



A Weekly Update
For The Employees of
North Central Health Care



NEWS YOU CAN USE



WEEKLY CONNECTION WITH MICHAEL LOY

Nursing Home Electronic Medical Record Change

In July, the North Central Health Care Board was presented with, and approved, a proposal to replace Mount View Care Center's existing electronic medical record (EMR). A request for proposal was sent out and we received six proposals to review. Three of these vendors were brought onsite to meet with a group of staff from all areas that would be working in the system. Based on the feedback from those involved, Matrix Care was the selected system.

The team determined that Matrix Care was superior in all areas of performance.

We anticipate that this new system will improve our connectivity and ease of communication. The team was also pleased to report that no customization is necessary and the workflows included with the system follow best practice already.

The nursing home has been working with its existing EMR system since 2005. At the time it was implemented, it was one of the top EMRs for nursing care. Technology has changed dramatically in 13 years and we need to be continually looking at how our systems support the best possible patient experience and how they may improve efficiencies and workflows. We now have the option for a web-based record system, whereas this was not available before. Matrix Care has a focus on data analytics and staying current with the industry requirements, which positions them as a leader in the skilled nursing EMR field, as demonstrated in their recent partnership with Microsoft.

Choosing a new medical record system is not an easy process. Thank you to the individuals who assisted with the testing and feedback of all the potential solutions. Hard work on the front end of a project like this usually predicts the success of the implementation in the future. The implementation process will begin as soon as late August 2018, with completion by early 2019.

Our commitment to Continuous Improvement will guide us to continue reviewing and evaluating our existing medical records and technological systems to ensure we are providing the latest innovations and continually striving for a better patient experience.

Make it a great day,

Michael Loy

ADMINISTRATOR ON-CALL x4488 or 715.848.4488

In the event of Phone System Outage, reference the O:drive "On-Call Information Folder" for Schedule and Cell Phone #'s.

**Monday, Aug. 6 –
Sunday, Aug. 12**

**Kim
Gochanour**



SCHEDULED KRONOS DOWN TIME

Upcoming System Maintenance on August 8

There will be a System Release taking place on the August 8 from 10:30 pm to 3:00 am. There is potential for intermittent system downtime. Please be aware that during this time you will not be able to log into the system online, however punches will be accepted and stored offline to be imported when the system is back up and running.



**Vote for Your
Favorite Movie 2**
Employee Celebration Week Fun!

Horticulture Therapy? 4
Learning Opportunities

Pizza To End ALZ..... 7-8
Get Your NCHC Walk Team Shirt

Fill A Backpack! 8



Person-Centered

Shout

out

Tom Marquardt, Community Treatment

Why: Seeks out all available options and collaborates with providers and families. Never gives up on finding ways to provide further support.

**Submitted By:
Jill Mattek-Nelson**





NEW! 2 MOVIE NIGHTS TO ENJOY!

Over 150 employees have already responded to the online surveys to select the featured movie! See below!

Tuesday, August 14 is "NACHO AVERAGE" MOVIE Night at 7:00 pm in the Wausau Campus Theater

Spice it up with an exciting movie for grown-ups along with a Nacho Bar! Employees and families are welcome. What movie do you want to see for the Nacho Average Movie Night? Take this 1-question survey:

<https://goo.gl/forms/8urb1a1TP4oje443>

Thursday, August 16 is "PJ's & Popcorn" at 7:00 pm in the Wausau Campus Theater

This night a fun time to wear PJs and bring the little ones – Kids, grandkids, family! All are welcome! What movie do you want to see for PJ's & Popcorn? Take this 1-question survey:

<https://goo.gl/forms/zwM3vJj4gXxfzTgy2>

Hurry, we will be closing the survey on Friday, August 10 at Midnight and announcing the movie that YOU have selected on Monday, August 13!

Get Social & Win!



#IamNCHC

Throughout Employee Celebration Week, winners will be announced daily! Post something fun from your week of events (Appreciation Rocks, picnics, movies) and include #IamNCHC in the post. You will be entered to win!

