




A Weekly Update
For The Employees of
North Central Health Care



"The New Pool is Taking Shape!" – Submitted by Communications & Marketing



WEEKLY CONNECTION WITH MICHAEL LOY

Technology is Amazing...When it Works

Someone I know and greatly respect has a saying that "there is no problem technology can't solve when money is not an issue."

There are many examples where we have started using technology and the transition can be a major challenge when work flows and process are turned upside down and digitized. The integration of technology into our work environments can greatly increase productivity, outcomes and at times can be very frustrating.

The promise of a better future state continues. Over the last several months, we've gotten into a solid groove with our Information Services Team, City-County IT and our departments in implementing solutions that improve our technology experience and have been doing it on-time and within budget. Earlier this year we implemented a new electronic medical record in Mount View Care Center and this week we went live with our new Human Resources Information System. Each implementation will always have kinks to work out and we need your help (*be sure to double check you paycheck this week and in the coming weeks - see page 2 for details*), but the teams involved in these implementations have done a great job planning and executing. The goals are to create better solutions that are patient-centered, employee-friendly and help improve care delivery. Thank you to all of the teams, especially our Information Services Team for all your hard work on our aggressive goals on improving our technology.

As we end the year, we are preparing for another major technology project. Replacing TIER, our electronic medical record for our behavioral health programs, will be a major priority in 2020. This project will be certainly one of the most important projects that we undertake to improve patient care and employee satisfaction. We learned a lot as we moved into our first electronic medical record environment and we especially learned a lot about what *not* to do. We will properly resource the implementation and have clear decision-making guidelines for system design. We've just recently received several bids for a new solution and the team is busy reviewing the options. Our goal is to select and contract with a vendor by the end of the year. After we select a vendor, we will go into planning and implementation of the new product early in 2020.

As with any new technology, it is important for us to hear how it's working. Please make sure it is working efficiently and speak up when something doesn't seem right. The technology is only as good as what we put into it and how we adapt it to work *for us*, not against us.

Again, great job to our implementation teams and look for more positive technology enhancements in the year ahead.

Make it a great day,

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ADMINISTRATOR ON-CALL

x4488 or 715.848.4488

In the event of Phone System Outage, reference the O:drive "On-Call Information Folder" for Schedule and Cell Phone #'s.

Monday, Oct. 14 –
Sunday, Oct. 20

Kim Gochanour



Shout out

Karie Koppa,
Linkage Coordinator,
Crisis Services

Why: Karie Koppa has been case managing like a boss for all of her diverted clients!

Submitted by:
Hannah Spranger





PHOTO OF THE WEEK



Submit A Great Photo From Your Week!

Submit your photo and description to: Email: jmeadows@norcen.org or Text: 715.370.1547. Please indicate Photo of the Week and include your name, who/what/where of the photo and why you are submitting.

Its not holding water just yet, but the new Warm Water Aquatic Therapy Pool is taking shape. We will continue to update you in the News You Can Use with job site photos. Also check out website for photos, videos and more announcements at www.norcen.org/Renovations

"The New Pool is Taking Shape!" – Submitted by Communications & Marketing



ULTIPRO AND CHECKING YOUR MOST RECENT PAYSTUB

North Central Health Care is in the process of transitioning to a new web-based Human Resources and Learning Management System called UltiPro.

As we begin the first phase of our UltiPro implementation, CCITC will push an UltiPro icon to ALL computer desktops at NCHC on Thursday, October 10th.

In order for employees to see the new UltiPro icon, YOU MUST RESTART YOUR COMPUTER for the icon (right)



For instructions on how to Log In to UltiPro and view your Friday, October 11th and future pay statements/stubs, click the following link: https://www.norcen.org/documents/forms/NCHC_UltiProLogInViewPayStub.pdf or visit www.norcen.org/ForEmployees

Please note:

- Pay statements/stubs prior to Friday, October 11th can be accessed in Sage-ESS
- Continue to clock in/out on Kronos time clocks
- Until UltiPro time/time clocks are activated in a future phase, your current UltiPro PLT balance will not include future scheduled and approved PLT - Continue to access Kronos for most current PLT balance
- A leading zero was added to employee numbers to meet UltiPro's 6 digit requirement
- Information on employee Contacts and Dependents in UltiPro will be discussed during the Open Enrollment sessions

All the links and information above can be found anytime on our NCHC website For Employees Page at <http://www.norcen.org/ForEmployees>

Watch for communication on the implementation of additional UltiPro features/functionality, including Single Sign On and access via mobile application, as we move forward.

