**WEEKLY CONNECTION WITH MICHAEL LOY**

Volunteers Week

Earlier this week I had the opportunity to thank our Volunteers at our annual Volunteer Breakfast which is part of our Volunteer Week recognition. I botched a good joke but recovered for a good laugh. It is always a pleasure to be with our Volunteers.

Volunteer Week occurs each year during the third week in April and gives us an opportunity to thank all of our volunteers who help keep our organization running, the people we serve safe, and provide services that otherwise would not exist without them. Here are a couple important facts about our volunteers:

- At the end of 2018 we had 223 volunteers (with 50 new volunteers just in last year)
- This group gave 11,169 hours of service which is an average of 215 hours a week or 30 ½ hours per day! This equals almost 5.5 full time staff.

Volunteering is a choice - a remarkable choice - that these exceptional individuals have made on behalf of our organization for the people we serve. If it weren’t for these caring individuals getting involved and giving their time, NCHC wouldn’t be as successful as we are at providing person centered service. Our volunteers bring such a positive energy to our organization as they lead by example — not only by helping our patients and visitors, but by motivating others to give back as well. This is an especially important example for the younger generation.

If anyone here can think of someone who might be interested in a career in health care, then volunteering at NCHC is a great way to gain life experience and insight into the work we do. Additionally, highlighting volunteer work on a job application, resume or college application looks impressive. Most of all, any volunteer will tell you that they get as much, if not more joy, when they serve.

Make it a great day,

**ADMINISTRATOR ON-CALL**

x4488 or 715.848.4488

In the event of Phone System Outage, reference the O:drive “On-Call Information Folder” for Schedule and Cell Phone #'s.

**Monday, April 22 – Sunday, April 28**

Michael Loy

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**Thank You Volunteers**

Appreciation Breakfast

**Laundry & Linen Week**

Appreciation for Our Laundry Team

**Employee Engagement**

CCS State Conference Meeting

**2019 Business Expo**

Get the Details! Join Us!

**On the Move!**

Transfers & Promotions

---

“Our Wonderful Volunteers - We Appreciate You!”

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**Person-Centered Shoutout**

Cagney Martin, Mount View Care Center

**Why:** For always looking for creative, challenging and engaging ways to teach, learn and have FUN at work!

**Submitted By:**

Jessica Meadows
Submit A Great Photo From Your Week!

Submit your photo and description to: Email: jmeadows@norcen.org or Text: 715.370.1547.
Please indicate Photo of the Week and include your name, who/what/where of the photo and why you are submitting.

THANK YOU VOLUNTEERS!

LAUNDRY WORKERS WEEK
APRIL 22–26, 2019

We Appreciate You!

NCHC Laundry Heros

North Central Health Care
Person centered. Outcome focused.
The Edgar Girls Volleyball Booster Club is partnering with North Central Health Care to raise funds to support the care of Alvin, our NCHC Therapy Dog. On May 11, Edgar High School will be hosting a 15-team volleyball tournament. 50% of the proceeds from the concession stand sales will go toward supporting Alvin, as long as NCHC staff will help volunteer to work at the concession stand for the day! It's pretty simple and no advanced experience is required. Teens and kids are welcome to help out as long as they can count change.

We are looking for volunteers from NCHC staff and family to work in 2-hour shifts helping to sell concessions at Edgar High School. We will need 3-4 volunteers per shift. Shifts will run from 7:00 am to 5:00 pm. We appreciate any and all volunteer help!

Alvin has already proven to be an important part of our NCHC Behavioral Health Team and this is a great opportunity to educate our communities on mental and behavioral health as well. Thank you for considering a volunteer spot! All volunteers will receive NCHC Shirt to wear for the event. We will contact you for shirt sizing!

Register Today at bit.ly/VolleyballINCHC

**ADVENTURE CAMP 2019**

**ANNOUNCEMENT**

**Please Mark Your Calendars**

Mount View Care Center Adventure Camp 2019 will be the week of August 5-9. Adventure Camp is an intergenerational day camp offered to children age 3 (and potty trained) through age 12.

