



North Central Health Care

Person centered. Outcome focused.

North Central Health Care's services are continually evolving to meet the changing needs of our community, and are offered in a variety of formats designed to best meet the needs of children, adolescents and adults. We offer programs that provide mental health and substance abuse treatment and support in community, home and workplace settings, in addition to support and care in a school setting for children and adolescents.



Carrie Paisar

MA, LPC

Master's Degree in Professional Counseling

Licensed Professional Counselor

Mental Health/Substance Abuse Therapist

PROFESSIONAL AND PERSONAL BACKGROUND

Carrie received her Master of Arts Degree in 1995 from Central Michigan University. She works easily with both adolescents and adults with mental health and substance abuse issues and their families. She is skilled at behavioral and cognitive behavioral therapy and believes every person has the ability to make positive changes in their life, and at times, people just need a place to sort things out and have someone listen to them. Carrie enjoys working with all age ranges from children to adults. Her areas of specialty with children include behavioral disorders, depression, anxiety, grief and loss, and sexual abuse. She also specializes in treatment for adults with depression, anxiety, grief and loss, and mood disorders. Carrie's past experience in Comprehensive Community Services, allowed her to work with children and families in their home environment to provide therapy and coordinate care.

“ I became a counselor and therapist to help people reach their potential and lead happier and healthier lives. ”

Carrie believes that working with clients where they are at is important and helping them work toward their own goals. Carrie was born and raised in Upper Michigan, but currently lives in the Wausau area.

CONFIDENTIAL AND PROFESSIONAL CARE OPTIONS FOR ALL AGES

CONFIDENTIAL All information discussed with our licensed professional counselors and therapists is confidential and will not be shared with the school district, regardless of appointment location.

PROFESSIONAL All scheduling, appointments and coverage is handled directly through the North Central Health Care Outpatient Services. We are happy to answer any questions you may have. Please call us directly at **715.848.4356**.

If you would like to speak to someone about care options, would like more information, or want to schedule an appointment, please call **715.848.4356**

www.norcen.org