There is Still Sun After a Week of Rain!

WEEKLY CONNECTION WITH MICHAEL LOY

Housekeeping Rocks!

This week is Housekeeping Appreciation Week. If you haven’t thanked our Housekeeping Team yet this week, please make sure to thank them for all their efforts. This week we honor the efforts and dedication of professionals who maintain a clean, safe and healthy environment for everyone, but especially our patients and residents. Too often Housekeepers’ efforts go unnoticed or are taken for granted. The quickest way for our patients and staff to be at risk of harm is for the quality of our housekeeping to go down. The great thing about NCHC is that we have an outstanding housekeeping team. Matter of fact, one of our Housekeepers is our September Employee of the Month. (Stay tuned for announcements to find out who!) While the quality of our housekeeping is great, what is even better is how our housekeepers are friendly, kind and patient-centered. We see their smiles most often in the halls, and they go above and beyond in doing the “little” things for our patients and residents. Some leave candy on our staff’s desk to brighten up someone’s day and they all take tremendous pride in their work. It’s excellent work! Their work does not go unnoticed by me, to have buildings over 35 years old look this good is no ordinary feat.

Thank you all for making NCHC a great place to work and receive care.

Make it a great day,

Michaelyn

ADMINISTRATOR ON-CALL

x4488 or 715.848.4488

In the event of Phone System Outage, reference the O:drive “On-Call Information Folder” for Schedule and Cell Phone IPs.

Kim Gochanour

Issue 35 • September 13 – 19, 2019

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Submit A Great Photo From Your Week!
Submit your photo and description to: Email: jmeadows@norcen.org or Text: 715.370.1547. Please indicate Photo of the Week and include your name, who/what/where of the photo and why you are submitting.

PHOTO OF THE WEEK
There is Still Sun After a Week of Rain!
Despite a lot of rain there was a brief second where the sun peeked out. This photo was taken in the Wausau Campus Cafeteria Courtyard.

Legacies by the Lake Residents are Hosting a Rummage Sale to Benefit the Walk to End Alzheimer’s!
Donations for the Rummage Sale are very appreciated and will be accepted through September 18.

HEALTHSTREAM CHANGES
News from Organizational Development
Organizational Development (OD) is pleased to announce that effective October 2019, we will implement a new Learning Management System (LMS), replacing HealthStream with UltiPro Learning for all staff.

The capabilities and enhancements of UltiPro Learning exceed those we have with HealthStream, and integrates with the new Human Resources, payroll and accounting system being implemented at the same time.

Over the next month, we will be working to download and print transcripts from HealthStream of completed modules and assignments of all staff to retain on file. As of September 20, 2019, HealthStream modules, checklists and rosters must be completed. At that time, the HealthStream icon and link to the site will be removed from all NCHC staff computers. The UltiPro Learning icon will be added when the program goes live.

**ALL STAFF MUST complete all HealthStream modules, checklists and rosters entered by September 20, 2019**

Face-to-face and online training of the new Learning Management System will be provided.

Stay tuned for ongoing updates and deadlines regarding this change throughout the next month. This information will be conveyed through the weekly NYCU, via email and communication with supervisors and managers.

Questions? Contact Theresa Polacek at tpolacek@norcen.org or Rachel Riehle at mehler@norcen.org or 715-848-4354.
NCHC NOTICE: SERIAL BURGLAR ENTERING HEALTHCARE FACILITIES

Please see the below notice from the Wisconsin State Intelligence Center (WSIC) about the theft of valuables occurring in healthcare facilities in Wisconsin.

Updated: September 11, 2019 1:57 p.m.

Serial Burglar Entering Healthcare Facilities Across the State

This is an alert for all healthcare facilities in the state: The WI Division of Criminal Investigation continues to receive reports of a serial burglar entering healthcare facilities across the state. The subject has not been apprehended and continues to burglarize healthcare facilities in Wisconsin, with the latest incident yesterday in Richland Center. DCI is currently investigating and believes a possible suspect to be Steven T Paige, DOB: 12/24/1966, male/white, 6 ft 2 in. The subject has been reported as driving a white Kia Forte, Florida license plate GRDC18.