Children need to be of relation to a staff member here at NCHC (child/grandchild/niece/nephew etc.) Any questions can be directed to Melissa Stockwell at mstockwell@norcen.org or ext. 5104.

**NOTICE: WAUSAU OUTPATIENT SERVICES**

**Security Doors Installed – Badges Required**

To increase security on the Wausau Campus in our care areas for both employees and those we serve, badge readers have been recently installed at the two doors near the reception and waiting room area in Outpatient Services, as well as the back hallway near the Dietary Office. Each door is badge-only to get in, and motion-activated to leave the area (this means it will unlock as you approach the door on the inside). All NCHC employees with a badge will have access to enter the Outpatient area.

Restroom use and Group Room use inside the Outpatient Services area on the Wausau Campus is now limited due to the security badge access door installation. Public and Outpatient Waiting Room Restroom use will now be directed to the hallways to the left and right of the Welcome Desk in the Locker Rooms. Blue directional signs now mark those restrooms. The women’s restroom is on the right near Pharmacy and Men’s is on the left near HR. Additionally, if a client or visitor needs to use a handicap-accessible restroom, please direct them to the restroom that is located near the Board Room. Blue signs have also been hung in the lobby area to assist with this wayfinding. We are aware that a changing table is only available in the Outpatient Services restrooms and are looking at installation in the restroom near the Board Room. Please watch for further updates on this. We are still working on the Group Room use procedures, so stay tuned.

Full installation of the Security Door will be finished by the Dietary Office very soon, but the doors near the Outpatient reception area are already fully operational.

Please contact your manager with any questions you may have and we will help answer questions as quickly as possible. Thank you for your patience and willingness to be flexible with these changes to make our work and service areas more secure.

**A NOTE FROM PHARMACY**

**Employees Refilling Maintenance Medications**

To improve our service to ALL the patients we serve, Pharmacy Services would like all employees to be considerate and request refills on maintenance medications at least 24 hours in advance. Maintenance medications are meds you take every day. This allows us time to process and fill these orders and allows us time to focus on the patients with immediate needs who are in our care (MVCC, BHS Inpatient, CBRF, MMT, Residential and Community Treatment). We are here to serve you and ask for your cooperation and consideration. Thank you!

If you have questions, please call the Pharmacy at x4497.
LET’S TALK EMPLOYEE ENGAGEMENT
Michelle Gleason Gives Presentation at CCS State Meeting

The Comprehensive Community Services (CCS) State Meeting was held this month. Michelle Gleason, Clinical Coordinator in Community Treatment, presented to attendees about Employee Engagement. Thank you Michelle for teaching others about a very important part of any great workplace and representing NCHC so well! Great job!

HEALTHSTREAM ALERTS
An Update from Organizational Development

Supervisors/Managers
Will receive a summary of all past due assignments for staff on the 15th of every month, at 8:00am
- Student Assignments Approaching the Due Date...........Alerts sent daily starting 2 days before due date
- Student Assignment Past Due..................................Alerts sent daily starting 1 day past due
- Student Certification Expiration Date Approaching ......Alerts sent daily starting 2 days before due date

Staff
Will receive a summary of all past due assignments for staff on the 15th of every month, at 8:00am
- Student Assignment Approaching Due Date...............Alerts sent daily starting 7 days before due date
- Certification Expiration Date Approaching...............Alerts sent daily starting 7 days before due date
- Class cancellation
- New Assignment Available........................................Included in weekly Summary only
- Student Class Reminders............................................Alerts sent daily starting 7 days before class date
- Student Moved from Waitlist to Registered...............Included in Weekly Summary only

While ideal, it is not an option to have alerts sent when a new module is assigned. Be sure to remind staff to check their “To Do” list in HealthStream weekly (or more often) to see if anything new has been assigned.

