North Central Health Care

Volunteer News

Mark your Calendars

	De	cember 2018 Events
2		Event or Activity # of Volunteers Needed to Assist
4	4	Walmart Shopping, Northwinds Vent, 9:30 am – 1 pm,
1	5	Sunshine Gals, 1st floor Activity Room, 10:15 – Noon
Ś	6	Neighbor of the Month, 2nd floor dining room, 1:30 – 3:30 pm
	7	Intergenerational Christmas,
k,		2nd floor Dining Room, 9:45 - 11:45 am4
	7	Christmas Auction, 2nd floor Dining Room, 1:30 – 3:30 pm2
ļ	7	Christmas Shopping, LVH, 1:30 – 5 pm, 77
	8	Pro Musica Mini Concert, 1st floor Dining Room, 10:15 – Noon3
į	8	Bingo, 2nd floor Dining Room, 1:30 – 3:30 pm
	10	Entertainment with Larry Jankowski,
	12	1st floor Dining Room, 1:30 – 4:00 pm
Y.	12	Senior Citizen Choir, 1st Floor Dining room, 1:30 – 4:00 pm
	15	Hymn Singing with Mennonites,
4	15	1st floor Dining Room, 10:00 – 11:30
	17	Wildwood Zoo/Perkins Outing, Lakeview Heights, 2:30 – 8:30 pm5
	17	Resident Caroling in the Halls, Mount View Lobby 10 – 11:30 pm6
7	18	Walmart shopping with NWV, MVCC lobby, 9:30 am – 1:00 pm2
	18	Carols, Cookies, Ice Cream & Gifts,
2		1st floor Dining Room, 2:30 – 4:00 pm
	20	Grandfriends 'Elfin" Around, 1st floor Dining Room, 1:30 – 3:30 pm3
	22	Christmas Program w/Newman Catholic Girls Basketball team
1	22	1st floor dining room, 1:30 – 3:30 pm
N.S	27	Holiday Bingo, 2nd floor Dining Room, 1:30 – 3:30 pm4
J.		CONTRACTOR AND A SALES
		nuary 2019 Events
	9	Sunshine Gals, 1st floor Dining Room, 10:15-11:45 am
14	12	Bingo, 2nd floor Dining Room, 1:30 – 3:30 pm
2	19	Hymn Singing with Mennonites, 1st floor Dining Room, 10:00 – 11:30 am
14	_	
ŝ		bruary 2019 Events
	6	Sunshine Gals, 1st floor Dining Room, 10:15 –11:45 am
	9	Bingo, 2nd floor Dining Room, 1:30 – 3:30 pm
	16	Hymn Singing with Mennonites, 1st floor Dining Room, 10:00 – 11:30 am
	EV	ery Friday afternoon we are in need of three volunteers to sist with our afternoon activities from 1:30 – 3:30 pm
		in the Funl

INSIDE THIS EDITION

Our Vision

The vision of North Central Health Care Volunteers is to be recognized as a leader in providing innovative and rewarding volunteer and donor opportunities to help advance the mission of North Central Health Care: Partnering together to provide compassionate and specialized care for people with complex behavioral and skilled nursing needs.

Mission Statement

Our volunteers are committed to providing quality services for our residents and clients. Our programs are aimed at creating a warm, friendly, home-like environment with a genuine concern for the dignity and special needs of each individual. Volunteers enable clients and residents to have programs and events within our organization as well as taking part in community outings.

Lives Enriched and Fulfilled.



Dear Volunteers:

Thank you. Thank you for your gift of time. Thank you for your gift of sharing. Thank you for your willingness to try new things. Thank you for saying "Yes" when you can help. Thank you for your ability to go with the flow. Thank you for your willingness to jump in and help in all the different ways we need you, and we do need you! Thank you does not seem enough to cover it, but our gratitude for all you help with, give back and provide to those we serve is without measure.



As 2018 comes to a close, I reflect on my 3.5 years at NCHC and I feel so happy to have become a part of your world. I enjoy seeing you in the halls, cafeteria and at events. I love to chat with you on the phone and hear about what is happening in your lives beyond the time you give to us.

As North Central Health Care embarks on a new adventure with the upcoming renovations of the pool and Mount View Care Center, I know our surroundings will be changing but I am sure the dedication you provide to our residents and staff will not change. I look forward to seeing what the next few years will bring to us and I look forward to navigating this upcoming change together.

Feel free to stop in and see Kathy or I any time and ask questions or say "Hello". We look forward to seeing you soon.