Follow us on Facebook @NorthCentralHealthCare and Twitter @NCHC_CentralWI



EMPLOYEE CELEBRATION WEEK 2018

AUGUST 13-17



APPRECIATION ROCKS!
ROCK PAINTING THROUGHOUT THE WEEK
(details coming)

MONDAY, AUG 13

 **FUN FAMILY SWIM | 6:00 – 7:30 PM | WAUSAU CAMPUS POOL**
Bring your family for a dip in the heated pool. Fun games and open play at the Aquatic Services Pool!

TUESDAY, AUG 14

 **ANTIGO CENTER PICNIC | 11:30 AM – 1:30 PM**
Join us at the Antigo Center for a cook-out! All-staff are invited! Drop in anytime!

 **"NACHO AVERAGE" MOVIE NIGHT | BEGINS 7:00 PM | NCHC THEATER**
Spice up your Tuesday with an exciting movie for the grown ups along with Nacho Bar. Staff and their Family are welcome to attend at the Wausau Campus Theater! Movie announced soon!

WEDNESDAY, AUG 15

 **MERRILL CENTER PICNIC AND TOURS | 11:30 AM – 1:30 PM**
Join us at the Merrill Center for a cook-out and tours of the nearly completed building renovations. All-staff are invited! Sign-up is coming.

 **EMPLOYEE RECOGNITION BANQUET | STONEY CREEK INN | 5:00 – 8:00 PM**
Employees celebrating a milestone anniversary (5 year increments) will be invited to attend this evening of recognition and entertainment.

THURSDAY, AUG 16

 **WAUSAU CAMPUS PICNIC | 10:00 AM – 6:00 PM**
Join us at the Wausau Campus fields outside Mount View Care Center for food, music, games and more. All-staff are invited! Drop in anytime!

 **PJ'S & POPCORN | BEGINS 7:00 PM | NCHC THEATER**
Wear your PJs and get cozy for a great family-friendly movie and popcorn at the Wausau Campus Theater. Staff and their Family are welcome to attend! Family-friendly movie announced soon!

FRIDAY, AUG 17

 **ALL THAT AND A BAG OF CHIPS**
Leaders in all areas and all shifts will be delivering snacks of appreciation to YOU! Enjoy!



North Central Health Care
Person centered. Outcome focused.

July 2018

Employee of the Month



BOB WILCOX

Law Enforcement Liaison

Congratulations to Bob Wilcox, Law Enforcement Liaison at NCHC for being recognized as the July Employee of the Month. Bob was recognized for continually going above and beyond to build positive relationships throughout the organization and with our County partners. Bob has been integral in facilitating Crisis Intervention Training (CIT) and de-escalation training for multiple community partners. He has helped with the on-boarding of new crisis staff ensuring that they are connected to and understand all of our community resources by providing them with trips to each of our partner location. Bob has also been flexible in orienting new Inpatient Staff to his role in Crisis.

The Employee of the Month Celebration for Bob will be held on August 7 at 9:00 am in the Wausau Campus Cafeteria. Join us!





"Peace & Quiet" – Submitted by Communications & Marketing

PHOTO OF THE WEEK



Peace & Quiet

The Wausau Campus has several locations that offer relaxation and a chance to take a break, grab a bite to eat and sit and think. Sometimes it's a chance NOT to think and just enjoy the outdoors. The Memory Garden in front of Lakeside Recovery near the Evergreen Place sunporch is one of those spots. Share your favorite NCHC "spot" and submit your photo of the week!

Submit A Great Photo From Your Week!

Submit your photo and description to: Email: jmeadows@norcen.org or Text: 715.370.1547. Please indicate Photo of the Week and include your name, who/what/where of the photo and why you are submitting. **Please remember!** To protect the privacy of our patients, clients and residents, photos are not to be taken of any of those we serve without written permission.



