Wausau Campus Renovation Plan

Next week, we will begin rolling out the schematic (preliminary programming design) of our Wausau campus renovations to staff and our community. Don’t miss Employee Updates. NCHC has not received any major renovation to our campus since the early 1980s when Mount View Care Center was built. Our current renovation plans must address a number of needs. Thus far we have balanced a number of commitments promised to the County Board in 2018 and new ones. We are getting closer to building our future campus. With any project like this, there will be a lot of people who will like the plans and some who don’t like where we are going. There are a lot of stakeholders in a project this large and we try to encompass meeting the needs of as many of these stakeholders as possible, knowing it can’t be 100%. It is the diversity of thought and opinion is good and is what will ultimately help us shape our project into the very best it can be.

Recently, there have been some concerns expressed from some individuals from the Wausau neighborhood we live in. It’s early in the process, and often it is the fear of the unknown. I am confident we can work through this and I’ve long expected to experience some concern, because it is change. The reality of change is it does not impact everyone equally. As we go through the final phases of design it is important to keep the broad view of all we are trying to accomplish in the project, especially for the people we serve. The design process has been one gigantic puzzle where each piece really ended up where it fits into the bigger picture. We’ve gone through at least a dozen versions to get where we are. Where we sit is a place I feel really good about. Based on input we receive, I anticipate some modifications to what you will see next week. Remember, as one piece moves it has an impact on a host of all sorts of other variables. Some suggestions will be more difficult than others to accommodate. At the end of the day, we will work very hard to get the best project possible, given all factors and all stakeholders.

Now is the time to get out our plan into the public forum. To get feedback, to make final tweaks, and get to the very best final design. I look forward to the communications starting next week.

Make it a great day,

Michael Loy

ADMINISTRATOR ON-CALL
x4488 or 715.848.4488

In the event of Phone System Outage, reference the O:drive “On-Call Information Folder” for Schedule and Cell Phone #s.

Monday, March 11 – Sunday, March 24

Kim Gochanour
PHOTO OF THE WEEK

COMMITMENT TO CONTINUOUS IMPROVEMENT & PARTNERSHIP
Looks like Alvin NCHC Therapy Dog has the officers trained at the Wausau Police Department. The whole department attended training sessions on addiction, mental health, and community resources presented by North Central Health Care team members Daniel Shine (Lakeside Recovery Manager and Clinical Substance Abuse Counselor), Dr. Jonathon Snider (In-Patient Psychologist at NCHC), and Bob Wilcox (NCHC Crisis Intervention Coordinator). Their goal is to raise awareness of these critical issues in our community. Great job team! Thank you to our local law enforcement for their commitment to learning and partnership!

“Commitment to Continuous Improvement and Partnership”
– Submitted by Alvin, NCHC Therapy Dog

MARK YOUR CALENDARS!
EMPLOYEE UPDATES BEGIN MONDAY, MARCH 18

2019 – 1ST QUARTER EMPLOYEE UPDATES
All employees should make arrangements to attend one of the following sessions.

MON, MAR 18  WAUSAU CAMPUS
3:30 pm Theater
9:00 pm MVCC 1st Flr. Dining Room

TUES, MAR 19  WAUSAU CAMPUS
3:30 pm Theater

WEDS, MAR 20  WAUSAU CAMPUS
6:15 am Theater
MERRILL CENTER
12:00 pm

MON, MAR 25  WAUSAU CAMPUS
12:00 Noon Theater
ANTIGO CENTER
3:00 pm

BE SURE TO REGISTER IN HEALTHSTREAM

ANTIGO HIGH SCHOOL TEEN HEALTH FAIR
Over 400 Students in Attendance

The Antigo Teen Health Fair was held this week at Antigo High School. The event goal is to encourage adolescents to develop healthy lifestyles and provide resources on how to cope with health and social problems through an awareness of community resources. The Teen Fair took place during the school day and the student body came to the field house at scheduled times throughout the day. The Langlade County Youth CCS team of Brook Kickhaver, Tom Marquardt and Jill Mattel-Nelson represented NCHC at the event. Approximately 400 students were in attendance. Great work team!
PLANT SALE
HANGING BASKETS & PATIO PLANTERS

PROCEEDS TO BENEFIT “ALVIN”
The NCHC Behavioral Health Therapy Dog

ORDER: March 25–29 & April 1–5
Monday – Friday ~ 9:00 am–1:00 pm
Wausau Campus Cafeteria

Pre-paid orders only please.
To purchase flowers outside of that time please contact Volunteer Services at 715.848.4450 or stop by the Volunteer office to order.

