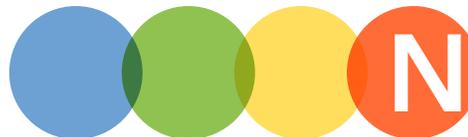




A Weekly Update
For The Employees of
North Central Health Care



"Partnering Together for Mental Health!"
- Submitted by Haley Ellenbecker



NEWS YOU CAN USE



WEEKLY CONNECTION WITH MICHAEL LOY

The First Full Week...

The first full week of the new year has truly been a full one. Earlier this week we wrapped up another round of plan review for the campus renovations beginning later this Spring. We are probably about 70% done with the design work. In about three weeks we will be much closer to a final product that we can start sharing with all of you and the broader community. Our worlds are about to change in a big way but it is clearly shaping up to be for the better.

We are going to start making some moves of people and a couple programs to make way for the first phase of construction. Our goal is to move as few residents and staff into a temporary location before moving them into their new homes. Most residents and employees will only be moving once (from their current spaces to the new spaces) but it is fair to say we all will be moving. I am really looking forward to sharing the plans soon. More to come.

Make it a great day,

Healthy Minds for Lincoln County **2**

Partnership in Action

Training Opportunities **3**

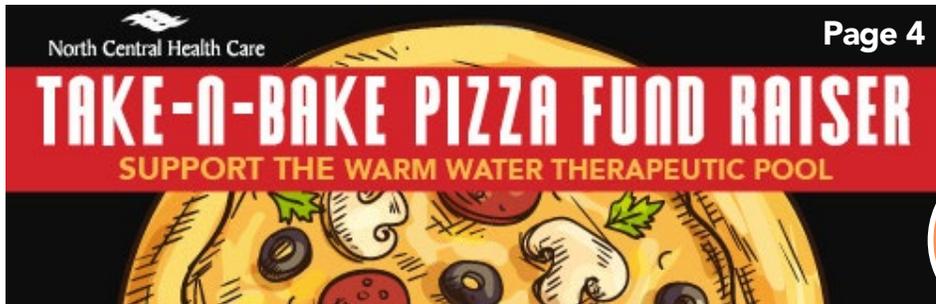
Pizza 4 the Pool! **4**

Just in Time for the Super Bowl!

Meet Our New Employees! **5**

HR Insights **6-7**

Important Tax Notices and PLT Payout Reminders



Person-Centered
Shout out

Denise Oelig, Birth to 3

Why: Denise made a sensory vest and sleeper outfit for a child we see together. She used her own resources and time to do this.

Submitted By:
Debbie Baronowski



ADMINISTRATOR ON-CALL

x4488 or 715.848.4488

In the event of Phone System Outage, reference the O:drive "On-Call Information Folder" for Schedule and Cell Phone #'s.

**Monday, Jan. 14 –
Sunday, Jan. 20**

Kim Gochanour



2019 MILEAGE RATE

News from Business Operations

The IRS has announced that the 2019 mileage rate will be 58 cents per mile. Our policy is to follow the IRS rate, therefore, effective January 1, 2019, our mileage reimbursement rate will be 58 cents per mile. This is an increase from the 2018 rate of 54.5 cents per mile. The new rate will apply to mileage incurred as of January 1, 2019 and forward.



Within each book are mental health crisis cards with local resources and hotlines.

"Partnering Together for Mental Health!"
- Submitted by Haley Ellenbecker

Pictured Left to Right – Ashley Miller-Ascension, Kristin Bath-Lincoln County Health Department, Laurie Ollhoff-T.B. Scott Library, and Haley Ellenbecker-NCHC-Community Treatment

PHOTO OF THE WEEK



HEALTHY MINDS FOR LINCOLN COUNTY DONATES BOOKS TO PUBLIC LIBRARIES



Mental Health Resources Provided in Each Book

Healthy Minds for Lincoln County is partnering with T.B. Scott Free Library and Tomahawk Public Library to offer books on social and emotional well-being. Books focus on mindfulness, nurturing child brain development, suicide prevention, adversity and resiliency. Within each book are mental health crisis cards with local resources and hotlines.

