

Merrill Center Outpatient Services

607 N. Sales Street, Suite 309 • Merrill, Wisconsin 54452
715.536.9482 (Office)

PROVIDERS & COUNSELING SERVICES

■ Jennifer Jacobson MSW, LCSW

Therapist

Mental Health, Cognitive Behavioral Therapy, Dialectical Behavioral Therapy, Motivational Interviewing

Specialty Care:

Adults– Mood/Personality Disorders, Anxiety, Trauma

Children– Mood/Behavioral Disorders, Self-harming Behaviors, Trauma, Substance Abuse

■ Mark Martello MSW, LCSW, BCD

Therapist

Mental Health, Cognitive Behavioral Therapy, Eye Movement Desensitization and Reprocessing

Specialty Care:

Adults– Depression, Insomnia, Chronic Pain, PTSD

Couples– PTSD

■ Cara Reed MS, LPC-IT, CSW

Therapist

Mental Health, Substance Abuse

Specialty Care:

Adults– Substance Abuse, Depression, Anxiety

■ Janis Southworth MA, LPC, SAS

Therapist

Mental Health, Substance Abuse, Cognitive Behavioral Therapy, Creative Arts Therapy

Specialty Care:

Children– 5+, Oppositional Behavior, Depression, Trauma

Adults– Depression, Anxiety, Grief & Loss, Trauma History, Substance Abuse

Family– Parent/Child Relationship, Communication, Parenting

Couples– Marital Problems, Relationship/Communication

Adolescents– Depressions, Self-Esteem, Anxiety, Grief, Substance Abuse

Tomahawk Office Outpatient Services

213 W. Wisconsin Ave • Tomahawk, WI 54487
715.453.5381 (Office)

PROVIDERS & COUNSELING SERVICES

■ Mark Martello MSW, LCSW, BCD

Therapist

Mental Health, Cognitive Behavioral Therapy, Eye Movement Desensitization and Reprocessing

See Specialty Care Above

Adults– Depression, Insomnia, Chronic Pain, PTSD

Couples– PTSD

■ Janis Southworth MA, LPC, SAS

Therapist

Mental Health, Substance Abuse, Cognitive Behavioral Therapy, Creative Arts Therapy

See Specialty Care Above



North Central Health Care

Person centered. Outcome focused.

Outpatient Services

North Central Health Care offers a state certified outpatient clinic that provides a variety of outpatient mental health and substance abuse services available to residents in the counties of Marathon, Langlade and Lincoln.

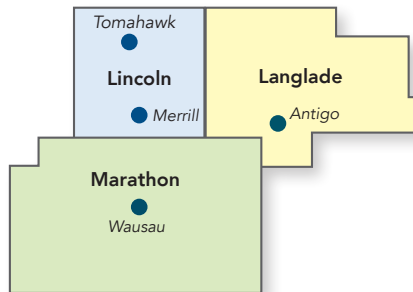
Each person's care and recovery is unique to their situation. North Central Health Care has developed a variety of outpatient treatment options available for a variety of diverse situations delivered by a professional, experienced team of providers.

For more information, contact North Central Health Care Outpatient Services weekdays from 8:00 am to 4:30 pm at **715.848.4356**.

Accessible Care

With such a large geographical area, it is important for treatment and recovery that there is access to services close to home.

Outpatient offices are located in each of the three counties we serve with treatment available in **Wausau, Antigo, Merrill** and **Tomahawk**.



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www.norcen.org



North Central Health Care

Person centered. Outcome focused.

OUTPATIENT Mental Health & Substance Abuse Treatment Provider Directory

For more information, contact
North Central Health Care
weekdays from 8:00 am to 4:30 pm
715.848.4356

Serving Residents in the Counties
of Marathon, Langlade and Lincoln

Wausau Campus Outpatient Services

1100 Lake View Drive • Wausau, Wisconsin 54403
715.848.4356 (Office)

PROVIDERS & COUNSELING SERVICES

- **Caitlin Baldauff** MA, LPC, SAS
Therapist
Mental Health, Substance Abuse, Overcoming Trauma
Specialty Care:
Adults– Personality Disorders, Substance Abuse, Anxiety, Hallucinations
Family– Life Cycle Transitions, Adjustment Issues
Couples– Marital Conflict, Relationship Challenges
- **Laura Goergen** MS, LPC, CSAC, ICS, CSW, IDP-AT
Therapist/Clinic Coordinator
Mental Health, Substance Abuse, OWI Assessor
Specialty Care:
Adults– Substance Abuse, Trauma, Grief & Loss, Depression, Anxiety
- **Jennifer Hearn** MS, LPC, SAC
Therapist
Mental Health, Substance Abuse
Specialty Care:
Adults– Relationship Challenges, Divorce Care, Stress, Anxiety, Career
- **Sheryl Hemp** MA, LPC, LCSW, SAS
Therapist
Mental Health, Substance Abuse, Cognitive Behavioral Therapy, Dialectical Behavioral Therapy, Motivational Interviewing
Specialty Care:
Adults– Depression, Anxiety, Grief & Loss, Trauma History, Substance Abuse & Dependence
Couples– Relationship/Communication Challenges
- **Laurie A. Hines** BS, CSAC, IDP-AT
OWI Assessor for Marathon, Langlade & Lincoln Counties
Substance Abuse, Motivational Interviewing, Client-Centered Therapy
- **Jennifer Jacobson** MSW, LCSW
Therapist
Mental Health, Cognitive Behavioral Therapy, Dialectical Behavioral Therapy, Motivational Interviewing, Substance Abuse
Specialty Care:
Adults– Mood/Personality Disorders, Anxiety, Trauma, Substance Abuse
Children–8+ Mood/Behavioral Disorders, Trauma, Self-harming Behaviors
- **Michelle Jensen** MS, LPC
Therapist
Mental Health, Crisis Intervention
Specialty Care:
Adults– Crisis Intervention Trainer, Mental Health in Criminal Justice System
- **Karen Klos** LPN, SAC
Counselor
Substance Abuse, Cognitive Behavioral Therapy, Motivational Interviewing
Specialty Care:
Adults– Substance Abuse Counseling

