



Winter Blues?



A Weekly Update For The Employees of North Central Health Care

# NEWS YOU CAN USE

## WEEKLY CONNECTION WITH VICKI TYLKA



### Redefining the "We"

I am excited to join NCHC as the Managing Director of Community Programs. In my previous roles at Social Services, I worked alongside many people here and now am honored to be on the NCHC team. My position was created to help strengthen connections for community based human service programs including acute care services, community treatment and outpatient services. We respond well to the needs of those we serve, often as separate agencies. At times we are not aware of what each other can do and may miss opportunities. Think what we can do when we purposely work together to maximize resources and talents.

The new "We" is North Central Health Care, and Langlade, Lincoln and Marathon Counties focusing on the delivery of human services together. The

NCHC Executive Committee developed this vision statement for the community that we all serve:

We work seamlessly together in delivering human services to vulnerable individuals in our communities. Inpatient services deliver treatment and stabilization to support individuals with an organizational priority focus on providing care and services in our communities.

- Target population: Behavioral health and AODA, child welfare, youth justice, adult protection and the criminal justice system.
- This positively impacts the work of our partners: Law enforcement, the courts, schools and medical.
- Community focused services are the optimal models for successful outcomes for those we serve, are cost effective, and are also in the best interest of all residents of our counties.

Our senior leadership team will create several opportunities for all of us to achieve this vision and you will hear more about that and be given opportunities to learn and provide your insights to inform us as we move toward all that is possible when "We" work together.

Lastly, while I won't be as directly involved in other program areas at NCHC, I look forward to learning more about them, meeting you and being part of the team.

**Vicki Tylka**

Managing Director of Community Programs

### Occurrence Reporting Hotline

**x4488 or 715.848.4488**



Only significant or sentinel events requiring immediate notification to this hotline.

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## Shout out



**Brian Seehafer,**  
Youth Crisis Stabilization Facility



Thank you for picking up extra hours to support your team and program.

From: **Kelsey Quarton**



### SafetyZone DOWNTIME SCHEDULED

January 11 • 9 – 11 pm

On Wednesday, January 11th from 9:00 PM CST until 11:00 PM CST, the SafetyZone system will be unavailable due to server maintenance.



# HRinsights

## Position Posting

**Title:** Personal Care Worker - PCW **Status:** Full Time **Location:** Wausau Community Living Programs

Personal Care Workers are responsible for the general operation of a group home/supported apartment settings for adults with developmental disabilities and/or chronic mental illness.

### Essential Duties and Responsibilities:

- Creates a supportive, family-like environment in order for each resident to achieve maximum independent functioning based on individual needs.
- Provides home services (meal planning and preparation, housekeeping, laundry, help members with accounting, etc.)
- Assists as needed with ongoing assessment of residents' needs.
- Communicates observations relating to functionality of residents.
- Provides client supervision/support in the use of social/recreational and other community services (shopping, public transportation, etc.).
- Monitors residents' health needs including administration of medications, providing first aid and obtaining medical services when necessary.



**Grab Some Extra Hours in Community Living as a PCW!**

## Opportunity for Current NCHC Employees

### Looking to pick up Extra Shifts?

All current NCHC employees interested in picking up shifts as a Personal Care Worker in Community Living are welcome. **CNA certification not required.**



Talk with Your Manager & Contact Human Resources to Get Started!

<< [hresources@norcen.org](mailto:hresources@norcen.org) << Call 715.841.5164 >> Text 715.598.3663 >>

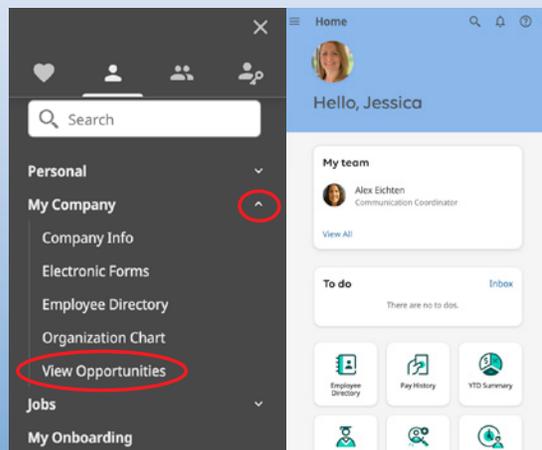


**We want MORE Awesome People like YOU on Our NCHC Team!**

Be sure to **SHARE** our career posts on social!