This particular project was initiated after T.B. Scott Free Library contacted Healthy Minds for book recommendations specific to suicide. An individual had come to the library seeking information on how to support a loved one who had recently attempted suicide. At that time, the library had limited books to share. Healthy Minds contacted the Tomahawk Public Library and they too had limited books on these topics.

"As our country and communities continue to grapple with mental health challenges, it's important that we are educated so that we can better support ourselves and our loved ones," says Kristin Bath, Public Health Educator for the Lincoln County Health Department. "We know that asking for help can be difficult, especially with the stigma associated around mental illness. Making sure our libraries have books available to support individuals, at the time it is needed, is a step in the right direction."

Healthy Minds hopes to expand books that they provide to libraries in the future to include children's books, as well as other topics. Books provided to the libraries were recommended by mental health professionals that are part of the Healthy Minds for Lincoln County partnership. A special thank you to Ascension Good Samaritan Hospital who made this project possible through financial contributions.

If you would like more information on Healthy Minds for Lincoln County or would like to get involved, contact Kristin Bath, Lincoln County Health Department at 715-539-1373 or kbath@co.lincoln.wi.us or Debbie Moellendorf, UW-Extension Lincoln County at 715-539-1077 or deborah.moellendorf@ces.uwex.edu.

Submit A Great Photo From Your Week!

Submit your photo and description to: Email: jmeadows@norcen.org or Text: 715.370.1547. Please indicate Photo of the Week and include your name, who/what/where of the photo and why you are submitting. **Please remember!** To protect the privacy of our patients, clients and residents, photos are not to be taken of any of those we serve without written permission.



All across Wisconsin, childhood adversity is hiding in plain sight.

About Wisconsin ACE Interface trainings

Our volunteer trainers teach schools, health systems, law enforcement agencies and other community groups to identify and respond to the toxic stress of childhood adversity.

Following curriculum developed by Laura Porter, co-founder of ACE Interface, LLC, and Dr. Robert Anda, co-principal investigator of the original ACEs study*, the Wisconsin ACE Interface is geared toward building self-healing communities.

Wisconsin ACE Interface mission:

Promote awareness of ACEs throughout Wisconsin; to create a shift in perspective in how we view health and social issues and; to inspire a new approach to building healthy and resilient communities.



To learn more: Visit SaintA.org/WIACEInterface or contact Sara Daniel, Director of SaintA Clinical Services, at 414.465.5711.

*ACEs study: Kaiser Permanente Southern California and Centers for Disease Control and Prevention. Robert F. Anda, MD, MS and Vincent Felitti, MD.

UPCOMING TRAININGS:
 January 29, 2019 | 4-6pm
 March 13, 2019 | 4-6pm
 June 6, 2019 | 4-6pm

All trainings will be hosted at the Wausau Police Department Community Room.

Anyone is welcome to attend!

RSVP required [HERE](#) or call 715-261-1926

The Wisconsin ACE Interface curriculum provides communities with an introduction to adverse childhood experiences (ACEs) and brain development. Trainers from nearly 30 Wisconsin child welfare, human service and other agencies volunteer their time and resources to facilitate the first step in the creation of self-healing communities.



RSVP at <https://bit.ly/2F7VEnp>



YMCA EXPANSION & MODERNIZATION

The Woodson YMCA 4 phase project will include:

- **The Landing**, a new older adult activity center funded by the Dwight and Linda Davis Foundation
- Expanded programming and social activities for age 55+
- New field house, walking track, and pickleball gym
- New state-of-the-art gymnastics area
- Expanded infant and child care facilities
- New age 55+ wellness center
- Universal Locker Rooms
- Increased parking and social engagement areas, as well as other improvements to the existing facility.



JOIN THE CONVERSATION

Becky Zelent, Active Older Adults Director with the YMCA will be sharing about the changes coming to the YMCA, which includes intentional programming for older adults and an older adult activity center.

January 17, 2019 10:00 am to 11:30 am

Aging & Disability Resource Center of Central WI
2600 Stewart Avenue, Wausau

Presented by Partnership for Healthy Aging and part of the Building Momentum series, designed to inspire and engage community members around healthy aging in Marathon County. For more information, please contact Amanda.Ostrowski@co.marathon.wi.us.



Join the Conversation!

