

For additional information or Referrals  
Contact our Referral Coordinator today!

**715.848.4483**

North Central Health Care  
1100 Lake View Drive  
Wausau, WI 54403

[norcen.org/LakesideRecovery](http://norcen.org/LakesideRecovery)

## Empowering Recovery

At Lakeside Recovery, we believe in the power of effective intervention and engagement to empower individuals in their journey to overcome substance use. Our evidence-based treatments are tailored to address the unique needs of each patient, providing comprehensive support at every stage of their recovery process. Our dedicated multidisciplinary team delivers exceptional care in a compassionate and efficient manner, creating a healing environment for patients and their families. By targeting specific challenges, we inspire individuals to take an active role in their own recovery and achieve lasting results.

*"We believe that effective intervention and engagement are essential to empower individuals to overcome these challenges and achieve lasting recovery"*

We offer a comprehensive range of recovery resources at Lakeside Recovery, including education, medication-assisted treatment, therapy sessions, family programs, and recreational activities. Through these diverse programs, we aim to enhance community understanding of substance use as a complex illness and its impact on individuals and families. By embracing our foundational principles of engagement, intervention, and empowerment, we are dedicated to transforming lives and guiding patients towards healthier, sober living. We invite patients and their families to fully engage in our program, knowing that their active participation will empower them to improve their quality of life and embrace a brighter future.



## North Central Health Care Lakeside Recovery Program

**715.848.4483**

[www.norcen.org/LakesideRecovery](http://www.norcen.org/LakesideRecovery)  
1150 Lake View Dr., Wausau, WI 54403

For more information, questions, referrals, assessments and admissions, please contact the Lakeside Recovery Referral Coordinator, Monday - Friday, 10am - 4pm:

**NCHC Wausau Campus  
Lakeside Recovery  
Referral Coordinator  
715.848.4483**  
1150 Lake View Drive  
Wausau, Wisconsin 54403

### **NCHC Crisis Center Available 24/7**

If you are experiencing an emergency, crisis or are in need of Ambulatory Detoxification Services, please call North Central Health Care Crisis Center:  
**715.845.4326 or 1.800.799.0122**

Hearing Impaired/TDD Line 715.845.4928 (Wausau)

## Equal Opportunity in Service Delivery Policy

No otherwise qualified applicant for service or program participant shall be excluded from participation, be denied benefits, or otherwise be subject to discrimination in any manner on the basis of race, color, national origin, age, sex, sexual identity, sexual orientation, religion, political beliefs or disability. No employee or other person shall intimidate, threaten, coerce, or discriminate against any otherwise qualified individual for the purpose of interfering with any right or privilege secured under one of the applicable civil rights laws, or because they have made a complaint, testified, assisted, or participated in any manner in an investigation, proceeding or hearing under one of the applicable civil rights laws. This policy covers eligibility for access to service delivery, and to treatment in all of the programs, services and activities. All employees are expected to support the goals and programmatic activities relating to nondiscrimination in service delivery.



## North Central Health Care Lakeside Recovery

**28 Day Substance Use  
Recovery Program**



**Hope, Treatment & Recovery in  
a Safe, Supportive Environment**

*Serving All Residents of Wisconsin*



# North Central Health Care

## Lakeside Recovery Program

North Central Health Care is dedicated to providing state-certified, medically monitored treatment services for substance use disorder. Our Lakeside Recovery program offers a comprehensive 28-day treatment in a safe and supportive environment. Located on the picturesque shores of Lake Wausau within the North Central Health Care Campus, our community-based setting promotes healing and growth. With continuous observation and a compassionate multidisciplinary team, led by experienced counselors, we serve residents of Wisconsin.

At Lakeside Recovery, we recognize the uniqueness of each person's recovery journey. Our program is tailored to address individual needs, equipping clients with the tools and support for lasting change. With a commitment to excellence and a serene environment, we empower individuals to overcome substance use and embrace a brighter future.



### Personalized Recovery

At Lakeside Recovery, we believe that each individual's journey to recovery is unique, and it deserves a safe, sober, and supportive environment. Our residential program spans 28 days and provides a medically monitored setting for effective recovery. Our comprehensive treatment programs employ a multi-disciplinary approach, incorporating various techniques including:

- Group Therapy
- Individual Therapy
- Substance Abuse Ed. (Alcohol/Drugs)
- Co-Occurring Mental Health Education
- Art Therapy
- CBT/DBT Therapies

### Referrals & Assessment

Physicians, therapists, community partners, and self-referrals are all accepted at Lakeside Recovery. Contact our dedicated Referral Coordinator to start your journey. They will assist with enrollment and paperwork. After establishing your plan, we will prioritize admission based on your needs. During assessment, we focus on understanding your desired changes and recovery goals. Detoxification, the initial step, occurs at our facility or partnering hospitals.

**To Inquire or Refer, Contact**  
Referral Coordinator | 715.848.4483

### Comprehensive Care. Lasting Recovery.

At North Central Health Care, we recognize the importance of proper treatment for substance use disorder. Our comprehensive approach includes counseling, training, and educational programs tailored to individual needs. Treatment duration varies based on progress and requirements, ensuring personalized care for each person's recovery journey.

Our Continuum of Care at North Central Health Care offers a range of programming to address unique needs throughout the recovery process. Upon completion of the Lakeside Recovery Program, individuals receive a personalized care plan that may include additional resources within our continuum. This holistic approach provides ongoing support and resources for lasting recovery.

With a commitment to comprehensive care, we go beyond a single program. Our Continuum of Care at North Central Health Care ensures that individuals receive the tailored support needed to establish a foundation for long-term wellness and a brighter future.

- Adult Crisis Stabilization (ACSF)
- Substance Use Intensive Outpatient Program
- Outpatient Services
- Community Treatment



**We are here to support you every step of the way towards a brighter future of recovery.**