Wishing you and your families a Safe, Happy and Healthy New Year with many Blessings:



Sincerely, Laural Harder (Volunteer Coordinator) Kathy DeSantis (Administrative Assistant)

Volunteer William (Bill) and Lucene Udulutch

Since 2012, Bill and Lucene have served as volunteer drivers with the Marathon County Transportation program. This volunteer activity includes providing rides for the elderly and foster children and all ages in between. The rides usually are to medical appointments, grocery shopping, to school or for family visits. In addition to the time they donate to NCHC, Bill and Lucene also volunteer at their church, at an Assisted Living Home in their neighborhood, with the Village of Kronenwetter, with the local AARP chapter and with the Salvation Army.

When not driving or volunteering, Bill and Lucene like to visit their two granddaughters, go to the Weston YMCA, walk their dog and bowl. When the weather is nice they like to bicycle together and Bill likes to golf too. Once a year they take a nice long vacation together. This year they are heading to Niagara Falls.

Thank you so much for all you do for those served by NCHC and your community. We wish you a wonderful and safe trip!

Kathy DeSantis Recognized by NCHC

In August, Kathy was recognized as the NCHC Employee of the month. I just wanted to let everyone know. Several of you were able to attend her ceremony and she greatly appreciated seeing you there. In October she celebrated 34 years with NCHC. What a gift!! Thank you, Kathy. We are so lucky to have you!







Books Are Fun & Collective Goods Sale

The next Books Are Fun sale will be Tuesday, December 18 from 9:00 am – 3:00 pm in the North Central Health Care Cafeteria.

Adopt-A-Resident

We have several names left on our Christmas Gift list this year. If you would be interested in purchase a gift for one of our resi-



dents or clients this Holiday, please let us know and we can provide you with a specific name and gift request. I know many of you have already adopted a resident or client for Christmas and we greatly appreciate your kindness. Thank you.

Flu Shots

You can still get a flu shot at the Lab. Contact Laural or Kathy with questions.

Renovation Update

New architects have been hired and are currently working on a final design. We will share that information in our next newsletter.



Popcorn Punch Card

Just for you or someone you know who frequents our Canteen for the popcorn, Punch Cards are now available for \$5.00. You get 12 bags of popcorn for \$5.00. It's like getting 2 bags free. The Canteen is located in the Lake View Center of the Wausau campus.





Greeter Position

Do you have these skills?

- Outgoing & Friendly
- Receptionist Experience
- Comfortable on the phone
- Computer Skills

We are still in need of volunteers to sit and the Welcome Desk and greet and direct guests throughout the building. This would be a Monday – Friday, 8 am – Noon or Noon – 4 pm opportunity. Please contact the Volunteer Office if you are interested in learning more about this position by email at volunteer@norcen.org or call 715.848.4450.

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Greatest Areas of Need

Haircare – If you know how to do roller sets or would be interested in learning. We are in need of help in our Beauty Shops on Friday mornings. Please contact the Volunteer office at 715-848-4450 or volunteer@norcen.org.



Emails

If you have not shared your email with us yet, please do. You can email *volunteer@norcen.*org with your email and we will add it to our list.

As new information comes out about the upcoming renovations or new volunteer opportunities present themselves, we will begin sending

information by email update. If you wish to receive the latest updated information please provide us with your email so we can keep you in the loop. Thank you to those who have already provided this to us.

Resident Trust Fund

skills, please contact the Volunteer Office.

The following letter from Kim Gochanour, Executive of Nursing Home Operations, explains how employees and volunteers will need to purchase items and services on behalf of residents through an established Resident Trust Fund.

October 23, 2018

To Whom It May Concern,

To be compliant with Federal and State Regulations and to ensure resident funds are safe guarded, Mount View Care Center has begun a new program for resident shopping. Starting in November, residents who wish to have Mount View Staff do their shopping for them will need to have a Resident Trust Fund opened at Mount View Care Center. This means they will need to have appropriate funds in their Resident Trust Fund account available for resident purchases.

"A Resident Trust Fund is a financial account set up in a nursing home into which money can be deposited to pay for everything from care expenses to incidentals, such as haircuts and items from an on-site convenience store. Residents retain ownership of their respective funds in the trust and have the right to access them at any time." This will be placed in an interest bearing account separate from facility funds.