If the subject is encountered, notify law enforcement immediately.

NCHC Employees, also call Admin-On-Call x4488 after law enforcement is notified.

WHERE CAN I FIND THE NCHC PHONE DIRECTORY??????

Commonly Asked Questions at NCHC

Well, first, you won’t find a print copy! Our phone numbers change too frequently for someone to keep printed copies. The NCHC phone directory is electronic and accessible 24/7 through the Intranet. From any network computer, you can go to

http://intranet.co.marathon.wi.us/NCHC.aspx

You will find the phone number of how to reach any employee when they are at work. You can search via name, program or phone. You can update your own phone number in the directory by simply emailing the CCITC Helpdesk helpdesk@co.marathon.wi.us

Our switchboard staff use this electronic directory every single day. If you information is not correct, it risks calls going to the wrong person. Help us and check your contact info today!
ON THE MOVE!

Congrats Emma Polzin!
Congratulations to Emma Polzin for a recent transfer from Behavioral Health Tech in the BHS to Registered Nurse in BHS!

Congrats Kristin Davis!
Congratulations to Kristin Davis for a rent transfer from Legacies by the Lake CNA to Behavioral Health Tech in Crisis.

Congrats Jamie Clark!
Congratulations to Jamie Clark for a recent transfer Enrollment Benefit Specialist to Enrollment Specialist Lead in Patient Access!

NEWS YOU CAN USE

BLUE JEANS FRIDAYS

Donate & Wear Jeans!
Employees in ALL departments can wear jeans on Fridays when you donate $2/Friday or $25 annually. If you choose to pay annually, you will save $79 for the year!

Stop by or contact the Volunteer Services Office at 715.848.4450 to get set up! Each employee that participates will receive a card that indicates their Blue Jeans Fridays participation. All funds donated will benefit NCHC United Way Team community initiatives.

NEW!! You can now use PAYROLL DEDUCTION to pay for a Year of Jeans on Fridays!!

Visit www.norcen.org/UnitedWay and download the form in the Jeans Sale section!

TIME CLOCK CHANGES

News from Human Resources

UltiPro integrates with the new Human Resources, payroll and accounting system being implemented at the same time. You will physically see some changes around our various locations as new time-clocks are being installed on September 13. Staff will receive notification via email, communication boards and from your managers as to how to use the new time clocks for punching in and out. Stay tuned for more details as we bring the full use of UltiPro on board over the next few weeks.

Friday, September 27th
9am - 11am

HELP US PAINT OUR MURAL!

The RISE UP team invites all North Central Health Care staff and clients to help add color to our mural project that was designed by participants from Lakside Recovery. The mural will be permanently displayed on the Frontier building near Wausau’s 400 block. All painting will be done on canvas paper and all colors are pre-mixed for a large scale “paint by numbers” mural. We invite all ages and skill level to participate in this unique opportunity.

RISE UP Central Wisconsin is a community program consisting of artists, service providers, program participants and others working together on a public art project.

The art project aims to improve health outcomes for individuals by building stronger alliances between service providers and communities, and reducing the stigma around those in recovery to increase utilization of services in Marathon County.

Visit www.norcen.org/UnitedWay
and download the form in the Jeans Sale section!

Every Friday!
NCHC IN THE NEWS

September 10 marks World Suicide Prevention Day across the globe. NCHC reached out to our community media partners to discuss and offer information to help those who may be thinking about suicide. Thank you to Nancy Stencil from Crisis Services, for her interview with WAOW TV 9 to discuss suicide prevention and how people can get the help they need. You can watch the full interview here at https://waow.com/news/top-stories/2019/09/10/area-survivor-weighs-in-on-importance-of-national-suicide-prevention-day/

Also, thank you to Dr. Dia Arpon for her interview with WAOW TV 9 discussing how lack of sleep for children can impact their mental and overall health. Heading back to school, this becomes a challenge for most parents. Dr. Arpon discussed tips for parents to help their kids maintain a regular sleep schedule. You can watch the full interview here at https://waow.com/news/top-stories/2019/09/10/tips-from-area-experts-on-a-healthy-sleep-schedule/