HealthStream Reminder
The following Healthstream module is coming due for ALL staff:
- NCHC Corporate Compliance: Code of Conduct Due: April 30, 2019

SAFETY SNIP-ITS
Security Guard Wausau Campus

The Wausau Campus has Per Mar Security available on Campus. They operate from 3:00 pm to 7:00 am daily – 7 days a week.

How to Reach Wausau Campus Security
Call Crisis: Non-Emergency: (715) 848-4366; x4366,
In an Emergency: (715) 848-4599; x4599

Crisis staff will be in contact with Per Mar by the use of the cell phone when they are away from the Crisis Services area.

Per Mar Shift Cell: (715) 581-8887

MEET NCHC’S NEW HIPAA SECURITY AND PRIVACY OFFICER
Ashley Downing

Employees are required to Contact for Potential Violations regarding Privacy or for Any HIPAA Questions

NCHC PRIVACY OFFICER
ASHLEY DOWNING
715.848.4473
Join us to learn about our collaborative initiative to develop and retain talent in central Wisconsin.

You are invited:

6 p.m., Thursday, May 2, 2019
Timberwolf Conference Center, Northcentral Technical College, 1000 W. Campus Dr., Wausau WI 54401
RSVP to Brian Otten: botten@wausauchamber.com by April 27, 2019

The event will include a presentation by students in the program’s spring session on their corporate innovation projects for Church Mutual Insurance Company and M3 Insurance.

A collaborative workforce development initiative of:

- Children’s Hospital of Wisconsin
- Northcentral Technical College
- Business sponsor: River Valley
- Also supported by: Northern Health Care

All Programming is Fee but registration is required! Childcare may be available, ask when you register.

Register: Call: 715-848-1457, Email: ENowicki@CHW.org, or Text: 715-937-4910

Visit us at Chw.org/community-services
Children’s Hospital of Wisconsin
705 S. 24th Ave., Suite 400
Wausau, WI 54401
715-848-1457
Hours: Monday - Friday: 8:30 am - 5 pm

WHAT WOULD YOU LIKE TO LEARN ABOUT?
- The importance of early learning
- The impact of stress on children’s development
- Strategies for developing resilience in children

LEAP – Learning Essentials about Parenting
This free class and support is for those who want to learn more about effective communication with their children. Registration and materials will be available. Call 715-848-1457.

One-To-One Parenting Sessions
Trained staff will provide ongoing support and guidance to families. Call 715-848-1457.

LENAC Start Marathon County
Join us to learn about the importance of early literacy and how to support children’s development.

Waukesha County Public Library
From 10:00 a.m. to 1:00 p.m.

Wausau City Public Library
From 10:00 a.m. to 1:00 p.m.

Thursday, June 13th, 6:30 pm

WE'RE YOU UNABLE TO ATTEND 1ST QUARTER EMPLOYEE UPDATES OR WANT TO SEE THE PRESENTATION AGAIN?
The Video Recording is Now Available Online

We want all employees to be able to attend the Employee Updates Sessions to connect with leaders, ask questions, and meet with team members you may not regularly have the opportunity to. However, we do know that there are instances in which you are just not able to make it or wish to view the presentation over again.

You can now view the 2019 1st Quarter Updates from March in full format by visiting the NCHC YouTube Channel. Check out some of the other great videos there, too!

https://youtu.be/ljzkAZOGltw

The video is also available here:
O’drive: Employee Updates folder contains the complete slide shows and videos for all Employee Update sessions.

Play and Learn Family Events:

End of School Extravaganza
Tuesday, June 11th, 6:30 pm

Fire Safety at the Library
Tuesday, June 11th, 6:30 pm

Safety at the Library
Tuesday, June 11th, 6:30 pm

Play and Learn Schedule and Locations:

Caregivers are a child’s first and most important teachers. Take this opportunity to connect with others who have young children while participating in early learning activities that enhance your child’s development and promote school readiness. All play and learn are free and open to the public, stop by at any location listed below to enjoy!

