausau, BHS and Crisis
Job Posting Direct Link: https://bit.ly/2MLCyUK

North Central Health Care has
746 REASONS why we’re a great place to work!
Behavioral Health Services – Inpatient Hospital is Seeking Donations!

Donations Requested:
- Board Games
- Puzzles
- Movies & Books
  (Motivational, Thought-Provoking, Feel-Good Preferred)

We would greatly appreciate anything that fellow employees/volunteers can give.

Thank you for your generosity!

SAVE THE DATE!
Come Have a Monster of a Time at NCHC Adventure Camp at Mount View Care Center
August 13 – 17
Children, grandchildren, nieces, nephews etc. of any NCHC employee, who are ages 3-12 are welcome to attend Adventure Camp at Mount View Care Center. Registration and more information to come!

CONFEREE ROOM
ACCESS TO TECHNOLOGY
Changes to Be Aware Of
Effective immediately, all conference room technology equipment for the Main Health Care Center Building will be housed in the conference rooms instead of the Administration Office. This includes keyboards and mice for accessing the Smart TVs in conference rooms. You no longer will need to check items out from the Admin office.
Mount View Care Center technology equipment will still remain the Information Station Office and can be checked out by seeing Jennifer Wesenick.
Please remember to log out when you are finished and turn off the keyboard and mouse. If batteries are needed, contact the Administration offices as fresh batteries will be on hand for you.

Crime Stoppers
Marathon County Crime Stoppers Inc.

Click here for this week’s Crime of the Week.
http://marathoncounty.crimestoppersweb.com/crimeoftheweek.aspx

Save someone a big shout out and thank them for their Person-Centered Service! Send your SHOUT OUTS to jmeadows@norcen.org.

Person-Centered
”We recently had a client at Chadwick on hospice who passed. Shout out to Nancy for working late hours to accommodate end of life care for the client and for arranging a special memorial following the his passing. This was so sweet of her considering the lack of his family’s involvement.”

– Submitted by Jenni Kessen, Community Living Registered Nurse

CAT LOVERS UNITE!
Residents at Mount View Care Center Share Their Love of Cats with Gannett’s Wausau Daily Herald

UPDATE: Last week we shared the Cat Lovers story with you. Catch the video and full story online at https://wdne.ws/2lpiYkS

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May 2018
Employee of the Month

LAURA PHILLIPS
Behavioral Health Services

Congratulations to Laura Phillips for being our May Employee of the Month! Laura was nominated for her ability to demonstrate our Core Values of Partnership, Integrity, Continuous Improvement, Dignity and Accountability. Laura follows through in advocating for her patients. She is always looking for ways to improve the patient experience. For example, she recently advocated for tea and music in the Inpatient Hospital. She is always bringing new ideas from outside resources and looking to make every patient’s stay easier. She gives input to Leadership for ideas that may decrease the length of stay and readmissions rates. Laura picks up extra shifts every week without prompting in addition to working on a very difficult nursing schedule.

“Laura interacts with her patients to the fullest!”
– From Employees

Congratulations Laura on your recognition as the May Employee of the Month and thank you for helping make NCHC a great place to work!

“Laura is an example of what our nursing standard is! She is interactive with patients and reliable to peers. And in contact with leadership to explore opportunities for growth. She also helped create an orientation outline along with updated admission checklist.”
– Trina Sorce

CALL FOR BASKET ENTRIES!!!!
Get your teams together and create a Basket to raffle off in the Annual United Way Summer Basket Raffle. Team up with another department or make your own!

BASKET ENTRIES ARE DUE JULY 11 TO HUMAN RESOURCES OFFICE

Please include a sheet with:
1. Name of Basket (Get creative!)
2. Department or Contributors
3. Value of Basket (approximate)

Summer BASKET RAFFLE
JULY 16 - 20
Wausau Campus Cafeteria

8:30AM – 1:30PM / MON–THUR
8:30AM – 12:30PM / FRIDAY

Filling Food Pantries

Winners Announced Friday, July 20 @ 12:30PM

AWESOME RAFFLES FOR A GREAT CAUSE!