If you have any questions, please contact Human Resources at x4419 or 715.848.4419 or email HResources@norcen.org



Slices for Sharing to Benefit Community Corner Clubhouse in Month of October

Each month Red Eye Brewing Company in Wausau selects a local non-profit to benefit from Slices For Sharing. Customers can order a Slices for Sharing Specialty Pizza and for the entire month, \$2 from each pizza purchase is donated directly to that organization!

Ask for the October "Slices for Sharing Pizza" Red Eye Supreme Pizza \$2 from each Pizza will be donated to





NOVEMBER IS ALZHEIMER'S AWARENESS MONTH!

Purchase a T-shirt to Show Your Support!

Please deliver your cash or check payment to Natasha Sayles at Mount View Care Center on or before Friday, October 25th. Shirts will not be ordered unless payment is received by October 25th. Delivery of shirts will be in November. Contact Natasha at work by email NSayles@nrcen.org or phone 715-848-4437 / cell 906-281-1008 to make arrangements.



November is ALZHEIMER'S AWARENESS MONTH!

Shirts on sale now! ORDER & PREPAY BY FRIDAY, OCT 25



Last chance to order!

*Exact Colors May Vary

ORDER ONLINE: <http://bit.ly/ALZ3456>

Payment must accompany order form. (Checks payable to NCHC) Deliver order with payment to Natasha Sayles. Questions contact Natasha at 715-848-4437 or text 906-281-1008.

PROCEEDS BENEFIT NCHC's Life Enrichment Programming at Mount View Care Center



ORDER FORM	S	M	L	XL	2XL	3XL	Total #Shirts	Total \$
Adult Shirts								
Color Blue BLK								
Price	\$15	\$15	\$15	\$15	\$15	\$15		\$

Your Name: _____ Phone Number: _____

Department: _____

Payment must accompany order form. (Checks payable to NCHC) Deliver order with payment to Natasha Sayles. Questions contact Natasha at 715-848-4437 or text 906-281-1008.



WELCOME THESE NEW EMPLOYEES TO THE TEAM!



From left to right:

- Rochelle Brown** – Behavioral Health Tech – NCHC Crisis
- Brianna Vandenheuvel** – Activity Director – Pine Crest Nursing Home
- Jennifer Smith** – PM Supervisor – Pine Crest Nursing Home
- Heather Brownell** – Social Services – Pine Crest Nursing Home
- Kayley McColley** – Behavioral Health Tech – NCHC Hospital BHS

- Linda Dotter** – Dietary Manager – Pine Crest Nursing Home
- Zach Zieseimer** – Nursing Home Administrator – Pine Crest Nursing Home
- Angie Lepak** – Payroll – Pine Crest Nursing Home
- Amanda Mathis** – Case Manager – NCHC Merrill



From left to right:

- Michael Mammano** – Dietary Aide – NCHC Food Services
- Stephanie Eversdyk** – Certified Medical Assistant – NCHC Outpatient Psychiatry
- Laura Liddy** – Hospital Assistant – NCHC Reflections Long-Term Care
- Scott Augustine** – Dietary Aide – NCHC Food Services
- Diedre Ratzlaff** – MDS Coordinator – Pine Crest Nursing Home
- Bruce Slaminski** – Environmental Services Director – Pine Crest Nursing Home

- Jessica Steinagel** – Infection Prevention/Staff Development – Pine Crest Nursing Home
- Gayle Peru** – Business Office Manager – Pine Crest Nursing Home
- Samantha Waschick** – CNA – NCHC Reflections Long-Term Care
- Ryan Hanson** – Director of Nursing – Pine Crest Nursing Home

Chao Yang
Dietary Aide – Food Services



HALLOWEEN CANDY DONATIONS WANTED!

Can You Donate?

Halloween is quickly approaching, and the Activities Department is in need of small wrapped candies for our safe trick-or-treating taking place on Thursday, October 31 from 3:00 to 4:30pm.

Candy donations can be dropped off in the Mount View Care Center Information Station or 1st Floor Activity Office. Questions can be directed to Sandy at ext. 4305. We thank you for your donations!