Kristin King



Liz Gress



Carrie Bussiere

COMMUNITY TREATMENT'S JULY 2018 SPOTLIGHT AWARD

Congratulations to the "Trio" of Carrie Bussiere, Liz Gress and Kristin King

Congratulations to the Community Treatment Spotlight Award recipients for July, Carrie Bussiere (Service Facilitator), Liz Gress (Service Facilitator) and Kristin King (RN)!

"We've all heard of the classic trios, that have left their mark in history such as The Three Stooges, Snap, Crackle and Pop, Charlies Angels, Nirvana, The Three Musketeers, Destiny's Child, The Bee Gees, The Sanderson Sisters-Winifred, Mary and Sarah, ZZ Top, Run DMC, TLC, The 3 Bears, Threes Company and so on....

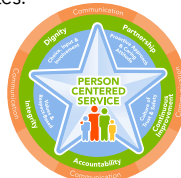
At our Antigo Center, we are privileged to have an amazing and talented, Community Treatment Adult Trio, which consists of...Carrie, Liz and Kristin!

These ladies are a prime example of how a well-oiled machine should operate. Combined, they have a total of 45.5 (the .5 was from Liz, thank you!) years of service at North Central Health Care, yet no grey hair or wrinkles. Together they demonstrate our core values of partnership and accountability, every single day!

Over the years, they have braved many changes, overcome difficult obstacles, made numerous adjustments...yet, continue to grow as a team. The partnership and bond these ladies share with each other, is empowering to watch. They are extremely knowledgeable, consistent and extremely empathic for what they do and who they serve. We have all benefited from there years of experience and expertise. They are adored and appreciated by their consumers, community providers and teammates.

They are my heros."

Congratulations Carrie, Liz and Kristin!



To Cagney Martin

"Cagney recently provided a dementia training for our staff in Residential Services to assist us with dealing with a challenging client. This was a great example of partnership across the organization."

– Submitted by Jenni Kessen, Community Living Registered Nurse



Give someone a big shout out and thank them for their Person-Centered Service!

Send your SHOUT OUTS to jmeadows@norcen.org.



What is therapeutic horticulture?

UPCOMING PROGRAMS

- 7/20/18 | WHAT IS THERAPEUTIC HORTICULTURE?
Learn how therapeutic horticulture is applied for diverse populations.
- 8/10/18 | EVIDENCE-BASED TECHNIQUES
Gain insight into therapeutic horticulture techniques that are considered 'best practices' in the field.
- 8/17/18 | WHAT ARE THE BENEFITS?
Discover benefits documented for diverse populations in Wisconsin and beyond.
- 8/24/18 | WHAT ARE YOUR NEEDS?
Discuss how UW-Extension can support YOUR needs through horticulture programming.

THERAPEUTIC HORTICULTURE IMPROVES WELL-BEING THROUGH INVOLVEMENT IN PLANT-RELATED ACTIVITIES

Therapeutic horticulture (TH) techniques support participants in learning new skills or help participants regain skills that were lost. Research shows that TH improves memory, cognitive abilities, task initiation, language skills, and socialization. In physical rehabilitation, TH has helped strengthen muscles and improve coordination, balance, and endurance. In vocational TH settings, people have learned to work independently, problem solve, and follow directions.

Participants in TH include individuals who have an identified disability, illness, or life circumstance requiring services. Activities are facilitated by professionals with training in horticulture and participation is in the context of the goals and mission of the organizations involved.

Are you interested in learning more about TH? Please consider signing up for one or more of our brown-bag informational sessions!



Please bring your lunch | All programs are scheduled NOON-1 PM
212 River Drive, Room #5 Wausau, Wisconsin 54403 Tel 715.261.1241

REGISTER TODAY BY EMAILING:
BRIANNA.WRIGHT@CES.UWEX.EDU

An EEO/AA employer, University of Wisconsin-Extension provides equal opportunities in employment and programming, including Title IX and American with Disabilities (ADA).



Family-to-Family



What is NAMI's Family-to-Family Education Program?