1 ticket for $1
6 tickets for $5

Funds raised will be used to purchase food for local United Way supported food pantries.

Left to right: Trina Sorce, Laura Phillips and Michael Loy.
Meet Your NEW Person-Centered Shout Out Board!

All NCHC employees have an opportunity to recognize their coworkers by giving them a Person-Centered Shout Out! Shout Out Boards are located around all NCHC locations. To recognize a coworker, simply grab a Shout Out Slip, complete the information on the front that explains how your coworker demonstrated Person-Centered Service and stick it on the Shout Out Board. Be sure to put your name on the slip as well.

So What’s NEW???

Recognizing Shout Out Recipients!
All employees who are recognized with a Shout Out, will receive a token of appreciation delivered to their department on a monthly basis.

Recognizing the Shout Out Giver!
Giving recognition is just as important as receiving it, so additionally, those who complete a Shout Out slip for someone else will be recognized as well. Each month there will be a drawing for all those who give recognition. 10 randomly selected employees will also receive an appreciation gift delivered each month.

The Shout Out Process
Each month, slips will be gathered from the Shout Out Boards by managers, as they have in the past. Names of Shout Out “givers” and “recipients” will be recorded using a tally system. At year end, based on levels of participation, NCHC will be recognizing employees and programs who have achieved various levels of recognition.

Weekly Shout Outs will be posted in the News You Can Use and replace the “WE” Witnessing Excellence on the front cover.

Shout Out Slip Availability
Shout Out Boards will hold the slips, as they have in past. If you need additional slips, please contact Purchasing for additional slips.

Take the Opportunity to Give the Opportunity!
- Bring Shout Out Slips to Team and Department Meetings and Huddles
- Standing Committees Chairs can bring Shout Out Slips to meetings
- Employee Updates - Traveling Shout Out Board displayed so that employees can recognize others at Updates

Have recognition ideas? Does your team have more ideas? Share them! Email the Recognition Committee members with your ideas any time!
Chair: jmeadows@norcen.org
WHAT’S 4 LUNCH?
WAUSAU CAMPUS CAFETERIA

Cafeteria Hours: Open 7am – 5:30 pm
A Cashier is on duty from 9:00am – 10:00am , 10:30am – 1:30pm.
When a cashier is off duty, an honor system is used for food purchases.

Serving Soup, Salad and Lunch Entrée Option
Monday – Friday.
All hot sandwiches, hot foods and cold bar items are $.35/ounce.
Soup: $1.25 Cup | $2.00 Bowl

JUNE 25 – 29, 2018

MON 6/25 ..... English Garden Soup
Hot Roast Beef Sandwich
with Mashed Potatoes
Vegetable Lasagna
Zucchini & Tomatoes
Garlic Bread
Oatmeal Raisin Cookie

TUES 6/26 Corn Chowder Soup
Grilled Chicken w/Balsamic Vinegar
Hot Ham
Yams
Green Bean Deluxe
Rhubarb Cake

WED 6/27 ...... Chicken Noodle Soup
Chicken Bacon Ranch Wrap
Hand Breaded Cod
Fried Potatoes
Creamy Cole Slaw
Luscious Lemon Bar

THURS 6/28 ... Baked Potato Soup
Nachos Supreme
Meatloaf
Mashed Potatoes
Peas
Strawberry Sauce

FRI 6/29 .......... Vegetable Soup
Gyros
Sweet/Sour Glazed Chicken
Twice Baked Mashed Potatoes
Carrots
Carrot Cake w/Fudge Icing

Loans Specials Going on Now!
Contact Pete Today
715-261-7685 or culoans@co.marathon.wi.us

Proudly serving NCHC Employees
and Their Families
Already a member: Thank you!
Not a member: Contact us today!

Walk to Fight Suicide
Wausau Community Walk
September 15, 2018
Marathon Park
Register Today!
afsp.org/wausau