TRICK-OR-TREATING AT MOUNT VIEW CARE CENTER

Thursday, October 31, 2018

3 – 4:30 pm

Open to Public!



SAFETY SNIP-ITS

Security Officer Wausau Campus

The Wausau Campus has Per Mar Security available on Campus. They operate from 3:00 pm to 7:00 am daily – 7 days a week.

How to Reach Wausau Campus Security

Call Crisis: Non-Emergency: (715) 848-4366; x4366,

In an Emergency: (715) 848-4599; x4599

Crisis staff will be in contact with Per Mar by the use of the cell phone when they are away from the Crisis Services area.

Per Mar Shift Cell: (715) 581-8887



WERE YOU UNABLE TO ATTEND 3RD QUARTER EMPLOYEE UPDATES?

Want to See the Presentation Again?

We want all employees to be able to attend the Employee Updates Sessions to connect with leaders, ask questions, and meet with team members you may not regularly have the opportunity to. However, we do know that serving in health care, there are instances in which you are just not able to make it or wish to view the presentation over again.



<https://youtu.be/o7TsP2VMXu8>

The video is also available here: O'drive: Employee Updates folder contains the complete slide shows and videos for all Employee Update sessions.

The Neighbors' Place
"people helping people"

THE 12TH ANNUAL

EMPTY BOWLS

AN EVENT TO FIGHT HUNGER IN NORTH CENTRAL WISCONSIN

SATURDAY, NOVEMBER 23, 2019
11 AM – 2 PM, WAUSAU WEST

Silent Auction – Soup To Go
Raffles – Live Music

TICKETS:

ALL AGES: \$12 (meal and bowl)
AGES 6-12: \$5 (meal only)
5 & UNDER: FREE (meal only)

Advance Ticket Sales Available at
The Neighbors' Place
745 Scott Street • Wausau, WI 54403
www.neighborsplace.org • 715-845-1966

Presented by:

Ascension

This is not a school district sponsored activity and the opinions expressed are not necessarily those of the school district or its personnel.



tidbits on benefits

WELLNESS CORNER

Submitted by Sherry Gatewood, PA

The Common Cold

It's "cold" season. There are over 200 strains of viruses that can cause mild upper respiratory infections. The common cold is the most frequent illness in the US and accounts for 40 percent of all time lost from jobs.

Symptoms of the common cold present as the immune system responds to an infection. Colds usually last for 3 to 10 days in those with a normal immune system but can last as long as two weeks in others with weakened immune systems, such as those who smoke.

Symptoms of the common cold vary and often begin with a runny nose and congestion. There may be frequent sneezing, scratching in throat and generally not feeling well. Those with common cold symptoms often progress with a cough due to drainage of sinuses. The congestion may cause facial pressure and pain. Fever or a body temperature greater than 100.4 does not occur often with the common cold which is mostly caused by the Rhinovirus. Fevers may occur with other viruses such as the adenovirus and the parainfluenza virus.

The common cold viruses can be spread in three ways:

- Hand contact (direct contact with an infected person or indirect contact with a contaminated environmental surface)
- Small particle droplets that becomes airborne from sneezing or coughing



Sherry Gatewood, PA

- Large particle droplets that typically spread through close contact with an infected person

The amount of time to develop symptoms after exposure to someone who is ill, for most common cold viruses is 1 – 3 days.

Rhinoviruses may survive on environmental surfaces (like table-tops and computer keyboards) for several hours. It can last on someone's hands for up to 2 hours.

A study was performed in a laboratory on the effectiveness of various antibacterial home-cleaning products. The findings showed that antibacterial cleaning agents were no more effective in preventing illness when compared to standard products. Antibacterial cleaning products would not be expected to have an effect on viral pathogens. Virucidal (virus killing) disinfectants such as phenol/ alcohol may help decrease the rate of transmission of cold-inducing viruses. Some store bought agents now state that they kill viruses. Good old fashioned hand washing helps prevent the spread of infection from hands, to surfaces, to other people. Covering the mouth with the arm when coughing and sneezing also helps.

How long is one contagious? Normally 2-3 days after the onset of symptoms with day 3 as the peak, when cold symptoms often can be the worst. However, in lab studies, low levels of virus was found in study subjects up to 2 weeks.