Learn about the exciting expansion and modernization changes happening with the Woodson YMCA 4 phase project. Including the addition of The Landing, a new older adult activity center funded by the Dwight and Linda Davis Foundation.

Guest Speaker: Becky Zelent, Active Older Adults Director, YMCA

Becky will be sharing about the changes coming to the YMCA, which includes intentional programming for older adults and an older adult activity center.

Presented by the Partnership for Healthy Aging (PHA) and part of the Building Momentum series, designed to inspire and engage community members around healthy aging in Marathon County. For more information, please contact Amanda.Ostrowski@co.marathon.wi.us.

WINDOWS 10 TRAINING CLASS TIME CHANGE

February 21 Class

The Windows 10 class on February 21 at 9:00 am will be moving to the afternoon at 1pm. Employees who are attending the 9 am class should note the time change.

Human Trafficking Informational Session

For NCHC & Marathon County Health Department Staff



January 16, 2019 • 1:00 - 2:30 PM

North Central Health Care Theater
1100 Lake View Drive, Wausau

Presenters:

Officer Sarah D'Acquisto
Wausau Police Department

Brenda Bayer
Human Trafficking Advocate
The Women's Community



Presented by



Victims of modern slavery are exploited in every region of the world, compelled into service for labor or commercial sex in the real world of industry and on the pages of the Internet.

In the fight against human trafficking, partnerships are critical between law enforcement, service providers, and other key actors within communities. Receive current information about what's happening locally, prevention efforts and how you can help.



For more info about this session, please call 715.261.1902 or email Eileen.eckardt@co.marathon.wi.us



Marathon County Crime Stoppers Inc.

Click [here](#) for this week's Crime of the Week.

<http://marathoncounty.crimestopper-web.com/crimeoftheweek.aspx>

WINDOWS 10 TRAINING CLASS TIME CHANGE

February 21 Class

The Windows 10 class on February 21 at 9:00 am will be moving to the afternoon at 1pm. Employees who are attending the 9 am class should note the time change.

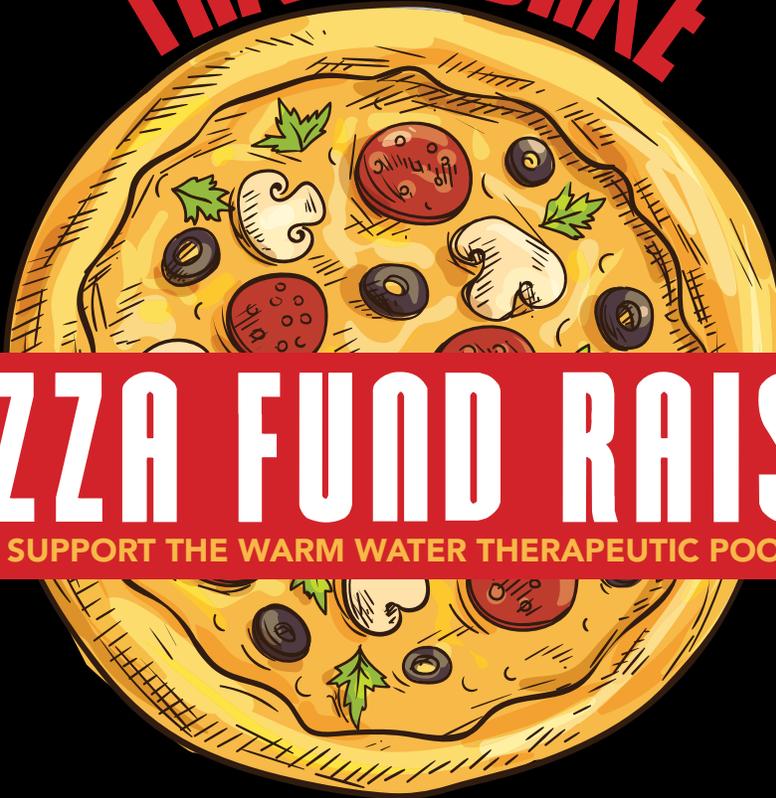


NEWS, UPDATES, LINKS, STORIES, PHOTOS, VIDEOS!
GET SOCIAL! #IamNCHC



North Central Health Care

TAKE-N-BAKE



PIZZA FUND RAISER

SUPPORT THE WARM WATER THERAPEUTIC POOL!

