



  
A Weekly Update  
For The Employees of  
North Central Health Care



"Eagle Eyes" - Submitted by Gina Woodward, Patient Accounts

# NEWS YOU CAN USE



## WEEKLY CONNECTION WITH MICHAEL LOY

### Transcendent Purpose

Vision is critical to success, especially in organizational life. Without shared Vision, individual performance and efforts becomes more about survival.

*Lives Enriched and Fulfilled.* We hear these words often in our organization. They are our drumbeat, our picture of success. All of us come to NCHC for a purpose, most often I've found our individual purposes weave themselves into collective thread of wanting to make the world a better place. Every day, our Vision is coming alive. More often than I'd like to say, we all may feel our individual efforts can go unrecognized but it is when these individual efforts are added together they

become our reputation on the whole. We can have a Vision that says we want to be the biggest, brightest, best .... but it's people's behaviors that count the most. It is so evident, how much this place cares for people otherwise might be considered to be at the fringes of life.

Across the organization we may have unique diversity in our services. The people we serve have different adversities and the operating environments are certainly varied. Yet, we come together through our shared Vision. *Lives Enriched and Fulfilled* creates possibilities, it requires leadership at every level of this organization to be real. Every day we each have a choice to lead on this front. Our Vision in action is a belief that the best possible future exists for our patients, clients, consumers and residents. The very heart of NCHC, despite the different ways we may express it, is essentially all in service to a brighter today, the blinding light of *Lives Enriched and Fulfilled*. I'm very proud to work here. We've come a long way, and yet there is still a very compelling future of possibility ahead.

In all of the animosity of a changing world, the unnecessary political fracture, and the daily struggles we all face, we can find transcendent purpose in our Vision. We can make the world a better place right here. I continue to see the bright future of our Vision continuing to come to life each day, we have so much more commonality as opposed to differences. We can continue to leverage our commonality for a better future. Please remain encouraged, your effort and its impact matter. They are seen. They are felt. They are evident in the *Lives Enriched and Fulfilled* because of You. Thank you for your greatness.

Make it a great day,

**ADMINISTRATOR ON-CALL**  
x4488 or 715.848.4488

In the event of Phone System Outage,  
reference the O:drive "On-Call Information Folder"  
for Schedule and Cell Phone #'s.

**Monday, Oct. 8 –  
Sunday, Oct. 14**

**Sue Matis**



Details on page 7.

**Celebrating American Pharmacist Month** ..... **2**

Thank you for all you do!

**RISE UP Paint Day!** ..... **3**

You Are Invited!!

**Trick or Treating at Mount View Care Center** ..... **4**

Candy Donations Needed

**Walk to End ALZ** ..... **5**

Thank You for Your Support!

**Carnival of Rock** ..... **6**

**Make A Difference Day** .. **7**

Volunteers for the NCHC Team!



Person-Centered  
**Shout**

**out**

**Wayne Walters,  
Housekeeping**

**Why:** Always friendly – great attitude and helpful. Thanks!!

**Submitted By:**  
**Jenny McKenzie**





## October is American Pharmacists Month

Monday marked first day of October and the start of American Pharmacists Month, a celebration in support of pharmacists around the country. While the American Pharmacists Association (APhA) has celebrated the accomplishments of pharmacists for decades, the Association launched American Pharmacists Month in 2004. Since then, APhA has used October to further raise awareness among the public, patients, policy makers, and other stakeholders about the broad roles pharmacists play in health care today.

During American Pharmacists Month, we would like to promote awareness of the many services pharmacists offer beyond the safe distribution of medications. Examples of these services include medication reviews to assess safety, effectiveness, interactions and adherence; care management and counseling for disease states such as diabetes, high blood pressure, and high cholesterol; and more.

The month-long observance recognizes the impact pharmacists have on improving medication use, advancing patient care, and improving patient access and public health across all geographies and throughout all practice settings.

**We thank our entire Pharmacy Team at NCHC for the outstanding role they play in keeping our patients, clients, residents, employees and families healthy and safe!**

**Thank you for all you do Pharmacy Team!**



### NORTH CENTRAL HEALTH CARE IS HOSTING THE IMMERSION PROJECT ON WEDNESDAY OCTOBER 10

**Say Hello to All Our Visitors  
as They Learn About Issues  
Surrounding Mental Health  
and Addiction**

On October 10, please welcome visitors to the Wausau Campus for the 4th session of The Immersion Project. Our guests will delve into the conversation surrounding mental health and addictions and learn about NCHC as they meet and engage in discussion with program leaders.



## THE IMMERSION PROJECT

2018-2019

The Immersion Project is an intensive nine-month program designed to provide meaningful experiences that will immerse and connect participants to the region. These experiences are aimed to cement the participants' roots in north central Wisconsin through a deeper understanding and awareness of important topics and issues relevant to the area.