EMPLOYEE HEALTH & WELLNESS CENTER

1100 Lakeview Drive, Wausau, WI
North Central Health Care Campus
Door 25

Schedule an Appointment:
715.843.1256 or MyAspirus.org

Clinic Hours

Monday - Wednesday - Friday: 8:00 am - 4:30 pm
Tuesday: 6:30 am - 3:00 pm
Thursday: 10:00 am - 6:30 pm



Complications of the common cold may include acute rhinosinusitis (sinusitis), lower respiratory tract disease (bronchitis or pneumonia), asthma exacerbation, or acute otitis media (ear infection). If cold symptoms worsen or have not improved in 10 to 14 days, seek care from a healthcare provider. The Employee Health and Wellness Center often has Same Day appointments available.

ON THE MOVE!

Congrats Trisha Backhaus!

Congratulations to Trisha Backhaus for her recent transition from Food Services to CNA in Northern Reflections!



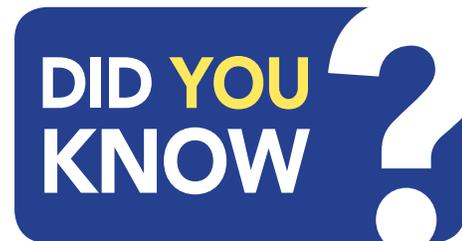
Congrats Ted Beres!

Congratulations to Ted Beres for his recent transition from Employment Specialist to Case Manager in Community Treatment Adult!



Congrats Julie Rasmussen!

Congratulations to Julie Rasmussen for her recent transition from Lakeside Recovery to Residential Services as a Care Assistant!



The Marathon County Transportation Program

provides more than 1,000 rides per month. There are over 20 volunteers that provide transportation to elderly and developmentally disabled clients around the county.

The Crisis Center

receives 5,000 calls per month on average!



2019 INFLUENZA VACCINATIONS REQUIREMENTS BY ALL NCHC STAFF

Did YOU Get Your Flu Shot Yet?

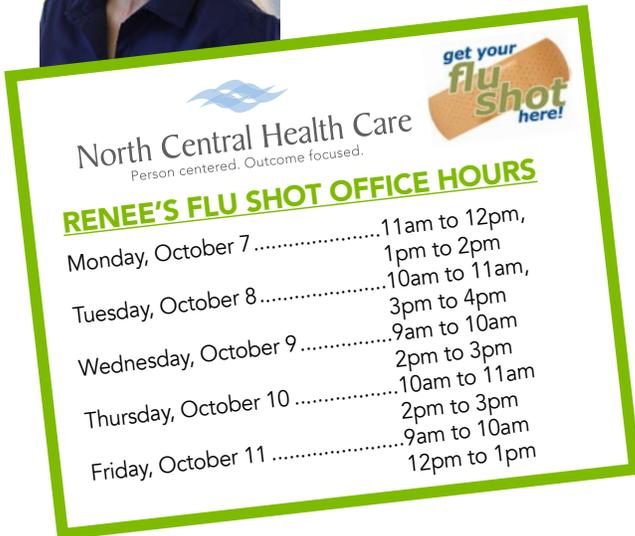
1. All NCHC employees are required to complete the Annual Employee Health Questionnaire and receive an Influenza Vaccination by November 1st, 2019
2. The forms will be sent to you via email are fillable. Please complete and print off both before receiving influenza vaccine. The Vaccine Information Sheet (VIS) is for your information only and does not need to be printed.
3. Employees that DO NOT complete, by November 1st 2019 are to be removed from the schedule until both items have been completed and this can also affect your Performance Evaluation Merit Increase.
4. Employees that are unable to receive the vaccination due to exemptions, please contact Renee Erickson during her flu shot office hours. (Please see below)
5. If your program is listed below, please see the designated person for your flu shot.

ADS/Pre-Voc./Group Homes Jenni Kessen, RN
 BHS/Crisis/MMT..... Kathy Buckli and John Ward
 Community Treatment/Outpatient Services
 Linda Handrick, Nurse Manager
 Nursing Home (MVCC) Amiee Muraski, RN
 Cheryl Rye, Nurse Manager
 Deanna Johnson, PM Supervisor
 Natasha Sayles, Nurse Manager

6. Employees that have received the influenza vaccination from another provider MUST PROVIDE documentation. The Employee Health Questionnaire will still need to be completed and returned to either, Renee Erickson, Employee Health Nurse or your Program Manager



Renee Erickson,
Employee Health Nurse



North Central Health Care
Person centered. Outcome focused.