NAMI Family-to-Family is for families, caregivers and friends of individuals with mental illness. The course is designed to facilitate a better understanding of mental illness, increase coping skills, and empower participants to become advocates for their family members. The course consists of 12 two-and-a-half hour sessions. Trained family members teach the course who know what it is like to have a loved one living with mental illness. The Family-to-Family Program is offered at no cost to the participants.

NAMI Northwoods will offer its NAMI Family-to-Family Education Program beginning Tuesday September 11, 2018. The class will be held from 6:00 – 8:30 p.m. at Grace United Church, 535 S 3rd Ave. Wausau, WI. Must be committed to attend 10 out of 12 sessions. Class size is limited, so register early. Registration due by Sept 7th.



"This course overall was the single most, without a doubt, helpful and informative thing ever offered in all my years searching for answers... It has helped me to understand better and communicate more effectively with my brother."



NORTHWOODS

Register online @ naminorthwoods.org
or phone
715-432-0180
Email contact@naminorthwoods.org

About NAMI Affiliate

NAMI Northwoods and dedicated volunteers, members and leaders work tirelessly to raise awareness and provide essential education, advocacy and support group programs for people in our community living with mental illness and their loved ones.



Benefit Golf Tournament

SATURDAY, SEPTEMBER 29, 2018
Merrill Public Golf Club - Merrill, WI
4-PERSON SCRAMBLE
Open Divisions

REGISTER BY SEPTEMBER 15TH

\$75 per golfer

Entry fee includes 18 holes with cart, prizes and luncheon to follow.
Check-in at 9:00am: Shotgun start at 10:00am

SPONSORSHIP LEVELS

\$500.00 includes 4-person green fee plus signage on hole
\$100.00 or more – signage at hole

NAMI provides support, education, and advocacy throughout Marathon, Lincoln, and Langlade counties on behalf of individuals and families affected by mental illness.

Checks Payable to NAMI Northwoods - Golf
Send To: NAMI Northwoods P.O. Box 262, Wausau, WI 54402
Questions: Bernie Corsten 715-432-0180 | contact@naminorthwoods.org

Registration Forms Online at <https://bit.ly/2tMXEcM>



NAMI WISCONSIN IS SEEKING APPLICANTS FOR THE 12TH ANNUAL HEALING ART SHOW
Application Deadline: August 23rd



Are you an artist who also lives with a mental illness? Do you use art as part of your mental health recovery? If so, we want you to apply for NAMI Wisconsin's 12th Annual Healing Art Show!

The Healing Art Show is open to anyone who has a primary diagnosis of a major mental illness including but not limited to: bipolar disorder, borderline personality disorder, schizophrenia, anxiety disorder, major depression, etc. Artists may opt to show as an anonymous artist if they do not wish to release their name.

The artwork shown in this year's exhibit will be chosen by a jury panel and will be evaluated on artistic merits as well as the artist's connection to mental illness. Each artist has the option of putting their artwork up for sale, but you are not required to do so. If sold, 100% of the sale goes directly back to the artist.

Click here to apply: <https://www.namiwisconsin.org/healing-art-show-application>



Click [here](#) for this week's Crime of the Week.

<http://marathoncounty.crimestopper-web.com/crimeoftheweek.aspx>



tidbits on benefits

WELLNESS CORNER

By Sherry Gatewood, PA

Preventative Screening Exams

Preventive screening exams help to ensure appropriate management of chronic health conditions, find undiagnosed conditions, and provide preventive care to improve overall health. Routine check-ups can help maintain a state of good health and improve current health.



Sherry Gatewood

A patient recently asked what a wellness exam entailed. I explained to the patient that it is a routine physical exam in which I discuss all aspects of your health in relation to your current health problems, past surgeries and family medical history. From this information, we determine your current state of health, as well as your risks for specific diseases. Vital signs such as blood pressure will be taken to provide a screening for heart disease and other conditions. A review of how you are feeling establishes other items to be investigated and addressed during your examination. Lab tests may be ordered to screen for high cholesterol, diabetes, and other conditions to ensure your health. Finally, at the end of the visit I will summarize a plan for continued good health, and the next steps in chronic condition support, and follow up as if necessary.

