

## Why work exploration?

Members will have the opportunity to determine their level of interest in specific job fields through hands on work at the exploration site. They will be better able to decide what type of position would make a successful job match as they move towards community focus and permanent employment.

## Benefits of working at Woodson YMCA

Attending this work exploration site allows individuals to learn the responsibility of working alongside other people as they help to maintain the grounds both inside and out at the Weston location of the Woodson YMCA.



## Participants Will Learn:

- Reliability
- Punctuality
- How to be alert to your surroundings
- Responsibility
- Cooperation
- Patience
- Communication
- And more....

## Equal Opportunity in Service Delivery

No otherwise qualified applicant for service or program participant shall be excluded from participation, be denied benefits, or otherwise be subject to discrimination in any manner on the basis of race, color, national origin, age, sex, sexual identity, sexual orientation, religion, political beliefs or disability. No employee or other person shall intimidate, threaten, coerce, or discriminate against any otherwise qualified individual for the purpose of interfering with any right or privilege secured under one of the applicable civil rights laws, or because they have made a complaint, testified, assisted, or participated in any manner in an investigation, proceeding or hearing under one of the applicable civil rights laws. This policy covers eligibility for access to service delivery, and to treatment in all of the programs, services and activities. All employees are expected to support the goals and programmatic activities relating to nondiscrimination in service delivery.

To receive more information, please contact:



North Central Health Care

Person centered. Outcome focused.

## Prevocational Services - Wausau

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715.843.6894 Fax

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DEVELOPMENTAL DISABILITIES



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## Prevocational Services

WORK EXPLORATION SITE  
WOODSON YMCA  
ASPIRUS BRANCH



## Woodson YMCA Aspirus Branch

Learning the functions of working in a large fitness center.



Attending this work exploration site allows individuals to experience interaction with the community in many different aspects. Our group learns that they are an important part of the community and how they express themselves has an impact on those around them.

## About Woodson YMCA Aspirus Branch

The Woodson YMCA is an engine of transformation in the community. Their programs, services and initiatives: enable kids to realize their potential, prepare teens for leadership, offer ways for families to have fun together, empower people to be healthier in spirit, mind and body, welcome and embrace newcomers and help foster a service ethic.

The Woodson YMCA provides the community access to their aquatic center, fitness programs and equipment, child care, youth camps, sports, and many other services.

Woodson YMCA – Aspirus Branch  
3402 Howland Ave.  
Weston WI 54476  
715.841.1850  
Website: [www.woodsonymca.com](http://www.woodsonymca.com)

## Tasks at Woodson YMCA

Prevocational groups visit the Woodson YMCA Aspirus Branch multiple times a week to volunteer.

Duties may include:

- Light janitorial and basic cleaning
- Wiping down windows and elevators
- Outdoor clean up
- Yard work such as cutting grass with walk behind mower
- Cleaning locker rooms
- Wiping down machines in work out area

If you are interested in volunteering at the Woodson YMCA or any of our other work exploration sites, please fill out the accompanying registration card indicating your areas of interest and return to Prevocational Services.



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*Prevocational Services Serves Adults with Developmental Disabilities in Wausau*

## What type of work does Woodson YMCA prepare me for?

- ✓ School / day care center
- ✓ Yard maintenance, lawn care
- ✓ Janitorial services
- ✓ Industrial settings

