# How We Are Keeping Patients Safe from Covid-19

## What is COVID-19?
- Coronavirus (COVID-19) is an illness caused by a virus that can spread from person to person.
- The virus that causes COVID-19 is a new coronavirus that has spread throughout the world.
- COVID-19 symptoms can range from mild (or no symptoms) to severe illness.

## How is COVID-19 is spread?
- You can become infected by coming into close contact (about 6 feet or two arm lengths) with a person who has COVID-19. COVID-19 is primarily spread from person to person.
- You can become infected from respiratory droplets when an infected person coughs, sneezes, or talks.
- You may also be able to get it by touching a surface or object that has the virus on it, and then by touching your mouth, nose, or eyes.

## Our facility is prepared for the possible arrival of patients with COVID-19.
We are committed to keeping patients safe and are taking the following steps to reduce the risk of COVID-19 in our patients and staff:

### HAND HYGIENE
We are providing extra training for staff and education for patients about the importance of hand hygiene, face masks, respiratory hygiene and cough etiquette.

### SCREENING
We are monitoring all staff for symptoms of COVID-19. We are instructing staff who have symptoms of COVID-19 (e.g., fever, cough, shortness of breath, sore throat, muscle aches, tiredness) to stay home and not come to work.

All patients and visitors will be screened upon entry to the facility and instructed to continue wearing their face covering or face mask, if available.

### PERSONAL PROTECTIVE EQUIPMENT
Our staff will be wearing various personal protective equipment. You may see us wearing gowns, face masks, face shields or gloves. We may require or encourage you to wear a face mask or face covering also.

### CLEANING
We are continuing our routine cleaning and disinfection procedures as these procedures are recommended for protecting patients from COVID-19.

### VISITOR RESTRICTIONS
We are restricting visitor access into our facilities. Any visitors who are essential to the care of patients will be screened for symptoms of Covid-19 prior to entry.

## What can you do to protect yourself?

- **Wash your hands often.** Avoid touching your eyes, nose or mouth.
- **Stay home if possible** when you leave or are discharged from our facility.
- **Avoid close contact.** Stay 6 feet apart in public (which is about two arm lengths) and with people who are sick.
- **Wear a face covering in public.**

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