We are taking appointments for children sports and camp physicals, so please schedule them before the fall sporting season begins!

As a reminder the Employee Health and Wellness Center's hours are listed to the right.

EMPLOYEE HEALTH & WELLNESS CENTER

1100 Lakeview Drive, Wausau, WI
North Central Health Care Campus
Door 25

Schedule an Appointment:
715.843.1256 or MyAspirus.org

Clinic Hours

Monday - Wednesday - Friday: 8:00 am - 4:30 pm
Tuesday: 6:30 am - 3:00 pm
Thursday: 10:00 am - 6:30 pm



EMPLOYEE BENEFITS ONLINE?

Looking for Quick Access to Benefits or Even the Employee Health & Wellness Clinic Hours? HMMMMM....

Employees have asked several questions lately looking for the posted hours for the Employee Health & Wellness Center hours, or even a review of the NCHC Benefits package, but they want to access at home. Good news, this information can be found online from home or anywhere at <http://www.norcen.org/EmployeeBenefits>. You can also find it while you are at work our O-Drive in the News You Can Use Folder and our Intranet pages.

When at home: Go the www.norcen.org and search "Employee Benefits" or "Aspirus" and you will find this information on the Employee Benefits page.

HRinsights



Ascension

Frontline EAP

Employee Assistance Program

Employee Assistance Services can aid you in finding solutions to your concerns, whether emotional, psychological, marital, alcohol and drug, family or work related. Your EAP can provide assessment, problem solving and support to assist you in managing your concerns. Using EAP to deal with a worrisome situation could prevent it from becoming a major problem.

To contact EAP schedule an appointment, please call:
1.800.540.3758 or eap@ascension.org

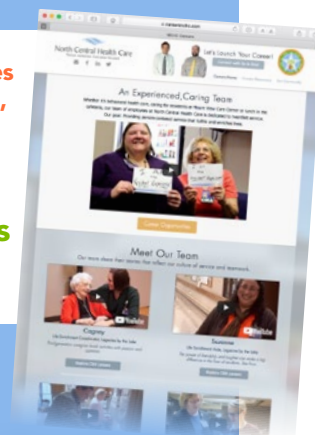
MIND-ALTERING DRUGS ON THE INTERNET

There is a world of illicit drug selling online. No, not necessarily the dark web, but on open Web sites that offer hallucinogens like Spice/K2, psilocybin mushrooms, "bath salts," and other dangerous substances. Many drugs sold are manufactured compounds with formulas that avoid strict illegal definitions, but they can be even more dangerous. Salvia divinorum, which is illegal in only 29 states, can create a temporary psychosis so disturbing that non-users must be nearby to protect the user from self-harm. If you are a parent, insist on the ability to access your child's electronic devices, know what apps are on phones, track credit card use, and inspect packages that arrive at your home.



Interested To See What Opportunities Are Available In Nursing, Caregiving, Dietary, And Other Careers At North Central Health Care?

Visit Our Careers Online at www.norcen.org/Careers for a complete listing of all our opportunities!



North Central Health Care has
756 REASONS
why we're a great place to work!



Wisconsin Deferred Compensation (WDC) Program

Offered by your employer, North Central Health Care



The Wisconsin Deferred Compensation (WDC) Program is a powerful tool to help you reach your retirement goals. Join a WDC Program representative at an upcoming meeting.

If You're Just Starting to Save ...

We can help you get started by determining how much you may need to save in order to potentially achieve your retirement goals.

If You've Been Saving for a While ...

You may want to take a fresh look at your portfolio to evaluate whether your balance between risk and potential return still makes sense.

If Retirement Is Just Around the Corner or If You've Just Retired ...

We are here to assist you in making a smooth transition to retirement. Ask your representative about the benefits of keeping your money in the Program after you retire. And we can help you understand your distribution options, as well.

Meeting Announcement: Learn More About the WDC



Online Scheduling ...