**Session Topics & Dates:**

Session 1: Welcome & Introduction - Tuesday, September 11	Session 9: Entrepreneurship & Homegrown Businesses - Tuesday, January 8
Session 2: History & Heritage - Wednesday, September 12	Session 10: Agriculture - Wednesday, January 9
Session 3: Community Development - Tuesday, October 9	Session 11: Non-Profit Organizations - Tuesday, February 12
Session 4: Community Issues - Wednesday, October 10	Session 12: Quality of Life - Day 1 - Tuesday, March 12
Session 5: Government - Tuesday, November 13	Session 13: Quality of Life - Day 2 - Wednesday, March 13
Session 6: Public Safety/Judicial System - Wednesday, November 14	Session 14: Quality of Life - Day 3 - Tuesday, April 9
Session 7: K-12 Education - Tuesday, December 11	Session 15: Community Involvement - Wednesday, April 10
Session 8: Higher Education - Wednesday, December 12	Session 16: Program Wrap Up - Tuesday, May 14

For more information visit [WausauChamber.com](http://WausauChamber.com) or call 715-845-6321

**WAUSAU REGION  
CHAMBER OF COMMERCE**





## PHOTO OF THE WEEK



### Submit A Great Photo From Your Week!

Submit your photo and description to: Email: [jmeadows@norcen.org](mailto:jmeadows@norcen.org) or Text: 715.370.1547. Please indicate Photo of the Week and include your name, who/what/where of the photo and why you are submitting. **Please remember!** To protect the privacy of our patients, clients and residents, photos are not to be taken of any of those we serve without written permission.

This amazing eagle and it's companion were spotted several days in a row on the shoreline of Lake Wausau, along the NCHC walking path. We think he was posing...

"Eagle Eyes"  
Submitted by Gina Woodward, Patient Accounts



## WERE YOU UNABLE TO ATTEND 3RD QUARTER EMPLOYEE UPDATES OR WANT TO SEE THE PRESENTATION AGAIN?

### The Video Recording is Now Available Online

We want all employees to be able to attend the Employee Updates Sessions to connect with leaders, ask questions, and meet with team members you may not regularly have the opportunity to. However, we do know that there are instances in which you are just not able to make it or wish to view the presentation over again.

You can now view the 2018 3rd Quarter Updates from September in full format by visiting the NCHC YouTube Channel. Check out some of the other great videos there, too!

<https://youtu.be/d-sv6al17K0>

The video is also available on the O'drive: Employee Updates folder contains the complete slide shows and videos for all Employee Update sessions.

## ALL NCHC EMPLOYEES, CLIENTS, RESIDENTS AND FAMILY ARE INVITED TO ATTEND!



## MEMORIAL MURAL "Butterflies"

WEDNESDAY, OCTOBER 10TH  
1:30PM-3:30PM  
NCHC Gym & Rec Center  
(Yellow Flag Entrance)



Please join us in the creation of a memorial mural that will be displayed at the Marathon County Courthouse this November. Wooden butterflies will be made available for painting in remembrance of a loved one who lost their life to addiction.

WEB: [www.riseupart.org](http://www.riseupart.org) EMAIL: [info@riseupart.org](mailto:info@riseupart.org) FACEBOOK: Rise Up Central WI



Click [here](#) for this week's Crime of the Week.  
<http://marathoncounty.crimestopper-web.com/crimeoftheweek.aspx>



## tidbits on benefits

### WELLNESS CORNER

By Sherry Gatewood, PA

#### Flu Shots Are Available for Your Family at the Employee Health & Wellness Center

Flu shots available in the Employee Health and Wellness Center clinic for *family members 3-64 years old* with the Aspirus Arise employee insurance. Please call to schedule a nursing visit appointment.

#### Please Note:

From Wednesday October 10 to Friday, October 12 Sherry Gatewood will be unavailable for appointments. Calla and Brittany will be in the clinic those dates to provide nurse visits, lab draws, drug screens etc., as well as schedule appointments for when Sherry returns.

### EMPLOYEE HEALTH & WELLNESS CENTER

1100 Lakeview Drive, Wausau, WI  
North Central Health Care Campus  
Door 25

**Schedule an Appointment:**  
715.843.1256 or MyAspirus.org

#### Clinic Hours

Monday - Wednesday - Friday: 8:00 am - 4:30 pm  
Tuesday: 6:30 am - 3:00 pm  
Thursday: 10:00 am - 6:30 pm



## HRinsights

### Position Postings

**Title:** Certified Nursing Assistant

<https://bit.ly/2DFrx70>

**Status:** Full-time & Part-time Openings

**Location:** Mount View Care Center

Make a difference in residents' lives! Bring our nursing home residents hope and cheer. Become part of a team that provides the highest level of rewarding work.