Monday

GQ Jones School
1018 S. 12th Ave., Wausau
9:00 - 10:30 am

Tuesday

Athens Community Hall
221 Carolina St., Athens
10:30 am - 12:00 pm

Kempert Park
2201 Quinnt St., Weston
10:00 - 11:30 am

Wednesday

Moses Public Library
123 Main St., Mosinee
10:00 am - 11:30 am

Village Building
105 Park St., Spencer
2nd and 4th Wednesday
10:00 - 11:30 am

Stratford Public Library
21212 School St
Stratford
10:15 am - 11:45 am

Thursday

Oak Street Park
N 2nd Ave., Edgar
10:00 am - 11:30 am

Harley Public Library
1502 Curtis Ave., Marathon
10:00 am - 11:30 am

Marathon County Public Lib
300 N. First St., Waupaca
9:30 am - 10:00 am

Friday

Marathon City Village Hall
311 Wabash St., Marathon
1st and 3rd Fridays
10:00 am - 11:30 am

Look for us on Facebook!
MOUNT VIEW CARE CENTER HOLDS FIRST CNA COMPETENCY DAY OF THE YEAR
“"I Love the 90's" Theme Highlights Partnership and Continuous Improvement

The Spring snow storm last week didn't stop any of the MVCC CNAs and Nurses from attending the first competency day of the year. The theme this year, I Love the 90s, is “da bomb” and was chosen by the CNAs. Topics include ADL coding, Speech Therapy, Core Values, Conflict Resolution, Safe Patient Handling, Pressure Injuries, Quality assurance and process improvement, CPR, Addiction and Recovery and so many more! CNAs attend this educational day as a part of their required in-service hours each year.

This event really highlights all of NCHC’s dedication to Partnership as man departments took part in presentations and sharing knowledge. Competency training is a huge part of our commitment to Continuous Improvement. What we know and how we provide care directly impacts each and every person we serve. Great job to all those who attended and presented!

MVCC staff playing charades and acting out different ADLs and how to code them!

No Better Way to Learn than to Have FUN While Doing It!
The 30th Annual Children Come First Conference
November 11 & 12, 2019
www.ccfconference.org
The largest youth and adolescent mental health conference in Wisconsin.

Drug Impairment Training for Educational Professionals

Monday, May 6 & Tuesday, May 7, 2019
8:30am - 3:30 pm
Location: North Ridge Church
1021 W McMillan St, Marshfield, WI 54449

Call for Presenters:
https://goo.gl/forms/3Zs0xbXr7PLseK0D3
Deadline May 17th
Contact Alison with questions: alison@wifamilyties.org or 262-617-6775

Hike to Fight Suicide
2019 Antigo Hike for Hope
SATURDAY, MAY 18 • LAKE PARK • ANTIGO

3 Part Workshop Series

WORKSHOP 1
Working Together Towards Understanding Addiction and Facilitating Recovery
May 16 | Wausau or May 17 | Rhinelander
8:30 am Registration | 9:00 am - 1:00 pm
Featuring Keynote Speaker Dr. David Mays
Covering the latest medical understanding of addiction: epidemiology, brain mechanisms, social neuroscience insights, and evidence for treatment.

WORKSHOP 2
Building Resilient Families and Communities: Moving Beyond Trauma/ACEs and Addiction
July 18 | Wausau or July 19 | Rhinelander

WORKSHOP 3
Taking Care of Ourselves as We Care for Others
August 15 | Wausau or August 16 | Rhinelander
$20/session (lunch included) ~ $50 for all three
To learn more and register online:

Community Partners:

NCHC IS A PROUD SPONSOR OF

The 30th Annual Children Come First Conference
November 11 - 12, 2019 • Glacial Canyon Lodge, Wisconsin Dells
www.ccfconference.org

Mona Delahousoe, Ph.D., is a nationally-licensed clinical psychologist with more than 25 years of experience caring for young children and their families. In her private practice she consults with parents, preschoolers, regular persons, and school districts in the areas of screening, assessment, intervention and support for families with young children. She is also the author of the book Social and Emotional Development in Early Intervention: A Skill Guide for Working with Children. Dr. Delahousoe believes parents and professionals gain the strongest developmental insights possible by understanding how each child’s unique individual differences can guide treatment while cultivating joy in the parent-child relationship.