Thank you to both Nancy and Dr. Arpon for taking the time to connect with our community!
DON'T MISS COMMUNITY FEST 2019
What’s fun, free, kid focused and also fights hunger? United Way’s CommUnity Fest! This annual event combines kids’ activities and crafts, opportunities to explore big equipment and tractors, hay wagon rides and the United We Can food sculpture competition. Plan to attend on September 21, from 9-2 at the Exhibition Building at Marathon Park. Admission is free, but for every non-perishable food item you bring, you will receive one ticket to vote for your favorite food sculpture and determine the People’s Choice award winning sculpture. All food and cash donations will be distributed to area pantries by the Marathon County Hunger Coalition.

United Way CommUnity Fest

September 21, 2019
Expo Building at Marathon Park
9:00 a.m. – 2:00 p.m.

Vote for your Favorite Food Sculpture!
- One vote for each non-perishable food item you bring
- Purchase votes for $1 each
All donations will go to the Marathon County Hunger Coalition to help local pantries

Join in the festivities!
- United We Can Food Sculptures
- Free activities, games & crafts for kids & families
- Food Vendors
- Trucks, Tractors & Trailers
- Entertainment
- Costumed Mascots
- Prizes

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Cancer is the second leading cause of death in the United States. Many of us know someone who has experienced cancer in their lifetime. Some cancers can be prevented through lifestyle but there are some cancers that run in families. There are some chemicals that people are exposed to that can potentially cause cancer, however, it may not show up for 15 to 30 years. Early detection is key to survival and done through screening. This week I will talk about some specific cancer screening tests for Colorectal and Lung Cancer. Screening tests can be performed or scheduled during annual wellness examinations.

Colorectal Cancer screening begins at age 50 for those individuals at average risk. This means there is no family medical history of colorectal cancer, there is no history of inflammatory bowel disease, and there is no complaint of rectal bleeding. The screening tests include a colonoscopy at age 50 and every 10 years thereafter unless there are colon polyps found that have the potential to turn into cancer. Then, the test recommendations may become every 3 to 5 years. An alternative to the screening colonoscopy for average risk people is the FIT (Fecal Immunochemical testing) that is taken home to obtain a stool sample, then sent in the provided envelope to the lab for testing. This type of screening test is done annually. There is also the Cologuard®, another take home test that is sent in to the lab. This one is done every 3 years. These tests detect microscopic blood in the stool as well as DNA of colorectal cancer. For those who cannot undergo a colonoscopy, a CT scan can be utilized for screening. There are many choices, but Colonoscopy is the Gold Standard. During a colonoscopy, if there is a polyp or outgrowth of the colon, it can be biopsied during the procedure. The gastroenterologist or surgeon can see any abnormalities of the colon and provide the most up to date information, treatment and reassurance. A quote from the United States Preventive Services Task Force (USPSTF), "The best test is the one that gets done”. Don’t delay, get tested today!

Lung Cancer screening is performed by low dose CT scan and recommended for high-risk adults 55 to 74 years old. Those at risk includes individuals with a 30 pack-year smoking history (1 pack per day for 30 years or 2 packs a day for 15 years as examples) and current smoker or having quit within the past 15 years. Screening is discontinued once the individual has not smoked for 15 years or has a limited life expectancy. Lung cancer screening with CT scans is the only screening test shown to lower the chance of dying from lung cancer. A CT scan is ordered by a clinician in a patient without symptoms such as chronic cough and weight loss. “It is important for people to understand their risk, and to try to find cancer early. When cancer is found early, it may be easier to treat. Low-dose CT scan lung cancer screening can catch the disease early, when the lung cancer is more curable. Screening exams are given to people who do not have any signs of illness or cancer”. ‘The Doctor Is In,’ radiology nurse Barbara Schmidt from Aspirus. https://www.wisnews.com/content/news/The-Doctor-is-In--454678753.html. The best thing to do is to quit smoking or never start. If you or someone you know needs assistance with quitting smoking, contact the Wisconsin Quit Line at 1-800-QUIT-NOW or use the website at WQuitLine.org. You can also schedule an appointment at the Employee Health and Wellness Center. Our team will be happy to help you on your journey.
**Position Posting**