To schedule an appointment or register for a group meeting, go to the WDC website at www.wdc457.org and click *Schedule a Meeting*.

Things to bring to an individual appointment, if possible ... Your current Wisconsin Retirement System (WRS) and Social Security statements; other retirement account statements; a current paycheck stub; and your WDC username, password, and PIN (if known). Also, please be ready to provide your desired age at retirement, number of years of state service accumulated as of desired retirement age, and number of dependents claimed for tax purposes.

Please bring all of the above information for your spouse/ domestic partner (if applicable).

WDC Program Meeting Schedule

Date	Time	Topic	Location
Thursday, August 23rd	9:30am-12:00pm	Individual Appointments	NCHC Campus- Badger Room
	12:00pm-1:00pm		NCHC Campus-Cafeteria
	1:45pm-2:45pm		Merrill Office
	3:30pm-4:30pm		Antigo Office

Representatives of Employer Retirement do not offer or provide investment, fiduciary, financial, legal or tax advice or act in a fiduciary capacity for any client unless explicitly described in writing. Please consult with your investment advisor, attorney and/or tax advisor as needed.

Core securities, when offered, are offered through GWFS Equities, Inc. and/or other broker-dealers.

GWFS Equities, Inc., Member FINRA/SIPC, is a wholly owned subsidiary of Great-West Life & Annuity Insurance Company. Other than those owned by Wisconsin Deferred Compensation or indicated otherwise, the trademarks, logos, service marks and design elements used are owned by Great-West Life & Annuity Insurance Company. 98971-01-PDF-6003-1707 AM 1/24/13-0717



Please help keep our
neighborhood safe!



Slow down to the posted speed limit.
Watch for children and pets.

Thank you!

SLOW DOWN AHEAD! Keeping Our Community Safe

We all want to make sure that our neighborhoods remain a safe place for all of us to share – our employees, visitors, those we serve and all those that choose to make the Wausau community their home. You will be noticing additional signage being placed around the Wausau Campus facility that looks like the image to the left. Please, slow it down and help keep our neighborhoods safe. More and more neighborhood residents are noticing the increase in speed on Lake View Drive, Kent Street and Sturgeon Eddy Road. You will also notice an increase in police speed monitoring and radar speed monitoring. Help keep us all safe! Thank you!

NOTICE: SCHEDULED OUTAGES FOR WIFI, INTERNET AND VPN ACCESS August 8-9

On Wednesday, August 8 there will be a brief outage of Wi-Fi and Internet between 9:00 and 10:00 p.m. This is most impactful for Residential locations and BHS programs. TIER will still work in the BHS areas, however laptops will need to be docked for TIER to connect. Residential Service locations will be completely down during this time because TIER and O drive access requires the Charter internet connection.

On Thursday, August 9 VPN access will be down between 10:00 p.m. – 12:00 a.m. Please refer to your department specific procedures for what to do during system outages, as they apply to your team.

OUR RN TO BSN
**ACCELERATED,
AFFORDABLE,
ACCREDITED.**

Ask about the 10% Partner Discount!

Completed in as few as 18 months while you work!

Flexible and affordable, the Rasmussen College RN to BSN was developed for registered nurses and offers fully online courses. And, with four start dates a year, you can get started when it's convenient for you.

The curriculum focuses on leadership, evidence-based practice, transcultural nursing, QSEN competencies and integrated nursing concepts that you're able to apply to your clinical practice immediately.

CCNE accreditation.²

Our BSN program meets CCNE's qualifications, and we are proud to hold ourselves and our students to this high standard.

Considering that the landmark report by the Institute of Medicine calls for increasing the number of baccalaureate-prepared nurses in the workforce to 80% by 2020, earning your BSN is the right move.³

Visit www.rasmussen.co/cf



RASMUSSEN
COLLEGE
SCHOOL of NURSING



¹Completion time is dependent on transfer credits accepted and courses completed each term.