David Romano works with children, adolescents and families as a social worker in Minneapolis, Minnesota, and has been a mental health advocate for the past 25 years. In his role as Active Minds organizer and advocate, he has collaborated with many organizations including the National Institute of Mental Health. David lives with depression and, in high school, experienced the dark times of self-injury and a suicide attempt. Now living in recovery, he has committed his life to helping others, especially men, know that it isn’t a weakness to ask for help. David encourages audiences to envision who they are and in support each other in eliminating the stigmas attached to mental illness.

Register Here
https://ntcforms.formstack.com/forms/ditep_northwoods_coalition_marshfield
Register by Friday, April 26, 2019

Contact Marshfield Clinic Health System • Center for Community Health Advancement, Kayleigh Mengel at 715-221-8423 or mengel.kayleigh@marshfieldclinic.org with training related questions.
Save the Date
HOPE Consortium Conference
Nicolet Technical College | Rhinelander
August 26-27, 2019

Join us for the 3rd annual HOPE Consortium Conference featuring at least 18 sessions on substance use disorder treatment and recovery with a focus on care for professionals.

Who Should Attend?
Providers | Criminal Justice
Human Services | Treatment
Community & Tribal Leaders | Prevention Professionals

Hear on a variety of topics from experts (invited) including...
• Family Circles (Bria Jedson)
• Gang Activity in the Northwoods (Chris Caeser)
• Grounding & Substance Abuse in Rural Areas (Lorie Gasser)
• Impact of Scarcity on the Brain (Tony Ingaa)
• Living on a Budget (Jean Yasser & Dr. Michael Larson)
• Mindfulness (David Nelson)
• Prescription Drug Monitoring Program (Andrea Magermans)
• Trauma and Law Enforcement (Ashley Drumler)
• Co-occurring Disorders
• Drug Trends And More!

Scholarships will be offered around May/June to individuals that work or reside in Oneida, Vilas, Forest, Price or Iron counties or Sakoapop Choopsee, Lac du Flambeau Chippewa or Forest Potawatomi Tribal Nations to cover the cost of registration valued at $50. Lunch included.

Spread the word! Registration available mid-June!

For more information, contact Danielle Luther, Project Manager, Health Care Center of Marshfield, Inc., a member of Marshfield Clinic Health System at: danielle.luther@marshfieldclinic.org or 715-387-9180.
Meet with your WDC Advisor

Have an appointment and want a retirement strategy designed just for you? The more information you share with us, the more personalized your experience can be. Please bring the following to your appointment:

- Current Wisconsin Retirement System (WRS) statement
- Social Security statement
- Other retirement account statements
- Current paycheck stub
- WDC username, password and PIN (if known)
- Please bring all of the above information for your spouse/partner (if applicable).

If You Need an Appointment ...

Schedule a consultation with a Retirement Plan Advisor or register for a group meeting by going to www.wdc457.org and click on the Schedule a Meeting tile.

Changing your payroll contribution or updating your beneficiary is easy!

Log in at www.wdc457.org or call the WDC Service Center at (877) 457-9327. Do you have questions about Wisconsin Retirement System (pension)? Please call WRS directly at (877) 533-5020.

WDC Program Meeting Schedule

<table>
<thead>
<tr>
<th>Date</th>
<th>Time</th>
<th>Topic</th>
<th>Location</th>
</tr>
</thead>
<tbody>
<tr>
<td>Tuesday, April 30th</td>
<td>12:00pm-1:00pm</td>
<td>Account Review Sessions</td>
<td>Antigo Office</td>
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<tr>
<td></td>
<td>2:00pm-5:00pm</td>
<td></td>
<td>NCHC Campus - Granite Room</td>
</tr>
<tr>
<td>Tuesday, May 28th</td>
<td>11:30am-12:30pm</td>
<td></td>
<td>Merrill Office</td>
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Go to www.wdc457.org to schedule your appointment.