16" NCHC Homemade Take-N-Bake Pizza just in time for the Super Bowl!

Order January 11 – 18, 2019

Order in Cafeteria, Pool or Online at
bit.ly/Pizza4Pool

Cheese \$15 • Meat \$17 • Deluxe \$19

No special requests for toppings.

Pick-Up on Wednesday, Jan 30th

Pool: 1:30 – 3:30 pm or NCHC Cafeteria: 3:30 – 5:30 pm

Pick-Up on Thursday, Jan 31st

NCHC Cafeteria: 3:30 – 5:30 pm

No Prepayments Accepted. Pay at pick-up only.

Pizzas will be frozen for pick-up.*

NEW PAYMENT OPTIONS!



*Pool Pick-up requires payment of Cash or Check to NCHC.

Cafeteria Pick-up may pay by Cash/Check or QuickCharge/Credit Card.

If you wish to pay by QuickCharge or Credit Card, you must pick-up in Cafeteria ONLY.

Merrill and Antigo Center Ordering and Delivery

We will be providing a special delivery to both the Antigo and Merrill Centers for any employees interested in purchasing Pizza 4 the Pool. Delivery will be coming with the Courier driver on Friday, Feb 1. Payment at time of delivery to Courier. Please use these below links for ordering for Antigo and Merrill Centers.

Antigo Center Ordering: <https://bit.ly/2smuBfG> **Merrill Center Ordering:** <https://bit.ly/2H7BNXw>



WELCOME THESE NEW EMPLOYEES TO THE TEAM!



From left to right:

- Daniel Hixon Jr.** – Housekeeping Aide
- Evan Cass** – Residential Care Assistant – Bissell Street
- Katie Kuklinski-Van Heest** – CNA – Gardenside Crossing
- Royce Tiller** – Cook
- Pang-Nyia Thao** – Dietary Aide
- Deveney Eckardt** – CNA – Gardenside Crossing
- Shana Thome** – Registered Nurse

- Christy Vachavake** – Crisis Professional
- April Coey** – Registered Nurse
- Janelle Krueger** – Case Manager
- Sabrina Strasser** – Residential Care Assistant – Heather Street
- Emma Bunkelman** – CNA – Evergreen Place
- Dr. Leandrea Lamberton** – Psychiatrist
- Tanya Grawien** – Registered Nurse



David Canny – Hospitality Assistant – Lakeview Heights

**THURSDAY
JANUARY 17, 2019**

NACHOS DAY

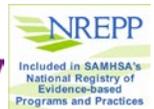
\$5

NACHO BAR, COOKIE, AND SODA SALE

Proceeds benefit the Walk to End Alzheimer's and Legacies Activities

10:30-1:00 pm - Link Hallway Main Staff Lounge
3-4:30 pm - Mount View Care Center First Floor Activities Room

NAMI Family-to-Family
National Alliance on Mental Illness



What is NAMI's Family-to-Family Education Program?

NAMI Family-to-Family is for families, caregivers and friends of individuals with mental illness. The course is designed to facilitate a better understanding of mental illness, increase coping skills, and empower participants to become advocates for their family members. The course consists of 12 two-and-a-half hour sessions. Trained family members teach the course who know what it is like to have a loved one living with mental illness. The Family-to-Family Program is offered at no cost to the participants.

NAMI Northwoods will offer its NAMI Family-to-Family Education Program beginning Tuesday February 5, 2019. The class will be held from 6:00 – 8:30 at Grace United Church, 535 S 3rd Ave. Wausau, WI. Must be committed to attend 10 out of 12 sessions. Registration due by January 31, 2019.



"This course overall was the single most, without a doubt, helpful and informative thing ever offered in all my years searching for answers... It has helped me to understand better and communicate more effectively with my brother."



Northwoods

Register online at Naminorthwoods.org

email nami.northwoods@gmail.com
or call 715-432-0180

About NAMI Affiliates
NAMI Northwoods and dedicated volunteers, members and leaders work tirelessly to raise awareness and provide essential education, advocacy and support group programs for people in our community living with mental illness and their loved ones.



tidbits on benefits

WELLNESS CORNER

By Sherry Gatewood, PA

Do You or Someone You Know Have Diabetes?