Delivery/Pick-up:
Wednesday, May 8
Volunteer Services will deliver within the Wausau Campus. All others can pick-up after 11:00 am on May 8 at the Volunteer Services Office.

Proceeds will benefit Alvin’s care and will go directly toward supporting needs such as veterinary visits, food, bedding and hygiene products like shampoo and oral care.

*Colors may vary.

Fill this out for a chance to win a gift certificate for the next book fair:

Name:

Personal Email:

Or Address:

Update me about future public book fairs in this area?????? (This will only be sent two/three times each year).

_____ Yes or _____ No
SAFETY SNIP-ITS

Refreeze Alert

The warming temperatures the past few days have assisted in thawing snow and ice from around many of the NCHC buildings at all locations. However, the excessive runoff of water from the large snow piles will create hazards on and around the lots and walkways as cooler air moves in tonight and tomorrow morning.

Refreeze causes increased risk of slip/fall injuries due to the consistency of the ice (thinner and slippery) than during consent cold winter days. To avoid the hazards of refreeze, be alert in the following area(s)

- On a sidewalk where the snow is close to the edge;
- Where a roof drains and discharges onto a walkway;
- Near a pile of snow or where the runoff flows;
- Near curbs/gutters; and where there are water puddles in parking lots or on sidewalks.

Be careful and be safe!

NCHC WAUSAU CAMPUS WALKING PATHS CLOSED

Due to our changing weather conditions and melting snow, ice build-up and standing water, the NCHC Wausau Campus Walking Paths on the 17-acre Campus will be closed until conditions improve and are safe for foot traffic. The safety of those who use these paths, our community members, clients, residents and employees, is our top priority. Any programs who use the paths outside are asked to find alternate activities for those we serve. Barricades have been placed by our Maintenance Teams to alert those coming in from off-campus. Please watch for updates as warmer weather approaches.

MATRIX CARE IMPLEMENTATION

Electronic Health Records Update at MVCC

Mount View Care Center is in the process of transitioning to a new electronic medical records system called MatrixCare.

Changing to MatrixCare allows NCHC to:

- Improve employee experience due to improved EHR technology, usability, and stability
- Recognize a reduction in paper charting and printing
- Transition paper order entry processes into more efficient electronic workflows
- Leverage vendor-provided analytical reporting tools
- Reduce potential for double-billing, duplicate claims, and write-offs

In preparation for the MatrixCare implementation, on Monday, March 18 CCIT will be pushing two new MatrixCare icons to ALL computer desktops at NCHC. Computers will require a restart for the following icons to appear:

Once these desktop icons are clicked, users are taken to a login screen for the web-based application. Current MatrixCare users select the MatrixCare SNF icon. If you do not access MatrixCare as part of your work responsibilities, you may ignore these icons.

If you have any questions, please contact the HelpDesk at x6710 or 715.261.6710.

MOSINEE COMMUNITY MENTAL HEALTH NIGHT

Carrie Paisar Represents NCHC at Community Event

On March 7, Mosinee held a community event to talk about mental health. Open to the public, Carrie Paisar, Outpatient Services Therapist talked to community members about mental illness and opportunities in our community to receive help. She also shared resources and brochures for several of our programs and services. Great work Carrie! Thank you for taking time to connect with our community!

NEWS, UPDATES, LINKS, STORIES, PHOTOS, VIDEOS!

GET SOCIAL! #IamNCHC

www.norcen.org • Lives Enriched & Fulfilled.

