



North Central Health Care Aquatic Therapy Center

RULES

- Physician referral is required for all pool activities.
- Showering with soap and water is required before entering the pool.
- Persons with open wounds or communicable diseases are not permitted to use the pool.
- Pollution (urinating, expectoration, or releasing other bodily fluids) of swimming pool prohibited.
- Keep locker room benches clear of personal belongings.
- Private changing rooms are available for patrons requiring additional assistance and for families with children.
- For any child over the age of 3 that is of the opposite sex of the adult, please use the private changing rooms.
- Adults who are incontinent are prohibited from the pool.
- Children that are incontinent must wear swim diaper. These are not provided.
- During physical therapy hours, physical therapy patients have priority use of the exercise equipment.
- No gum in the pool or on the pool deck.
- Be courteous of others and spend a reasonable amount of time when using popular exercise equipment.
- Be aware of splashing when other patrons are close by.
- Wearing swim shoes/sandals in locker room/on pool deck is highly recommended. Deck may be slippery.
- Bring your own towels (towels are not provided by facility).
- Follow pool schedule and/or designated appointment times as outlined by the attendance policy below.
- No diving into pool.
- No running/horseplay on pool deck.

Aquatic Therapy Center Staff reserve the right to ask anyone not obeying the rules of the pool to leave the facility.

Aquatic Therapy Center schedules can be found at [norcen.org/AquaticSchedule](https://www.norcen.org/AquaticSchedule)
[715.848.4551 | norcen.org/AquaticTherapy](https://www.norcen.org/AquaticTherapy)