Diabetes is a condition in which the pancreas does not produce enough insulin or the body's cells are resistant to the insulin that is made. This condition results in elevated blood sugar, which can affect the body's function. Other defects of the body regarding diabetes is that the liver is making too much sugar, the kidneys are not correctly disposing of excess sugar and the brain is not telling the stomach when it is full. Any of these mechanisms results in a high amount of glucose or sugar in the blood. Glucose is a necessary form of energy that the body needs to work properly. Food or drinks, activity levels, rest and stress affect blood sugar levels. Insulin acts as a key to unlock the door of different cells to allow the glucose in to use or store for energy. If your body is not making enough or the cells do not recognize the insulin, over time, the sugar imbalance can affect the eyes, heart, kidneys, weight and feet.



Sherry Gatewood

Since Diabetes affects so many parts of the body, management is crucial. It is very important to ensure that one is educated on what diabetes is and how the disease is managed. Anyone with diabetes should go through a diabetes education course that includes steps on how to check their blood sugar, provide recommendations for a proper diabetic diet, how to use the prescribed medications, or if possible, manage with diet and exercise. The in-depth classes will also include how to do proper foot examinations and overall self-care related to diabetes. People with diabetes should see their medical provider at least every 6 months and an optometrist once a year. It is important to control blood pressure with a goal of 130/80 or less according to the new American Heart Association guidelines. Cholesterol shall be screened and managed to keep LDL, the bad cholesterol, below 100. The risk for heart disease is increased in diabetics, so it is important to monitor and maintain a good blood pressure and cholesterol. Depending on their overall control of diabetes, some require more frequent visits. All of these items are discussed when seeing your medical provider for diabetes care.

There are more than 30.3 million people in the United States with diabetes. The symptoms often include frequent urination, always hungry and always thirsty. There are about 7.2 million people undiagnosed in the U.S. Many do not have any symptoms. Screening shall be performed annually on persons with a family history of diabetes, diabetes during pregnancy, those who have high blood pressure or high cholesterol, and those aged 40-70 with a body mass index more than 25. Screenings may be conducted by a simple blood test in the clinic. The Employee Health and Wellness Center can assist with screening and chronic condition support to ensure that diabetes and other conditions are controlled.

EMPLOYEE HEALTH & WELLNESS CENTER

1100 Lakeview Drive, Wausau, WI
North Central Health Care Campus
Door 25

Schedule an Appointment:
715.843.1256 or MyAspirus.org

Clinic Hours

Monday - Wednesday - Friday: 8:00 am - 4:30 pm
Tuesday: 6:30 am - 3:00 pm
Thursday: 10:00 am - 6:30 pm



HR insights

Position Posting

Title: **Respiratory Therapist Manager**

Status: Full Time

Location: Mount View Care Center

Apply Online: <https://bit.ly/25Q43Pw>

Respiratory Therapist Manager involves the delivery and supervision of resident care on the ventilator unit in a skilled nursing home facility under the direction of the Director of Nursing. The employee performs the full scope of professional respiratory care functions within the parameters of professional licensure and standards of practice. The RT will be part of the interdisciplinary team which includes nursing, activities, dietary, pharmacy, medical services and social services. The RT will provide respiratory and cardiopulmonary monitoring, diagnostics and therapy services under medical direction to residents. Will provide education to residents and their families regarding respiratory disease and physiology. Will promote resident centered care that incorporates the resident's preferences into the plan of care. In addition, this individual will work closely with the Team Manager to organize and supervise care on the unit.

REMINDERS FROM HUMAN RESOURCES

PLT Payout and Pay Stub Review

The PLT Payout will be paid on the pay check dated next Friday, January 18. Please remember as you review this paystub, to make sure that their benefit deductions are accurate and your address is correct. Thank you!



Refer and earn a \$500 Referral BONUS!!



ATTENTION EMPLOYEES: THERE HAS BEEN AN IMPORTANT CHANGE REGARDING THE 1095 FORM(S) AND YOUR TAX FILINGS

On November 29, 2018, the IRS released Notice 2018-94, which provides an automatic extension to all employers on furnishing these forms to you. The deadline for these forms to be furnished to you is now **MARCH 4, 2019**.