- **Kristina Mauk** MS, SAAC-IT, LPC-IT
Therapist
Mental Health, Substance Abuse, Cognitive Behavioral Therapy, Dialectical Behavioral Therapy, Motivational Interviewing
Specialty Care:
Adults– Substance Abuse Counseling, Client Centered Therapy
- **Brittney Mengel** AA, SAC
Counselor
Substance Abuse, Cognitive Behavioral Therapy
Specialty Care:
Adults– 16+, Substance Abuse Counseling, AODA Intensive Outpatient Groups
- **Mark Moser** MSSW, LCSW
Therapist
Mental Health, Cognitive Behavioral Therapy,
Specialty Care:
Adults– Behavioral Therapy, Solution Focused, Depression, Anxiety
Couples– Relationship/Communication, Christian-Based Counseling
- **Melissa Niedfeldt** MA, LPC, CSAC
Therapist
Mental Health, Substance Abuse, Cognitive Behavioral Therapy, Motivational Interviewing, Dialectical Behavioral Therapy
Specialty Care:
Children– 5+
Adults– Substance Abuse, Behavioral Therapy, Incarcerated Individuals
Families– Parent/Child Relationship, Communication, Parenting
Couples– Relationship/Communication Challenges
- **Carrie Paisar** MA, LPC, SAS
Therapist
Mental Health, Substance Abuse, Cognitive Behavioral Therapy, Adolescent Mental Health Certificate
Specialty Care:
Children–5+ Behavioral Disorders, Depression, Anxiety, Grief/Loss, Sexual Abuse, Counseling in Schools Program
Adults– Depression, Anxiety, Grief/Loss, Mood Disorders, Parenting Challenges
Family–Parent/Child Relational Problems, Parenting Challenges

Antigo Center Outpatient Services

1225 Langlade Road • Antigo, Wisconsin 54409
715.627.6694 (Office)

PROVIDERS & COUNSELING SERVICES

- **Lauren Bessa** MSW, APSW
Therapist
Mental Health, Cognitive Behavioral Therapy, Motivational Interviewing,
Specialty Care:
Children–5+ depression, anxiety, mood/behavioral disorders, self-esteem, trauma, counseling in schools program
Adults– Depression, Anxiety, Trauma History
Family– Parent/Child Relationship, Communication, Parenting
- **Shelly Gallenberg** PsyD, LPC
Psychologist
Mental Health, Substance Abuse, Client Centered Therapy, Cognitive Behavioral Therapy, Psychological Testing
Specialty Care:
Adults– Mood Disorders, Depression, Anxiety, Relationship Issues, Trauma
Adolescents–10+ Behavioral Disorders, Depression, Anxiety, Trauma, Self-Injury
- **Tracey Gusman** MA, LPC-IT, SAC-IT, CSW
Therapist
Mental Health, Substance Abuse, Cognitive Behavioral therapy
Specialty Care:
Adults– Depression, Anxiety, ADHD, Life Transitions, Mood Disorders, Substance Abuse, Grief & Loss
Family– Substance Abuse
- **Tanya Zaloudek** MS, LPC, ICS, IDP-AT
Therapist
Mental Health, Substance Abuse, Cognitive Behavioral Therapy, Behavioral Therapy, Solution Focused
Specialty Care:
Children– Adjustment Issues, Disruptive Behavior, Trauma
Adolescent– Depression, Anger, Substance Abuse, Self-harm, Behavioral Management
Adults– Depression, Substance Abuse, Anxiety, Legal Conflicts
Family– Parent/Child Conflicts, Life Transitions

KEY

ADHD Attention Deficit Hyperactive Disorder	IT..... In Training	PhD..... Doctor of Philosophy
APSW..... Advanced Practice Social Worker	LCSW..... Licensed Clinical Social Worker	PsyD..... Doctor of Psychology
BS Bachelor of Science	LMFT Licensed Marriage & Family Therapist	PTSD..... Post Traumatic Stress Disorder
BCB Board Certified Diplomate in Social Work	LPC..... Licensed Professional Counselor	RN Registered Nurse
CSAC Clinical Substance Abuse Counselor	MA..... Master's in Arts	SAC..... Substance Abuse Counselor
CSW..... Certified Social Worker	MS Master's in Science	
ICS..... Independent/Intermediate Clinical Supervisor	MSW..... Master's in Social Work	
IDP-AT..... Intoxicated Driver Program Assessor Trained	NCGC1..... Nationally Certified Gambling Counselor 1	
	OWI Operating While Intoxicated	