### Position Posting

**Title:** Dietary Aide <https://bit.ly/2NP28wq>

**Status:** Limited Part Time and Full Time

**Location:** Wausau Campus

Work involves resident centered meal service, food assembly, dish room assembly, pot-n-pan clean up, as well as general housekeeping tasks.

**GOOD THINGS  
COME TO THOSE  
WHO TEXT.**

Do you know someone who would be great on our NCHC Team?  
Text "Refer" to 715.598.3663 and you are eligible  
for a referral bonus when they join our team!



**Do You Know  
of A Qualified  
Candidate?**

**Refer and earn a  
\$500 Referral  
BONUS!!**

**Text "Refer" to 715.598.3663**

## HALLOWEEN CANDY DONATIONS WANTED!

### Can You Donate?

Halloween is quickly approaching, and the Activities Department is in need of small wrapped candies for our safe trick-or-treating taking place on Wednesday, October 31 from 3:00 to 4:30pm.

Candy donations can be dropped off in the Mount View Care Center Information Station or 1st Floor Activity Office. Questions can be directed to Sandy at ext. 4305. We thank you for your donations!

## TRICK-OR-TREATING AT MOUNT VIEW CARE CENTER

**Wednesday,  
October 31, 2018**

**3 – 4:30 pm**

**Open to Public!**



RESIDENTS WILL BE PASSING OUT CANDY!







# WALK TO END ALZHEIMER'S

alzheimer's association™

## NORTH CENTRAL HEALTH CARE RAISED OVER \$8,000 FOR THE WALK TO END ALZHEIMER'S!

*Way to go team!*



That is astounding!! It is so inspiring to be part of a team that not only wants to provide exceptional care for those with Alzheimer's and other dementias, but wants to find a cure for an illness that impacts over 5.7 million Americans and over 115,000 Wisconsinites. Thank you to everyone that supported the cause by buying a pizza, enjoying an ice-cream, giving money towards Casual for a Cause, or just giving some money or time to the effort. Our fearless leaders, Natasha Sayles (Legacies Program Coordinator) and Jen Dixon (Legacies RN) did a really creative job with fundraising and creating awareness. Thank you, for all of your hard work. Lastly, to all of the residents, family members, and staff that attended the walk, thank you. It was a great day!

*Thank you for  
your support!*





## 25% OF ALL TICKET SALES BENEFIT LOCAL SUICIDE PREVENTION EFFORTS

**NCHC IS A PROUD EVENT  
SPONSOR OF  
CARNIVAL OF ROCK!**  
[www.thecarnivalofrock.com](http://www.thecarnivalofrock.com)

## Stressed out? Need to talk?

Peer support meeting for those living  
with mental illness.

Attendance is optional and  
confidential.

Registration not required.

4<sup>th</sup> Wednesday of the Month

4:00-5:00PM

Wausau YWCA  
613 N. 5<sup>th</sup> Street  
Wausau, WI 54403

715-432-0180

[www.naminorthwoods.org](http://www.naminorthwoods.org)  
[contact@naminorthwoods.org](mailto:contact@naminorthwoods.org)

**PEER SUPPORT GROUP**

❖ Peer  
Support  
Group

❖ NAMI  
Trained  
Peer  
Facilitators

❖ 4<sup>th</sup> Wed  
4-5PM

❖ Listen  
❖ Support  
❖ Validate



**Northwoods**



## NAMI NORTHWOODS GOLF BENEFIT NCHC is a Proud Event Sponsor!

North Central Health Care recently sponsored the NAMI Northwoods Golf Benefit. Ryan Thiel, Chad Adams, Bo Johnson and Corey Reetz played on the winning team that finished 11 under par!

NAMI stands for National Alliance on Mental Illness "NAMI Northwoods is an affiliate of NAMI, a non-profit organization that provides support, education, and advocacy throughout the Marathon, Lincoln, and Langlade counties in Wisconsin on behalf of individuals and families affected by mental illness" and is a community partner of NCHC. Interested in more info, please visit <http://naminorthwoods.org/>, 715-432-0180, or email [contact@naminorthwoods.org](mailto:contact@naminorthwoods.org)



**See next page for all NCHC Employee  
Flu Shot Requirements!**

## VOLUNTEER SERVICES NEWS Fashion Boutique Schedule Changes

Starting in October the Fashion Boutique will be open on Mondays from 3:00 – 4:00 pm and Thursdays from 9:00 am – 10:00 am. A volunteer will be available in the Fashion Boutique during these times to assist those who may need help with their clothing selections. The Fashion Boutique will no longer have a volunteer available on Wednesday afternoons.