RENEE'S FLU SHOT OFFICE HOURS

Monday, October 7	11am to 12pm, 1pm to 2pm
Tuesday, October 8	10am to 11am, 3pm to 4pm
Wednesday, October 9	9am to 10am, 2pm to 3pm
Thursday, October 10	10am to 11am, 2pm to 3pm
Friday, October 11	9am to 10am, 12pm to 1pm



ALL EMPLOYEES HAVE UNTIL NOV. 1 TO GET THEIR FLU SHOT!



Get vaccinated

Influenza or "flu" can cause serious illness. Vaccination is the best way to protect yourself and your family.



Cover your cough or sneeze

Cover your mouth and nose with your sleeve or a tissue when you cough or sneeze. Toss your used tissue in the waste basket and wash your hands.

Fight the Flu

It starts with you



Wash your hands

Wash your hands often with soap and water or use an alcohol-based hand cleaner.



Avoid touching your eyes, nose, and mouth

If you touch surfaces with the flu virus, you can get the flu by touching your eyes, nose, or mouth.



Stay home if you are sick

Flu viruses go wherever you go when you are infected. Stay at home and check with your healthcare provider when needed.

42% OF EMPLOYEES HAVE ALREADY RECEIVED THEIR FLU SHOT!





HRinsights

Position Posting

Title: Laundry Team Coordinator **Status:** Full Time

Location: Environmental Services

<http://bit.ly/LaundryCoordNCHC>

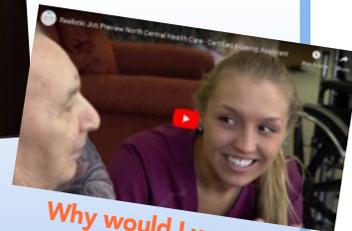
The Laundry Team Coordinator leads work activities in the washing of facility linens, clean linen delivery, and soiled linen sorting.

Requirements

- Valid Wisconsin driver's license and appropriate auto insurance coverage as required by North Central Health Care.

Preferred

- One to three years experience working with textiles, laundry equipment, wash formulas, and washroom chemicals.



What's it like to work in Food Services?

What does a Dietary Aide do?

Find out with a realistic job preview of some amazing opportunities at NCHC!

www.norcen.org/RJP



2019 Professional Development Opportunities for NCHC Employees



Upcoming Conferences, Trainings & Seminars to help develop each employee's professional skills. These opportunities for continuous improvement include on-site internal and external trainings as well as off-site opportunities. Please submit completed NCHC Professional Development Request Form to Organizational Development or sign-up in HealthStream.

New Topic: Managing Perceptions

Time: 2 hours

Pre-req: Personal Leadership Brand

Description: You have worked on identifying and starting to build your personal leadership brand. The next step is to manage your brand and perceptions of others about you. In this session, we will focus on how to manage perceptions.

Date: Tuesday, October 15, 2019

Time: 2:30pm – 4:30pm

Room: DeSantis Room

Target Audience: All Staff

Presenters: Ashley Downing & Judy Rannow

New Topic: Creating Professional Development Plans

Time: 2 hours

Description: If you want to take charge of your professional development, come to this session, learn what professional development plans are and start creating one of your own.

Date: Thursday, October 24, 2019

Time: 9:30am – 11:30am

Room: Iris Room

Target Audience: All Staff

Presenters: Ashley Downing & Judy Rannow

NEW Topic: FISH! Philosophy

Time: 2 hours

Description: Compassionate health care starts with being full present for people who need you. Show you value them. Offer a smile to lift their spirits. Learn how FISH! Philosophy helps improve patient satisfaction, trust and teamwork, morale and retention, awareness and creativity.

Date: Wednesday, November 6, 2019

Time: 1:00pm – 3:00pm

Room: DeSantis Room

Target Audience: All Staff

Presenters: Kathy Buckl and Judy Rannow

New Topic: Person Centered Customer Service

Time: 2 hours

Pre-req: FISH! Philosophy

Description: This session will focus on providing excellent customer service using FISH Philosophy principles and NCHC Person-Centered Service.

