



# Food Consumption While at Work

## Please Help Stop the Spread of Illness

### Workplace Guidance from the CDC



There is no evidence that COVID-19 is spread by food. However, people sharing utensils and congregating around food service areas can pose a risk.

At ALL NCHC locations, Employees are required to follow these CDC guidelines to reduce the spread of illness:

- Wash hands before and after eating. Avoid touching your eyes, nose and mouth.
- **Potlucks are allowed.**
  - Hand Hygiene occurs before and after attending the potluck.
  - Gloves must be worn by all when serving or self-serving food, then gloves disposed and perform hand hygiene after removal.
  - After you have finished your meal, your space must be cleaned with the provided facility-approved cleaner, making sure **both** your chair and table space have been cleaned thoroughly.
  - **No more than 10 people** can be in the potluck space at the same time. If there are more that wish to attend, please schedule participation in shifts to stay below the allowed occupancy.
  - All chairs, tables, and surfaces used must be cleaned with a facility-approved cleaner at the end of the potluck for the next gathering.
  - Attendees must maintain social distancing and keep masks on at times when you are not eating or drinking.
- No eating or drinking in hallways. Always keep masks on in hallways.
- Masks are only to be removed for eating or drinking and done so in designated areas determined by program or manager.
- Water fountains are to be used for water bottle fill up only. Do not drink directly from fountains.
- For shared items like staff coffee pots, microwaves and refrigerators: Managers are to supply cleaning wipes and/or disinfectant spray and paper towels for wiping frequently touched surfaces. Use before and after touching these surfaces.



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