Person centered. Outcome focused.
Position Posting

Title: Registered Nurse, BHS
Status: Full Time
Location: BHS & Crisis Services
Apply Online: http://bit.ly/2UDYwg3

Professional nursing work involving the delivery and supervision of patient care under the direction of the Nurse Manager. The employee performs the full scope of professional nursing functions within the parameters of professional licensure and standards of practice.

Education & Experience Requirement
Requirements
RN registration as required by the Wisconsin State Board of Nursing.
Certified in CPR.
Preferred:
Certification in psychiatric nursing.

Anniversary Open House

Come and tour your Employee Health & Wellness Center!

April 3, 2019

All North Central Health Care employees and their families are welcome to come and check out your clinic.

April 3, 2019  3:00pm - 5:30pm
1000 Lake View Drive, Suite 200
Wausau, WI 54403

Register for prizes, meet the staff and learn about the convenient care available to you.

-------

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Preferred:
Certification in psychiatric nursing.
Aspirus First Steps ACP Facilitator Training

Honoring Choices: Advance Care Planning

Tuesday, April 2nd, 2019
9 am – 3 pm
Aspirus Wausau Hospital Medallion Room B

How to get started:

- Sign Up
- Complete the on-line modules

To register, please RSVP: 715.847.2000 Extension 51978 or heidi.kraege@aspirus.org

Lunch will be served—Dessert too!

From Our Partners at the ADRC:

> **Objectives**
> - Connect Medicare recipients to on-line tools already available to them
> - Educate and empower recipients to independently utilize the Medicare Planfinder
> - Provide FREE unbiased information to promote educated decisions

> **2019 Medicare Open Enrollment**
>  
> **Dates to be confirmed. Watch for updates!**

**Save the Date!**

October 15 through December 7

Coverage begins January 1, 2020

**New in 2019!**

The Benefit Specialists from the ADRC-CW are offering a computer lab for Medicare recipients. We will provide a computer lab and walk you through the Medicare Planfinder. The goal is to empower Medicare recipients to gain the confidence to make their own enrollment options for Medicare Part D.

**Womens Self-Defense Seminar**

Saturday March 30th, 10am - 2:30 pm

AT THE YWCA IN WAUSAU SPACE IS LIMITED! - $40
2 for $70 (due until March 9, 2019)
CALL: 715 - 831 - 1919

LEARN TO DEFEND YOUR BODY,
IDENTIFY AND AVOID POTENTIAL TROUBLE,
GAIN SKILLS LEADING TO GREATER CONFIDENCE!
How Depressed Are They?  
Assessment of Depression and Suicidal Ideation 
FRIDAY, APRIL 5, 2019

This advanced program highlights the latest information in the diagnosis and treatment of mental disorders and the newest research areas in clinical psychiatry.

OBJECTIVES – Participants will learn how to:
1. Utilize a systemic approach to suicide assessment
2. Understand and describe the roadblocks to uncovering a client’s true suicidal intent and his or her method of choice for suicide
3. Describe and utilize seven validity techniques for uncovering both suicidal ideation and the types of sensitive and taboo topics that trigger such ideation
4. Flexibly and sensitively utilize those validity techniques for eliciting suicidal ideation using the CASE Approach, with an emphasis on spotting clients with immediate and imminent risk of suicide

MORNING SESSION:
Featuring Dr. Shawn Shea  
Author of The Practical Art of Suicide Assessment
The Delicate Art of Uncovering Suicidal Ideation and Intent:  
The Chronological Assessment of Suicide Events  
(CASE Approach)
Dr. Shea is an internationally acclaimed workshop leader and innovator in the fields of suicide prevention, clinical interviewing, and creating resiliency having given over 850 presentations worldwide.

Who Should Attend?
This event is for psychiatrists, psychologists, residents, nurses, medical students, social workers, and other mental health professionals.