²The Bachelor of Science in Nursing degree program at Rasmussen College is accredited by the Commission on Collegiate Nursing Education 655 K Street, NW | Suite 750 | Washington, DC 20001 | 202-887-6781 | www.ccnaccreditation.org

³Institute of Medicine. A Summary of the February 2010 Forum on the Future of Nursing: Education. Washington, DC: The National Academies Press, 2010. See rasmussen.edu/SID for information about educational debt, earnings and completion rates.

GOOD THINGS
COME TO THOSE
WHO TEXT.

Do you know someone who would be great on our NCHC Team?
Text "Refer" to 715.598.3663 and you are eligible
for a referral bonus when they join our team!

Do You Know
of Qualified &
Reliable Candidates?
Refer and earn a
\$500 Referral BONUS!!

Text "Refer" to 715.598.3663



Order Online: www.norcen.org/PizzaToEndALZ

Paper Order Forms are available in the Cafeteria and MVCC!



North Central Health Care

Just in time for the 1st Packer Game of the Season!

Buy your favorite 16" NCHC Homemade Pizza to Bake at Home!

TAKE-Ń-BAKE



PIZZA TO END ALZHEIMER'S

SUPPORT THE WALK TO END ALZHEIMER'S CAMPAIGN!

With each pizza you purchase you will be entered into a drawing for **2 FREE PACKERS TICKETS** to the



PACKERS vs LIONS GAME

Dec. 30th at Noon!



Order August 1 – 21, 2018

Order in Cafeteria or Online at
www.norcen.org/PizzaToEndALZ

Cheese \$15 • Meat \$17 • Deluxe \$19

No special requests for toppings.

Pick-Up on Wed. Sept. 5 or Thurs. Sept 6

NCHC Cafeteria: 3:30 – 5:30 pm

Pizzas will be frozen for Pick-up. Pay at Pick-Up.*

NEW PAYMENT OPTIONS!



Pay by Cash/Check

or QuickCharge/Credit Card.



Walk to End Alzheimer's

Saturday, September 29, 2018



Register. Recruit. Fundraise.

TIME.....
8:00 am - Registration
9:00 am - Ceremony followed by Walk

LOCATION.....
UW-Marathon County (Fieldhouse)
518 S 7th Ave,
Wausau, WI 54401

TO JOIN OUR NCHC TEAM.....
REGISTER ONLINE: WWW.ALZ.ORG
Select "Find Your Walk"

ROUTE LENGTH.....
Route Length: 3 miles/1 mile

ORDER ONLINE
www.norcen.org/WalkToEndAlz

4 Colors to
choose from



ONLY
\$10

North Central Health Care
Person centered. Outcome focused.

Order Your Shirt TODAY and JOIN US in the Walk to End Alzheimer's.
Prepaid shirt orders taken through August 31.

Four Shirt Colors Available - select your color based on your experience with Alzheimer's

Blue — I have Alzheimer's
Yellow — I am supporting or caring for someone with Alzheimer's

Purple — I have lost someone to Alzheimer's
Orange — I support the cause and a vision of a world without Alzheimer's

*Exact Colors May Vary

ORDER ONLINE AT www.norcen.org/WalkToEndAlz

PAYMENT TO NATASHA SAYLES. (Checks Payable To NCHC)
Contact Natasha with any questions at 715-848-4437 or text 906-281-1008.

Join the NCHC Team at the
Walk to End Alzheimer's!

Order Your NCHC Team Shirt Online at
www.norcen.org/WalkToEndALZ

Paper Order Forms are available in MVCC - See Natasha Sayles for more info!



North Central Health Care
Person centered. Outcome focused.



Fill A Backpack Fill A Need!

Every child deserves to start the school year off with the supplies needed to learn.



Did You Know:
39% of students in Marathon County live in low income homes

Collecting NOW through
Thursday, August 9!

Send donations to Volunteer Services by Aug. 9 or place in collection boxes!