Securities offered or distributed through GWFS Equities, Inc., Member FINRA/SIPC and a subsidiary of Great-West Life & Annuity Insurance Company. GWFS Equities, Inc. registered representatives may also be investment advisor representatives of GWFS Affiliates, Advised Assets Group, LLC. Representatives do not offer or provide investment, fiduciary, financial, legal or tax advice or act in a fiduciary capacity for any client unless explicitly described in writing. Retirement products and services provided by Great-West Life & Annuity Insurance Company, Corporate Headquarters: Greenwood Village, CO; Great-West Life & Annuity Insurance Company of New York, Home Office: New York, NY; and their subsidiaries and affiliates, including registered investment advisers Advised Assets Group, LLC and Great-West Capital Management, LLC.

SEMINAR FOR NCHC EMPLOYEES NEARING RETIREMENT

Wednesday, May 8, 2019 • Wausau Campus Theater

9:00 am – 12:00 noon and 1:00 pm – 4:00 pm (two separate sessions covering the same material in each)

Presented By:

Employee Trust Funds/Wisconsin Retirement System (ETF/WRS)

Social Security Administration (SSA)

Wisconsin Deferred Compensation Program (WDC) – Shawn Bresnahan

The ETF presentation will last one hour, followed by 45 minutes for both SSA and WDC. Time will be provided at the end of the presentations for questions from the attendees.
WEB RESOURCES AVAILABLE TO HELP EMPLOYEES TO REVIEW THEIR STATEMENT OF BENEFITS

NCHC Wisconsin Retirement System (WRS) Employee Statements Mailed Out This Week

ETF’s online resources are available to assist members in reviewing their Wisconsin Retirement System annual Statement of Benefits, which are being distributed this month.

http://etf.wi.gov/members/statement/index.htm

The statement is a summary of a member’s WRS pension account, including year-end balances, beneficiary designations and other important account information as of January 1, 2019. Statements are being distributed via either a member’s most recent WRS employer or mailed.

Be sure to carefully review your statement. Do you have any questions? This is also a good time to assess your financial plan. How can you grow your retirement income?

In the Statement of Benefits section of the website, you’ll find easy-to-use resources:

http://etf.wi.gov/members/statement/index.htm

- Interactive sample statements provide explanations of content and links to other information

- Frequently asked questions on how to update your name or address, change your beneficiary(ies), calculate a benefit, make additional contributions and more
  http://etf.wi.gov/faq/statement-faq.asp

- Quick links to forms, online calculators and related webinars

Need Assistance?

- Active employees (currently working for a WRS employer): If you believe your statement is incorrect, contact your employer’s payroll office.

- Inactive employees (no longer working for a WRS employer) and alternate payees: If you believe your statement is incorrect or have questions, contact us.

- Register for the webinar, Understanding Your Annual WRS Statement of Benefits

Account Contact Information

Please keep your contact information (name and mailing address) current to ensure you continue to receive important communications from ETF.

VETERANS LEARN ABOUT FREE TRANSPORTATION SERVICE

Morning Cup of Coffee

Jenny McKenzie, Transportation Manager at North Central Health Care, spoke at the Veterans Weekly Cup of Coffee group meeting at Denny’s on April 10, 2019. She talked about the DAV Transportation service for Veterans.

The DAV Van travels to all the Veterans Affairs hospitals in Wisconsin, including Madison, Milwaukee and Tomah as well as VA clinics and other medical facilities that have been approved for Veterans who need a ride. There is no cost to use the van but it is not wheelchair accessible.

The Veterans Weekly Cup-of-Coffee meets every Wednesday at Denny’s in Rothschild from 10am to 11:30am. All Veterans of any age or era are welcome. The group provides support for each other and information of interest to Veterans. Our motto is “No agenda, No questions, No affiliations. Just Veterans. Grab a chair and say hello. For more information contact Mike at 715-846-0166 or mikeheil123@gmail.com.