YOU WILL BE ABLE TO COMPLETE AND FILE YOUR TAXES WITHOUT YOUR 1095 FORM(S) OR PROOF OF MEDICAL INSURANCE COVERAGE! YOU WILL NOT NEED TO AMEND YOUR FILINGS UPON RECEIPT OF YOUR 1095 FORM(S)!

Just like last year, your 1040 Tax Form for 2018 will ask if you had medical insurance coverage for all 12 months. Although the 1095 form(s) are not needed to complete your taxes for 2018; employers and insurance providers are required to furnish these forms to their employees.

ADDITIONAL INFORMATION AND SAMPLES:

You will be receiving these forms because in 2014, the Affordable Care Act began requiring all Americans, with few exceptions, to have health insurance or pay a penalty of the greater of 2.5% of your household income or \$695.00 per person (\$347.50 per child under 18). The maximum penalty per family is \$2,085. The Affordable Care Act also requires that all employers who have more than 50 full time employees, offer coverage to their full-time employees.

In 2019, the IRS is requiring that each employer with over 50 full time employees report to the IRS the coverage they offered to their full time employees in 2018. Eligible employees will receive a form called a 1095-C. As a self-insured health insurance plan, your employer is required to disclose the offer of coverage in Parts I, II, and III of the 1095-C form. The form will look like this:

b00115

Form **1095-C** **Employer-Provided Health Insurance Offer and Coverage** OMB No. 1545-0047
 Department of the Treasury **2018**
 Internal Revenue Service Do not attach to your tax return. Keep for your records.
 Go to www.irs.gov/Form1095C for instructions and the latest information.

Part I Employee VOID CORRECTED

Applicable Large Employer Member (Employee)

1 Name of employee (last name, middle initial, first name) 2 Social security number (SSN) 7 Name of employer 8 Employer identification number (EIN)
 3 Street address (including apartment no.) 9 Street address (including room or suite no.) 10 Contact telephone number
 4 City or town 5 State or province 6 Country and ZIP or foreign postal code 11 City or town 12 State or province 13 Country and ZIP or foreign postal code

Part II Employee Offer of Coverage Plan Start Month (enter 2-digit number):

At 12 Months	Jan	Feb	Mar	Apr	May	June	July	Aug	Sept	Oct	Nov	Dec
14 Offer of Coverage (enter request code)												
15 Employee Requested Contribution (ask manufacturer)	\$	\$	\$	\$	\$	\$	\$	\$	\$	\$	\$	\$
16 Section 10921 (State Market and Other codes) (enter code if applicable)												

Part III Covered Individuals If Employer provided self-insured coverage, check the box and enter the information for each individual enrolled in coverage, including the employee.

(a) Name of covered individual(s) First name, middle initial, last name	(b) EIN or other TIN	(c) COB (if SSN or other TIN is not available)	(d) Covered all 12 months	(e) Months of Coverage											
				Jan	Feb	Mar	Apr	May	June	July	Aug	Sept	Oct	Nov	Dec
17			<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
18			<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
19			<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
20			<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
21			<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
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For Privacy Act and Paperwork Reduction Act Notice, see separate instructions. Cat No. 60705M Form **1095-C** (2018)

If you accepted the health insurance offered by your employer, Part III of the 1095-C form will disclose the coverage you took and who was covered under your plan, month by month.

Q. Does this mean I can file my taxes without my 1095 form?

A. While information on these forms may assist in preparing a return, the forms are not required to file your taxes. You can prepare and file your returns using other information about your health coverage.

Q. Will I receive a 1095 form(s)?

A. If you are supposed to receive a form but do not receive your form by March 18, 2019, please contact your Human Resources department.

Q. Do I need to keep my 1095 form(s)?

A. Please keep these forms with your other tax records as these forms are important tax documents.

Q. What do the codes on Line 14 mean?

A. The codes listed on line 14 describe the coverage that your employer offered to you and if it was offered to your spouse and dependent(s), if any. These codes were provided to your employer by the IRS, and you will receive a copy of the codes with your form.