SCHOOL SUPPLIES OF GREATEST NEED

Colorful Backpacks (New)	Colored Washable Markers	Highlighters
Wide-lined Notebooks*	Colored Pencils	Rulers (12 inch)
2-Pocket Folders*	Crayons (24 count box)	Large Pink Erasers
Wide-lined Filler Paper	Glue and Glue Sticks	Pens (Red)
Plastic Pencil Boxes	Scissors (Blunt or pointed)	
Pencil Pouches	#2 Pencils	

*Red, blue, yellow, or green

Donations will be collected until Friday, August 9. Marathon County donations will be delivered to the Wausau National Guard Armory for distribution. All donations in Antigo will be distributed to local schools in need.

Interested in Volunteering for the
Fill A Backpack Sorting Day!

Make it a great team-building event!

Please contact Jacque at 715-298-5723 or jsiranni@unitedwaymc.org or register to volunteer at <http://unitedwaymc.galaxydigital.com/aem/general/>

By the time I'm 3, my brain
will be almost fully grown!

LENA
START™
Marathon County

Free classes begin
September 2018

If your baby is
0-32 months old:

- You can make your baby's brain stronger.
- You can make your baby's brain ready for success in school.
- You can make a difference in your baby's life!

With LENA Start classes, you'll get:

- Thirteen FREE one-hour group sessions
- All materials, including 13 free books for your child
- Free on-site childcare during classes
- Free snack or meal provided
- T-shirt and prizes



If you are interested in participating, contact Nicole Tank
at 715-845-6747, ntank@chw.org or text 715-660-0397.

Project partners:



Support for the project was provided through the Caroline S. Mark Legacy Fund of the Community Foundation of North Central Wisconsin, B.A. & Esther Greenheck Foundations, Decker Foundations, Collaage Care Foundations, Marathon County Public Library Foundations, Northcentral Technical College, Marathon County, and generous anonymous donors.



WHAT'S 4 LUNCH?

WAUSAU CAMPUS CAFETERIA

Cafeteria Hours: Open 7am – 5:30 pm

A Cashier is on duty from 9:00am – 10:00am, 10:30am – 1:30pm.

When a cashier is off duty, an honor system is used for food purchases.

Serving Soup, Salad and Lunch Entrée Option Monday – Friday.

All hot sandwiches, hot foods and cold bar items are \$.35/ounce.

Soup: \$1.25 Cup | \$2.00 Bowl



AUGUST 6 – 10, 2018

MON 8/6 Cheesy Chicken Tortilla Soup

Chicken Bacon Ranch Wrap

Pork Chop Suey

Chow Mein Noodles, Soy Sauce

Rice

Pineapple

TUES 8/7..... Chili

Burger

Polish Sausage

Mashed Potatoes

Sauerkraut

Polish Drumstick Square

WED 8/8 Cream of Broccoli

Pasta Bar

Breaded Chicken Breast

Dressing, Creamy Cole Slaw

Pecan Pie Bar

THURS 8/9 Chicken Vegetable Soup

Monterey Ranch Chicken on Kaiser

Roast Beef

Boiled Potatoes

Carrots

Strawberry Sauce

Pound Cake

FRI 8/10 Beef Noodle Soup

Grilled Turkey & Cheddar

Hot Ham Slice

Hollandaise Sauce

Croissant

Corn

Reese's Peanut Butter Cookie



**Marathon County
Employees Credit Union**

**Stop In and See Us!
MCECU is Coming Back to NCHC!**

Funny Things to Ask Alexa



When: Thursday, August 9th • 9-11 am

Where: Talent Development Center

Need to Open an Account?

Have Questions About Your Existing Account?

Call Today to Reserve a Time or Just Stop By!

**Proudly Serving NCHC Employees and
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400 East Thomas Street

Oh, BABY!



Rachel Ramer, Referral Coordinator in Community Treatment for Lincoln/Langlade Counties welcomed a baby boy on July 17, 2018. His name is Cole Joshua. Rachel shared a picture of him and his proud big brother Owen! Congratulations Rachel on the birth of your son.

Welcome to the world Cole!



Cole Joshua

Son of Rachel Ramer (Shown with proud big brother Owen!)