NORTH CENTRAL HEALTH CARE IS A PROUD EVENT PARTNER

PRESENTED BY THE GHIDORZI FOUNDATION

EVENT KICK-OFF LOCATION

Corporate Cove Tower | One Corporate Drive, Wausau, WI

Please Join Us. The Ghidorzi Green & Clean is greater Wausau’s annual community-wide cleanup to free our beautiful landscape of litter and debris. Individuals and groups of all ages and sizes can help give our community a clean start to spring. The event is a productive way to celebrate Earth Day and a healthy outdoor activity for families, friends, neighbors and coworkers. Safety green T-shirts, trash bags and gloves are provided free of charge, along with hot Starbucks coffee and refreshments to energize our efforts.

REGISTRAR ONLINE: www.ghidorzigreenandclean.com

REGISTER BY FRIDAY APRIL 19 TO GUARANTEE YOUR FREE T-SHIRT. YOU WILL BE ABLE TO SELECT US AS YOUR COMPANY/ORGANIZATION. CONTACT TAYLRE AT 715.348.1360 OR TAYLRES@GHIDORZI.COM WITH QUESTIONS.

Saturday, April 27

8 a.m. - Refreshments, check-in, live WIFC broadcast from Dave Kallaway and Karina Maria

8-45 a.m. - Deployment of volunteers

9 - 11 a.m. - Trash pick-up

11 a.m. - Event completion, volunteers depart from their cleanup site

KID FRIENDLY EVENT

KID’S T-SHIRTS

KID’S GARBAGE BAGS

KID-SAFE TRASH PICK-UP ZONES

Join the Ghidorzi Green and Clean event on Facebook to stay current with event happenings: @GhidorziCompanies

WEB RESOURCES AVAILABLE TO HELP EMPLOYEES TO REVIEW THEIR STATEMENT OF BENEFITS

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### WHAT’S 4 LUNCH?

**WAUSAU CAMPUS CAFETERIA**

Cafeteria Hours: Open 7am – 5:30 pm  
A Cashier is on duty from 9:00am – 10:00am, 10:30am – 1:30pm. When a cashier is off duty, an honor system is used for food purchases.

Serving Soup, Salad and Lunch Entrée Option  
Monday – Friday.  
All hot sandwiches, hot foods and cold bar items are $.35/ounce.  
Soup: $1.25 Cup | $2.00 Bowl

<table>
<thead>
<tr>
<th>APRIL 22 – 26, 2019</th>
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| **MON 4/22** ...... **Swedish Bean & Bacon Soup**  
Burgers & Fried Onions  
**Country BBQ Rib**  
Bakes Potato  
Lettuce with Ranch Dressing  
Brownies  |
| **TUES 4/23** ...... **Cheesy Chicken Salsa Soup**  
Grilled Ham & Cheese  
**Chicken Breast Strips**  
AuGratin Potatoes  
Wisconsin Blend  
Coconut Cream Pie  |
| **WED 4/24** ...... **Hearty Beef Soup**  
Chicken & Cheese Quesadilla  
**Breaded Pork Cutlet**  
Mini Dumplings  
Sauerkraut  
Fruit Turnover  |
| **THUR 4/25** ...... **Creamy Vegetable Soup**  
Baked Potato Half & Toppings  
**Roast Beef**  
Mashed Potatoes  
Carrots  
Monster Cookie  |
| **FRI 4/26** .......... **Cream of Broccoli Soup**  
Grilled Tuna Melt  
**Ravioli**  
Garlic Bread  
Corn  
Mango  |

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**PRICE INCREASES IN WAUSAU CAMPUS CAFETERIA**  
Beginning May 1, 2019

Due to market price increases we need to make some price increases in the Wausau Campus Cafeteria. Starting May 1, 2019 increases will be as follows:

Cookies ..................................... $0.50  
Milk .......................................... $0.50  
Juice ........................................ $0.50  
Dressing packets....................... $0.30  
Cup of soup .............................. $1.50  
Bowl of soup .............................. $2.25