Date: Wednesday, December 4, 2019

Time: 1:00pm – 3:00pm

Room: DeSantis Room

Target Audience: All Staff

Presenters: Pam Weinfurter, Judy Rannow



BENEFIT OPEN ENROLLMENT PERIOD COMING UP OCT 21 – NOV 1

Make Your Selections and Changes for 2020 Benefits

Every year you have the opportunity to review your benefit choices and make changes to your benefits for the following year. That time is now. The 2020 Open Enrollment runs from October 21 until November 1. It's important that you take the time to consider all your options so you can make the right choice for you and your family.

Open Enrollment is the time to add, change, or cancel any of your current insurance plans for the upcoming plan year (January 1, 2020 – December 31, 2020).

A 2020 Benefits at a Glance Guide will be available at the Benefit Enrollment Meetings and emailed out to all-staff. The YOU Benefit 2020: A Comprehensive Benefit Resource Guide for North Central Health Care Employees will be available electronically this year. Watch your NCHC email for how you can get a printed copy if needed.*

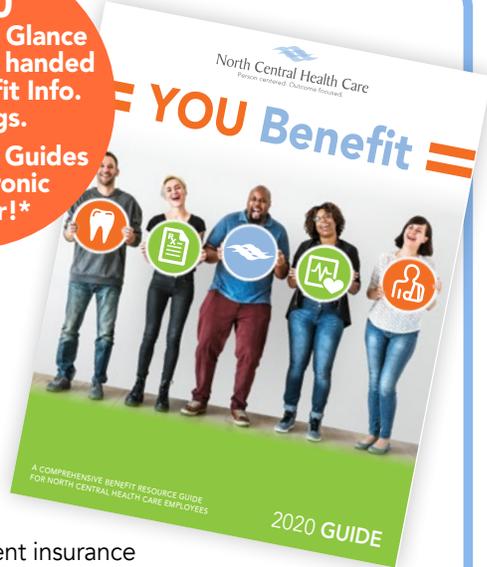
Benefit Information Meetings Held October 18th – 30th

To further assist employees in understanding benefits that are available, a series of Open Enrollment Benefit Information Meetings are scheduled. We strongly encourage employees to attend one session and take advantage of the opportunity to ask questions and speak with representatives.

10/18	Wausau Campus Theater Wausau Campus Theater	10:00 am - 11:00 am 1:30 pm - 2:30 pm
10/21	Merrill Center Merrill Center Mount View, 2nd Flr. Dining Rm	9:00 am - 10:00 am 10:00 am - 11:00 am 2:00 pm - 3:00 pm
10/22	Wausau Campus Theater	9:00 am - 10:00 am
10/23	Wausau Campus Theater	11:30 am - 12:30 pm
10/24	Wausau Campus Theater	8:30 am - 9:30 am
10/28	Antigo Center Antigo Center	12:00 pm - 1:00 pm 1:00 pm - 2:00 pm
10/29	Wausau Campus Theater	10:00 am - 11:00 am
10/30	Wausau Campus Theater	3:00 pm - 4:00 pm

MARK YOUR CALENDAR TO ATTEND A BENEFIT INFO MEETING!

2020 Benefits at a Glance Guide will be handed out at Benefit Info Meetings. YOU Benefit Guides are Electronic this Year!*



* In an effort to conserve our resources, the YOU Benefit Guides will be available electronically this year and employees will receive a smaller concise version. Employees will receive a link to the full YOU Benefit Guide electronically. If you prefer a printed copy, watch your NCHC email for notices of YOU Benefit Booklet availability.



NCHC IN THE NEWS Borderline Personality Disorder

Thank you to Dr. Richard Immler for his insights and professional expertise in this interview with Channel 7 WSAW's Holly Chilsen. Dr. Immler discussed Borderline Personality Disorder characteristics and treatment and offered some valuable insight to the kind of therapy that may help individuals with this mental health disorder. Thank you for your time in sharing this information with our community Dr. Immler!

You can watch the entire interview here on WSAW TV 7 online:
<http://bit.ly/NCHC-BPD>



Where: Marathon County Public Library
300 1st St Wausau

When: Saturday, November 9th, 1:00 - 4:30 pm.

NAMI Family & Friends is a free seminar that informs people who have loved ones with a mental health condition how to best support them. It's also an opportunity to meet other people in similar situations and gain community support.