Q. Why is the amount on Line 15 of the 1095-C form different than the amount I pay for health insurance?

A. Although you may pay more than the amount listed on Line 15, the IRS requires that the employer put the premium an individual would pay for the lowest cost plan for single coverage only. This is how the IRS determines if the plan was affordable.

Q. What do the codes on Line 16 mean?

A. The codes listed on line 16 describe your employment and health insurance enrollment status. These codes were also provided by the IRS, and you will receive a copy of the codes with your form.

Q. Will my dependents receive a 1095-B form if they were covered on my insurance?

A. No, since your employer is self-insured, Part III of the form will list each month you and your dependent(s) were enrolled in coverage for at least **one day**.

Q. What if I had coverage through somewhere other than my employer?

A. If you were full-time and benefit eligible then you will still receive a 1095-C form that will provide information on the offer of coverage made to you by your employer. However, if you were not covered by your employer's plan you will need to request a copy of the 1095-B or 1095-C form from the person covering you on their insurance. If you took coverage through the federal or state Healthcare Marketplace you will receive a 1095-A form.

Q. Will I get a form if I did not take any coverage?

A. If you were full-time and benefit eligible then you will still receive a 1095-C form that will provide the information on the offer of coverage made to you by your employer. You will still need this form even if you had coverage elsewhere or did not have any coverage at all. However, you will not receive a 1095-B form.

Q. What if I do not receive a 1095-C form?

A. You will only receive a 1095-C form if you are a full time employee and completed your waiting period for benefits. If you are a part time or variable hour employee, you will not receive a 1095-C form unless you had medical coverage with your employer. If you were on COBRA or Retiree continuation coverage in 2018, you will receive a form. If you should have received a 1095-C form and did not, then please contact your Human Resources department.

Q. What action do I need to take?

A. The IRS will be receiving a copy of your forms by March 31, 2019. It is imperative that you review the forms for any errors. If a Social Security Number or Tax Identification Number is missing or incorrect, please let your HR Department know immediately. This may affect the IRS' ability to confirm you and your family had coverage.



WHAT'S 4 LUNCH?

WAUSAU CAMPUS CAFETERIA

Cafeteria Hours: Open 7am – 5:30 pm
A Cashier is on duty from 9:00am – 10:00am , 10:30am – 1:30pm.
When a cashier is off duty, an honor system is used for food purchases.

Serving Soup, Salad and Lunch Entrée Option Monday – Friday.
All hot sandwiches, hot foods and cold bar items are \$.35/ounce.

Soup: \$1.25 Cup | \$2.00 Bowl



JANUARY 14 – 18, 2019

- MON 1/14Cheese Soup**
Grilled Beef & Cheddar
Hungarian Pork Cutlet
Egg Noodles
Rutabagas
Brownies
- TUES 1/15.....Beef Bowtie Soup**
Bacon Cheeseburger
Poor Man's Lobster
Twice Baked Mashed Potatoes
Cabbage Slaw
Lemon Poppyseed Cake
- WED 1/16Tomato Barley Soup**
Breaded Chicken Tenders
Roast Beef
Boiled Potatoes
Carrots
Cherry Delight
- THUR 1/17Chicken Dumpling Soup**
Tuna Wrap
Seasoned Chicken
Yams
Jellied Cranberries
Rainbow Cubes
- FRI 1/18Split Pea Soup**
Baked Ham on Kaiser
Beef Shred & Gravy
Mashed Potatoes
Sour Cream Fruit Salad
Reese's Peanut Butter Cookie

Got Junk Lights?



HOLIDAY LIGHT RECYCLING

to benefit Habitat for Humanity!



Bring in your old, junky, burnt out strings of lights. Habitat for Humanity of Wausau will recycle the materials and use the proceeds to benefit our local Habitat for Humanity efforts here in Central Wisconsin.

It's a WIN WIN!



Marathon County Employees Credit Union

IF YOU ARE **SHORT ON CASH,** WE CAN HELP

We have loan options that can help you avoid unscrupulous lenders.

Proudly serving Health Care Center Employees & their Families since 1965

Already a member: Thank you
Not a member: Contact us today!

Apply online at www.mcecu.org
715 261-7680 • cuteller@co.marathon.wi.us
400 East Thomas Street • Wausau, WI 54403