Moving forward to participate in the shopping/ordering process, the resident will need to fill out and sign the purchase order form. This will need to be done prior to the designated shopping times. Resident shopping will be done on the 2nd and 4th Tuesdays of the month. We will verify the resident has a trust fund account and the balance to cover for the purchases requested. The items will then be purchased, picked up and delivered within a few days.

If you do not have a Resident Trust Fund Account at this time and wish to open one up please visit the Mount View Information Station and we will be happy to assist in establishing a Resident Trust Account. If you have questions please feel free to contact me at 715-848-4490. We appreciate your help in safeguarding the residents and staff at Mount View Care Center.



Sincerely,

Kim Gochanour Executive of Nursing Home Operations







North Central Health Care Person centered. Outcome focused.

Donation Suggestions

Below are donation suggestions for clients and residents of the North Central Health Care. These items will directly benefit individuals and families receiving services. Donations will be delivered to Mount View Care Center, Adult Day Services, Prevocational Services, Group Homes, Community Treatment for Children and Adults, Community Corner Clubhouse, Crisis Services, Lakeside Recovery and Wausau, Merrill, Antigo and Tomahawk office clients. Items with an asterisk are most needed.

Thank You For Your Generous Support!

Personal Items

- Wallets and Coin Purses
- Sweat shirts or flannel shirts size large and up
- Gloves, mittens, winter caps, scarves
- Socks* (anklets and diabetic)
- Sweat pants* (M, L, XL, 2XL, 3XL, 4XL)
- Men's Undershirts, Underwear size medium and up
- Women's Underwear* size S-4XL
- Women's fashion scarves
- Watches (slip-on type preferred)
- Costume jewelry*, necklaces especially with long chains
- Rubber soled slippers only size Medium and up
- Men's belts and suspenders, caps
- Thermal Underwear
- Fleece blankets

Toiletries

- Body wash*
- Shampoo & conditioner*
- Hair accessories
 - (brushes, barrettes, hair ties, rattail combs)
- Unused Make-up (lipstick, powder, blush, ChapStick, etc.)
- Men's shaving items*
- Hand Cream* small or medium bottles only
- Deodorant*
- Nail Polish*
- Toothbrushes & Toothpaste*
- Cologne* for men and women or Aftershave
- Disposable Razors* for men and women
- Beauty Supplies (non-metal nail files, cotton balls)
- Feminine Napkins/Tampons
- Polygrip
- Small bottles of dish soap or bleach
- Kitchen Sponges
- Small bottles of laundry detergent or pellet paks

Paper Products

- Bibles (Large print or regular)
- Stationary (small sets) and stamps for mailing
- New greeting cards
- Color construction paper

Unique Suggestions

- Small Fans
- Anything Green Bay Packers-related
- Cans of Soda (caffeine-free only) or juice
- Small packages of snacks, gum and candies (sugar-free or regular)
- Yarn for knitting and crochet work
- Gift Certificates to McDonald's, Subway, Shopko or Walmart, Kwik Trip, Target, etc.
- Complimentary tickets to a movie or concert
- Rosaries
- Bus passes or tokens
- Thumb drives
- Trac phones
- Small coffee makers

Recreational

- New 100-piece or less Puzzles or therapeutic puzzles with large pieces
- Fitness Items (balls, nets, weights, yoga mats)
- Word Search* and Crossword Puzzle Books*
- Adult Coloring Books
- Colored pencils, markers, crayons
- Photo albums small size only
- Board games (Pictionary, Scrabble, Sorry, Yahtzee, Life)
- Trinkets (almost any small object) for Bingo prizes
- Inexpensive canvases (all sizes)
- Squeeze balls
- Books (new or gently used)
- Wireless Bluetooth headphones
- Glue or glue sticks
- Trivia Books
- Decks of Cards
- Oil Paints
- Play-doh

If you are interested in adopting a client for the holidays, please contact the Volunteer Office at 715.848.4450 or volunteer@ norcen.org

Your Thoughtfulness Towards Our Clients And Residents Is Very Much Appreciated!



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Wausau, Wisconsin 54403 1100 Lake View Drive

Volunteer Services 715.848.4450 • www.norcen.org

Monday, December 24 Tuesday, December 25 Monday, December 31 Tuesday, January 1

closed on the following dates for the Holidays:

The offices of North Central Health Care will be

Mount View Care Center will be open on all these days.

Holiday Hours

Happy Holidays From Laural & Kathy

We wish each and every one of you a safe and happy Holiday season!

North Central Health Care

Volunteer News

Heartfelt **Gift Shop Open Every** Week from Monday - Friday 9 am – 3 pm









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