- Handicap-accessible parking is available
- Building is free from steps and curbs
- Doorways and hallways are handicapaccessible
- Restrooms accommodate wheelchairs
- Transportation provided for scheduled outings during business hours

Personal Care:

- Medication administration for doctor prescribed orders
- Program Nurse available to provide care as needed
- Someone is available to read information one-on-one with clients
- Participants are accompanied by experienced staff as they venture out into the community for a wide range of activities.



Equal Opportunity in Service Delivery

No otherwise qualified applicant for service or program participant shall be excluded from participation, be denied benefits, or otherwise be subject to discrimination in any manner on the basis of race, color, national origin, age, sex, sexual identify, sexual orientation, religion, political beliefs or disability. No employee or other person shall intimidate, threaten, coerce, or discriminate against any otherwise qualified individual for the purpose of interfering with any right or privilege secured under one of the applicable civil rights laws, or because they have made a complaint, testified, assisted, or participated in any manner in an investigation, proceeding or hearing under one of the applicable civil rights laws. This policy covers eligibility for access to service delivery, and to treatment in all of the programs, services and activities. All employees are expected to support the goals and programmatic activities relating to nondiscrimination in service delivery.

To receive more information please contact:



Adult Day Services

Antigo: 715.627.6694 1225 Langlade Road • Antigo, WI 54409

> North Central Health Care 715.848.4600

1100 Lake View Drive • Wausau, WI 54403

www.norcen.org





Adult Day Services

VOCATIONAL, SOCIAL AND COMMUNITY **ACTIVITIES**



Enriching Lives Making a Difference

Serving Adults with Developmental Disabilities in Langlade County



Every Individual is Unique

We all have different strengths, challenges, interests but most of us flourish when we can learn and grow while doing something that truly interests us. Adult Day Services is structured around those tenets.

We help individuals with developmental and physical disabilities, who are 18 and older, reach their greatest social, educational, cognitive, life, and community potential by offering them a variety of activities that focus on their individual strengths.

"Diverse and Individualized Options are the Key to Individual Development."

Vocational, Social and Community Activities

We work with individuals to assess their strengths and needs, help them choose programs that will help them progress, and track their progress with the program.

Learning Through Leisure

Small groups get together to play card games and board games. Games assist clients in maintaining or progressing skills with counting, number identification, color identification, listening skills and skills in patience as well as teamwork and good sportsmanship.

Crafting is a great way to improve fine motor skills while having fun and being creative. Small groups learn new ways to express themselves. St. Hyacinth Church also provides participants the opportunity to paint ceramics at their facility. *

Growth through Reading

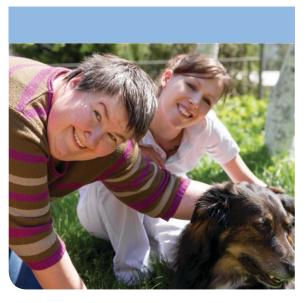
Small reading groups encourage individuals to maintain or expand their word knowledge, vocal abilities as well as listening skills.

Healthy Body for a Healthy Mind

North Star Lanes offers participants the ability to brush up on their bowling skills, purchase a snack and socialize. Ramps and bumpers are used for those who need them. *

Participants visit the Clara McKenna Aquatic Center to increase their physical fitness through swimming, participating in water walking or just relaxing in the hot tub in the water therapy pool. *





Community Volunteering

A small group visits the local Humane Society to help care for the animals which benefits the animals, as well as the individuals.

Current Events and Discussion Group

This small to large group activity, assists with vocal skills, as well as socialization skills. Topics range from current events to history. We also cover safety including: transportation, water, fire, medical, home, and stranger safety. Other topics are discussed based on interest.

*Some activities require a small fee to participate or cover transportation costs. For more information please contact the program director.