At the Fashion Boutique, clients, patients and residents are able to obtain clothing and other items at no charge in a discreet shopping environment. All program areas of NCHC are served from the Fashion Boutique. If you have a particular need or questions, please contact Volunteer Services at 715.848.4450.



**Please read all information below and attachments  
SENT VIA EMAIL. Action is required.**

Monday, October 8th.....	2:00 p.m. – 4:00 p.m.
Tuesday, October 9th.....	11:00 a.m. – 12:00 p.m.
	3:00 p.m. – 4:00 p.m.
Wednesday, October 10th.....	1:00 p.m. – 2:00 p.m.
Thursday, October 11th.....	9:00 a.m. – 10:00 a.m.
	3:00 p.m. – 4:00 p.m.
Friday, October 12th.....	1:00 p.m. – 2:00 p.m.





## WHAT'S 4 LUNCH?

### WAUSAU CAMPUS CAFETERIA

**Cafeteria Hours: Open 7am – 5:30 pm**

A Cashier is on duty from 9:00am – 10:00am, 10:30am – 1:30pm.  
When a cashier is off duty, an honor system is used for food purchases.

**Serving Soup, Salad and  
Lunch Entrée Option  
Monday – Friday.**

All hot sandwiches,  
hot foods and cold bar items  
are \$.35/ounce.

Soup: \$1.25 Cup | \$2.00 Bowl



### OCTOBER 8 - 12, 2018

**MON 10/8 .....Campbell's Tomato Soup**  
Taco Bar  
**Hamburger**  
Potato Salad  
Baked Beans  
Snickers Doodles

**TUES 10/9.....Navy Bean Soup**  
Hot Turkey on Croissant  
with Hollandaise Sauce  
**Lemon Herb Baked Fish**  
O'Brien Potatoes  
Peas  
Banana Cream Pie

**WED 10/10 ....Chicken Noodle Soup**  
BBQ on a Bun  
**Boiled Dinner**  
Fresh Dinner Roll  
Carrots  
Peaches

**THURS 10/11 .Stuffed Green Pepper Soup**  
Homemade Pizza  
**Swedish Meatloaf**  
Mashed Potatoes  
Peas & Carrots  
Mounds Bar

**FRI 10/12.....Cream of Cauliflower Soup**  
Reuben  
**Sweet & Sour Glazed Chicken**  
Scalloped Potatoes  
Mixed Vegetables  
Strawberry Sauce



**Marathon County  
Employees Credit Union**



Open a new credit card between 10/1/2018 and 11/30/2018 and receive a special introductory rate of 0.00% APR\* until 5/31/2019 on purchases and balance transfers.

\*Accounts opened between 10/1/2018 and 11/30/2018 will receive 0.00% introductory APR\*\* until 5/31/2019. After promotional time frame expires, remaining balance will migrate to standard APR applicable on your account. Contact the Credit Union for complete details.

**Just in Time for the Holidays!  
Open a VISA Today!**

**Contact Pete or Apply Online @ [www.mcecu.org](http://www.mcecu.org)**

**Peter.Wolf@co.marathon.wi.us  
715-261-7685**

**400 East Thomas Street • Wausau, WI 54403**

**Proudly Serving NCHC Employees and Their  
Family Members Since 1965.**

**[www.mcecu.org](http://www.mcecu.org)**



**THE 11TH ANNUAL  
EMPTY BOWLS**

AN EVENT TO FIGHT HUNGER  
IN NORTH CENTRAL WISCONSIN

**SATURDAY,  
NOVEMBER 17, 2018  
11 AM – 2 PM  
WAUSAU WEST**

Silent Auction – Soup To Go  
Live Music

**TICKETS:**

ALL AGES: \$12 (meal and bowl)  
AGES 6-12: \$5 (meal only)  
5 & UNDER: FREE (meal only)

[www.neighborsplace.org](http://www.neighborsplace.org)  
715-845-1966

Presented by:  
**Ascension**

### Empty Bowls Raffles \$10 per ticket

**#1 18k White Gold Diamond Pendant  
Necklace on an 18k White Gold Chain**

DONATED BY  
**JIM KRYSHAK JEWELERS**  
Diamonds Fine Jewelry

Valued at \$1,100



**#2 4 Packers / Cardinals Tickets  
and Tailgate Package**  
December 2, 2018

DONATED BY  
**Stew and Tracy Ellen & Kevin and Louise Wolf**



Valued at \$700

Section 128  
Row 39

**#3 Sony 4K  
55" Flat Screen TV**  
DONATED BY  
**Tony and Jenny Sweeney**



Valued at \$650

**See me to purchase your raffle tickets!**

Tickets also available at The Neighbors' Place:  
745 Scott Street, Wausau

**Need not be present to win.**

**Raffle Tickets are available in the Marathon County  
Health Dept or contact Eileen at x1902.**