AFTERNOON SESSION
Six Speakers Cover the Following Topics:
» Zero Suicide Initiative at North Central Health Care
» Interpersonal Approach to Causality of Suicide
» EMDR Approach to Depression and Suicidal Ideation
» Coping with Suicide: How a System of Practice Could Help
» More Than Just Moody? Addressing Depression and Suicidality in Youth
» Secondary Mood Disorders

Admission $75  
(Fee waived for MCW & Aspirus Medical Students/Residents)
Includes Continental Breakfast, Lunch, Snacks and 6.5 CME Credits
We are unable to offer Vegan/Kosher/Gluten Free Options

Presented through a partnership between the Medical College of Wisconsin and North Central Health Care

Friday, April 5, 2019
8:15 am – 4:30 pm
7:30 am Check-In & Continental Breakfast
North Central Health Care, Wausau Campus Theater - 1100 Lake View Drive
REGISTER ONLINE BY MARCH 27 at www.norcen.org/CME
Questions? Contact Linda at 715.870.0906

ACCME Accreditation Statement:
The Medical College of Wisconsin is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education to physicians.
AMA Credit Designation Statement: The Medical College of Wisconsin designates this live activity a maximum of 6.5 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.
Hours of Participation: The Medical College of Wisconsin designates this activity for up to 6.5 hours of participation for continuing education for Allied Health professionals.
Psychology CE Credit Statement: The Medical College of Wisconsin is approved by the American Psychological Association to sponsor continuing education for psychologists. The Medical College of Wisconsin maintains responsibility for this program and its content.
In accordance with the ACCME policy on relevant financial disclosure, all planners were asked to reveal any relevant financial relationships. Drs. Chan, Kroll, Cipriano, and Pat LuCore (RN), have nothing to disclose.
This activity contains content or processes that may be potentially stressful.
WHAT’S 4 LUNCH?
WAUSAU CAMPUS CAFETERIA

Cafeteria Hours: Open 7am – 5:30 pm
A Cashier is on duty from 9:00am – 10:00am, 10:30am – 1:30pm.
When a cashier is off duty, an honor system is used for food purchases.

Serving Soup, Salad and Lunch Entrée Option
Monday – Friday.
All hot sandwiches, hot foods and cold bar items are $.35/ounce.
Soup: $1.25 Cup / $2.00 Bowl

MARCH 18 – 22, 2019

MON 3/18 ..... Beef Vegetable Soup
Shaved Ham on Croissant
Chicken Stew
Pastry Shell
Cottage Cheese Jello Salad
Magic Cookie Bar

TUES 3/19 ...... Turkey Pasta Soup
French Dip on Hoagie
Polish Sausage
German Potato Salad
Mixed Vegetables
Strudel Bites

WED 3/20 ...... Creamy Cabbage Soup
Fish Tacos
Country Crisp Chicken
Dressing
Creamy Cole Slaw
Apple Crisp

THUR 3/21 ...... Hobo Soup
Meatball Sub
Turkey Slice
Hollandaise Sauce
Wild Rice and Broccoli
Raspberry Applesauce Jello

FRI 3/22 ......... Campbell’s Tomato Soup
Homemade Pizza
Stuffed Salmon
Mashed Potatoes
Creamed Peas
Frosted Banana Cake

Refer and earn a $500 Referral BONUS!!

Hey, you!
NCHC employee...
Do YOU know someone
who is as awesome as YOU?
Text “Refer” to 715.598.3663 and you are eligible for a referral bonus when they join our team!
When we get your text, HR will take it from there. What are you waiting for?!

Refer and earn a $500 Referral BONUS!!

There’s Still Time to Take Advantage of Our Spring Balance Transfer Special!

It’s Spring!
START
2.99% APR FOR 12 MONTHS
when you transfer an existing balance to our credit union credit card between February 1, 2019 and April 30, 2019.

Balance transfers completed 2/1/19 through 4/30/19 will receive 2.99% APR for 12 months from the date of the first balance transfer. After the promotional time frame expires, remaining balances will migrate to the standard APR applicable on your account. APR = Annual Percentage Rate

Contact Us Today for Details!
Apply Online @ www.mcecu.org or by using the New Mobile App!

Peter.Wolf@co.marathon.wi.us
715-261-7685
400 East Thomas Street • Wausau, WI 54403