**Title:** Crisis Services Operations Manager  
**Status:** Full Time  
**Location:** BHS & Crisis  

The Crisis Services Operations Manager is responsible for the day-to-day operations of Crisis Services (Crisis CBRF and the Crisis Center) including supervision of the care and/or services provided to residents and patients, ensuring standards of care and regulations are met.

**Education and Experience Requirements**
- Bachelor’s in Human Service-related field preferred
- Bachelor’s of Nursing degree earned at an accredited school preferred
- Bachelor’s of Healthcare Administration or commiserate experience preferred

**Minimum Work Experience**
One year management experience

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**Position Posting**

**Title:** Transportation Coordinator  
**Status:** Full Time  
**Location:** Environmental Services  

The Transportation Coordinator manages North Central Health Care’s fleet, oversee the fixed routes for our residential transportation services, oversee the courier operations of NCHC, training non-logistic drivers of NCHC and troubleshooting mechanical problems judiciously while they are occurring.

**Education and Experience Requirements**
- One year experience
- Current CDL P/S endorsement

**Minimum Work Experience**
- Current BLS (CPR) certification
- One to three years’ experience providing transportation services

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**Wisconsin Deferred Compensation (WDC) Program**

Offered By Your Employer: North Central Health Care Facility

www.wdc457.org

Meet with your WDC Advisor

Have an appointment and want a retirement strategy designed just for you? The more information you share with us, the more personalized your experience can be!

Please bring the following to your appointment:
- Current Wisconsin Retirement System (WRS) statement
- Social Security statement
- Other retirement account statements
- Current paycheck stub
- WDC username, password and PIN (if known)

Changing your payroll contribution or updating your beneficiary is easy!

Log in at www.wdc457.org or call the WDC Service Center at (877) 457-9327. Do you have questions about Wisconsin Retirement System (pension)? Please call WRS directly at (877) 533-5020.

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**Minimum Work Experience**
One year management experience

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**Retail News!**

**Congrats Nancy Schulz!**

Nancy Schulz, Care Coordinator at Chadwick Group Home has announced her retirement. Nancy has been with NCHC for 24 years. Thank you Nancy for your dedication and commitment to the people we serve! A retirement celebration for Nancy will be held on September 18th from 10:30 am to 1:00 pm at the Chadwick Group Home.

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WHAT’S 4 LUNCH?
WAUSAU CAMPUS CAFETERIA

Cafeteria Hours: Open 7am – 5:30 pm
A Cashier is on duty from 9:00am – 10:00am, 10:30am – 1:30pm.
When a cashier is off duty, an honor system is used for food purchases.

Serving Soup, Salad and Lunch Entrée Option
Monday – Friday.
All hot sandwiches, hot foods and cold bar items are $.35/ounce.
Soup: $1.50 Cup | $2.25 Bowl

SEPTEMBER 16 – 20, 2019

MON 9/16 .....Cream of Potato Soup
Chicken Strips
Sliced Ham
Steamed Broccoli
Cornbread
Pear Crisp

TUES 9/17......Navy Bean Soup
Nachos Supreme
Roasted Chicken Breast
Cream Style Corn
Rice Pilaf
Cheesecake

WED 9/18 ......Chicken & Rice Soup
Pizza
Meatloaf
Stewed Tomatoes
Parslied Noodles
Chocolate Brownie

THUR 9/19 ......Tomato Soup
Grilled Cheese Sandwich
BBQ Pork on a Bun
Fried Potatoes
Creamy Coleslaw
Mandarin Oranges

FRI 9/20 ........Mushroom Barley Soup
Reuben
Baked Cod
Baked Butternut Squash
Potato Salad
Banana Pudding