

Hope House is a Recovery Residence, a social, not medical, model for recovery living. This is different from a traditional transitional or halfway house. Hope House is a voluntary, time limited-term, residential program for Community Corner Clubhouse members experiencing psychiatric illness and/or psychological distress not requiring hospitalization who also have recovery needs.

The end goal is to help develop life-long strategies to support recovery that will lead to independent living.



Hope

Community Corner Clubhouse developed Hope House to help meet the needs of membership in a recovery, residential setting that is member driven.



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# HOPE HOUSE

HELPING OUR PEERS EMPOWER

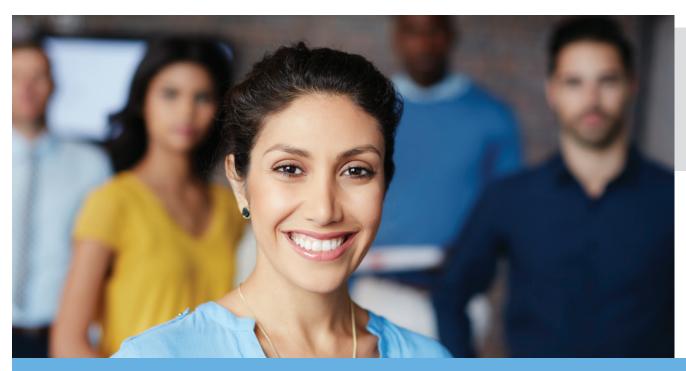


# Your Path. Your Recovery. Your House.

Empowering Community Corner Clubhouse Members to develop life-long strategies to support recovery that leads to independent living.







The philosophy of Hope House sets it apart from treatment options.

Hope House is a supportive residential environment.

**Hope House** is a supportive residential environment where Community Corner Clubhouse members in recovery, led by a house mentor, live as a community and come "home" after their days filled with counseling, education, work, and recreation—sharing their successes and daily struggles.

Commitment to recovery is the intrinsic responsibility of the members. Hope House implements a unique resident-centered approach to Clubhouse Members. Rather than a "one size fits all" philosophy, Hope House focuses on the specific needs of each person in the program. A recovery plan is a personcentered, evidenced based approach that is specific, personally packaged, and member-driven.

The goal planning process includes the member's chosen team of friends, family, and mentors. The team aids and supports each member in identifying prior barriers to success and strategies for overcoming these issues. Strengths are highlighted during this process as well as ambitions.

"If you look at life and the way other people view you, where you live is always front and center. The first two questions on any application are your name and then your address. So, in essence, your address is a big part of your identity."

- Dee Ruas

# **Considerations**

- Incorporate housing services into a Clubhouse unit so that members and staff work together to provide these services and members are involved in helping each other.
- Provides services relevant to housing such as completing recovery services, budgeting assistance in coordinating community based services
- Familiarizes members with resources in the nearby community, such as stores, laundry facilities, and recreational facilities.
- Provides cooperative assistance within members' homes, as needed, on matters such as cleaning and food preparation.
- Practices proven evidenced-based approaches that address community-based, residential recovery approaches.

# **Admission Criteria**

Hope House serves adult men and women (18+) with severe and persistent mental illness and substance use disorders.

### **Hope House Requires:**

- All residents must have an income source to cover rent (Hope House may subsidize up to 30% or rental cost)
- All residents must be active members of Community Corner Clubhouse
- All members should be active in their recovery and have sustained sobriety (at least 30 days)
   AND be interested in voluntary participation of supported housing to help them maintain recovery goals.

### And that All Members:

- are not at immediate risk of harm to themselves or others
- do not have a history of violence or aggressive behavior
- are ambulatory and able to perform activities of daily living
- are free of infectious disease requiring isolation procedures
- have two referrals (one professional, one recovery advocate)
   who endorses the member in moving into Hope House