Register online by Nov 1st @ NAMINorthwoods.org
715-432-0180 or email naminorthwoods@gmail.com

This program is not sponsored by the MCPL. There is a 2-hour parking limit at the library, but there is parking available across the street.



Wisconsin Deferred Compensation (WDC) Program Offered By Your Employer, North Central Health Care Facility



Meet with your WDC Advisor, Shawn Bresnahan

The Wisconsin Deferred Compensation (WDC) Program is a powerful tool to help you reach your retirement goals. Join a WDC Retirement Plan Advisor at an upcoming meeting.

If You're Just Starting to Save ... and need to enroll in the WDC, go to www.wdc457.org and click REGISTER or click [here](#). Use the Plan Number 98971-01 and the Plan Enrollment Code *UoNeJ3pb* expiration date 10/1/2019.

If You've Been Saving for a While ... you may want to review your income projections, savings rate and investment strategy. For a portfolio review, meet with your local Retirement Plan Advisor or call (877) 457-9327.

If Retirement Is Just Around the Corner ... we are here to assist you in making a smooth transition to retirement. Remember, when you stay informed and engaged, you can make your WDC account a more powerful retirement planning tool. Watch for pre-retirement group meetings near you!

Changing your payroll contribution or updating your beneficiary is easy!

Log in at www.wdc457.org or call the WDC Service Center at (877) 457-9327. Do you have questions about Wisconsin Retirement System (pension)? Please call WRS directly at (877) 533-5020.

WDC Program Meeting Schedule			
Date	Time	Topic	Location
Wednesday, November 6, 2019	11:00 am – 1:30 pm	Account Review Sessions	North Central Health Care Facility 1100 Lake View Drive Badger Room Wausau, WI 54403
Go to www.wdc457.org to schedule your appointment.			

Have an appointment and want a retirement strategy designed just for you? The more information you share with us, the more personalized your experience can be. Please bring the following to your appointment:

- ✓ Current Wisconsin Retirement System (WRS) statement
- ✓ Social Security statement
- ✓ Other retirement account statements
- ✓ Current paycheck stub
- ✓ WDC username, password and PIN (if known)

Please bring all of the above information for your spouse/ partner (if applicable).

To sign up for an individual or group meeting, please click [here](#). If none of the listed meeting times work for your schedule, please look for additional meetings on other dates and/or other locations by clicking [here](#).

Baby Business 3: NO SMALL MATTER

FREE Documentary Screening

Wednesday, October 23, 2019

Westwood Conference Center

1800 Westwood Center Blvd, Wausau



WHY: Over the last eight years, Marathon County has lost 55% of its regulated child care programs. The limited access to quality child care plays a large role in worker shortage and the ability to retain and attract talented employees.

WHAT: With stories and surprising humor, this event will address:

- The critical importance of high quality affordable child care programs – for the current and future workforce.
- How investing in working parents and early childhood education yields high rates of return.
- The long term impact of early life experiences on brain development over a lifetime.

WHO SHOULD ATTEND:

- Business leaders, local elected officials, medical professionals, educational leaders, early childhood educators, parents and caregivers.

Join us to learn more about what is happening locally to help businesses and families in our area. **FREE** and open to the public.

TO REGISTER (Registration highly encouraged – seating is limited):
Visit <https://www.secure.unitedwaymc.org/BabyBusiness3> or call United Way of Marathon County at 715-848-2927.



SCHEDULE:

- 5:30-6:00 p.m. Reception/Light food
- 6:00-6:10 p.m. Welcome, Opening Address
- 6:10-7:25 p.m. Documentary Screening
- 7:25-8:15 p.m. Featured Experts
- 8:15-8:30 p.m. Conclusion & Call to Action

FEATURED EXPERTS:

- Dr. Dipesh Navsaria, MPH, MSLIS, MD
- Rachel Giannini, Early Childhood Advocate Featured in No Small Matter and Video Blog Host

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BOO-YA! Halloween Decor by Recreational CNA at MVCC!

Jill Schulz, one of the recreational CNAs at Mount View Care Center, created this amazing Halloween display over the weekend with the residents to add some fun for the holiday season. The boo-tiful display is on Southern Reflections in the second floor of Mount View Care Center.

Thank you to Merry Wimmer for submitting for the *News You Can Use*.

Do you have some fun Halloween displays in your area? Send them in and share your creativity. Text or email photos to 715.370.1547 or NCHCMarketing@norcen.org.

RECOVERY COACHING IS FUN Coaches Receive Training in Milwaukee

As a host site, North Central Health Care is currently hosting four Recovery Coaches who will undergo training in the Connecticut Community for Addiction Recovery (CCAR) model of recovery coaching. Their work will serve to reduce prescription drug, opioid and other substance use disorders through one-on-one contact, outreach phone calls and community education. This week the coaches were in Milwaukee for training. They shared some photos from some of their experience (right).





CONGRATULATIONS ON YOUR RETIREMENT!

Linda Schiszik, RN at Mount View Care Center

The residents and staff shared laughter and tears, as they celebrated Linda Schiszik's retirement, on Friday, October 4th. Linda worked as a registered nurse, here at Mount View Care Center, for 15 years. Over the years, she has touched the hearts of countless people. The residents and staff filled her princess sash with words that represent her kindness and their gratitude for all she has done for them. She is a true princess. We're sorry to see her go but are glad she no longer has to travel all the way from Marshfield in snowy or dangerous weather. Thank you Linda, for having so much fun with us and for your many years of service! Happy retirement!!



Person-Centered
Shout Out
To
Pat LuCore

Give someone a big shout out and thank them for their Person-Centered Service!

Send your SHOUT OUTS to jmeadows@norcen.org.

"I would like to give a very big sincere to Pat LuCore in BHS. On October 3rd, I got the call that no parent should ever get. My son had been involved in a serious motorcycle accident on his way to school in Eau Claire. I didn't know if he was dead or alive or any other details and of course started to panic and freak out. Pat came to the unit and helped me as I could not even access my phone because of being in anxiety. She gave me the numbers for the two hospitals in Eau Claire and then the numbers for the surrounding police departments. I was able to finally get a hold of the state patrol who said that my son was alive when he was airlifted from the scene. Pat drove me to Eau Claire Mayo Hospital Thursday and stayed with me when I was brought back to see my son and helped calm his fears regarding the insurance issue. Pat even called back on Friday evening to see how he was. I am very thankful that she helped me get to the hospital."

- Submitted by Gina Strasser, Health Unit Coordinator



HELP YOUR NEIGHBORS ON MAKE A DIFFERENCE DAY

Saturday, October 26

Make a Difference day is Saturday, October 26. Locally, United Way Volunteer Connection coordinates hundreds of volunteers to rake leaves for elderly or disabled Marathon County residents. This is a huge chore, and some of our neighbors don't have family to help get their yards ready for winter.

If you can help rake leaves, you can register for raking on the Volunteer Connection site. If you have a corporate or school group and would like to rake during the week prior to or the week after Make a Difference Day, that's also an option. There's also a need for individuals with a truck or trailer to haul bagged leaves to the yard waste site. Please consider volunteering today!

<https://www.unitedwaymc.org/get-involved/volunteer/make-a-difference-day/>



WHAT'S 4 LUNCH?

WAUSAU CAMPUS CAFETERIA

Cafeteria Hours: Open 7am – 5:30 pm

A Cashier is on duty from 9:00am – 10:00am , 10:30am – 1:30pm.
When a cashier is off duty, an honor system is used for food purchases.

Serving Soup, Salad and Lunch Entrée Option Monday – Friday.

All hot sandwiches, hot foods and cold bar items are \$.35/ounce.

Soup: \$1.50 Cup | \$2.25 Bowl



OCTOBER 14-18, 2019

MON 10/14 ... Cream of Potato Soup

Chicken Strips

Sliced Ham

Steamed Broccoli

Baked Potato

Fruited Gelatin

TUES 10/15.... Navy Bean soup

Nachos Supreme

Roasted Chicken

Cream Style Corn

Rice Pilaf

Cheesecake

WED 10/16 Chicken and Rice Soup

Pizza

Meatloaf

Stewed Tomatoes

Parslied Noodles

Carrot Cake with Icing

THUR 10/17 ... Tomato Soup

Grilled Cheese Sandwich

BBQ Pork on a Bun

Fried Potatoes

Creamy Coleslaw

Mandarin Oranges

FRI 10/18..... Cream of Broccoli Soup

Reuben

Baked Cod

Baked Butternut Squash

Potato Salad

Banana Pudding



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