### How to Locate Internal-Only Job Postings in UKG

1. Log into UKG
2. Navigate to the left menu in the gray box.
3. Scroll down to My Company and click.
4. In the drop down, select View Opportunities.
5. You now have a listing displayed all internal job postings!



## employees on the move

Congratulation to these employees for their recent transfer or promotion!

### Heidi Kleinschmidt

recently transitioned from AODA Coordinator to Lakeside Recovery Manager.



### Jill Nelson

was recently promoted from Accounts Payable Rep to Purchasing Agent.



### Samantha Heis

recently was promoted from Administrative Assistant to Accounts Payable Rep.





Beginning January 4, 2023

Due to construction

# North Central Health Care

Employee Health & Wellness Center

will be temporarily located to:

## Aspirus Health Weston Clinic

4005 Community Center Drive  
Weston, WI 54476

The clinic will be closed on January 3, 2023  
to prepare for the move.

for appointments  
call 715.843.1256  
or visit [myaspirus.org](http://myaspirus.org)

### LAST CALL - Junk Light Drive Ends January 13!



## Got Junk Lights?



# HOLIDAY LIGHT

## RECYCLING

to benefit Habitat for Humanity!



Bring in your old, junky, burnt out strings of lights. Habitat for Humanity of Wausau will recycle the materials and use the proceeds to benefit our local Habitat for Humanity efforts here in Central Wisconsin.

### IT'S A HOLIDAY WIN FOR EVERYONE!



#### CLINIC HOURS

Monday: 8:00 am - 4:30 pm      Thursday: 9:30 am - 6:00 pm  
Tuesday: 7:00 am - 3:30 pm      Friday: 8:00 am - 4:30 pm  
Wednesday: 8:00 am - 4:30 pm

An Aspirus Business Health Solution

888-4508

Construction is estimated at 6-8 weeks and an additional notice will be sent when the on-site clinic is opening again. Thanks for your understanding!



## HELP SUPPORT OPPORTUNITIES FOR KIDS IN COMMUNITY TREATMENT

### My Local Deals Coupon Books Available!

Our NCHC Comprehensive Community Services (CCS) Team has started their annual coupon book fund raiser! Please help out kids with special needs by purchasing one of the 2023 My Local Deals coupon books. This year there are over 100 participating businesses (many with multiple coupons) in the Wausau, Stevens Point, Marshfield, Merrill, Mosinee, Wisconsin Rapids, Tomahawk and Rhinelander areas.

**Books are \$20 each and \$14 from each book goes directly to help the youth in our programs!! There are over \$5,000 worth of savings in each book!**

A few examples of the coupons include \$20 in Kwik Trip gas coupons, buy one get one for WOW laser tag (\$17 value), free fried pickles at Milwaukee Burger, golfing, spa services, pizza, oil changes, and tons of restaurant coupons! Cash or check only and please make any checks out to Michelle Lorbiecki. Thank you so much for helping us to improve the lives of the children we serve. These funds are used to send children to camps that they wouldn't otherwise have the opportunity to attend, incentives to help them meet their goals, and basic needs items. **Please contact Michelle Lorbiecki, [mlorbiecki@norcen.org](mailto:mlorbiecki@norcen.org) to get your Coupon Book today.**

Your Support is greatly appreciated!





# NCHC Wausau Campus @ Aquatic Therapy Center Parking Lot Scrub Sale!

Friday, January 13  
1:00pm - 3:00pm

Payroll Deduction - Cash - Credit Card



Phone: 866-727-8273 Fax: 574-970-0382 www.scrubsonwheels.com



NEWS, UPDATES, LINKS,  
STORIES, PHOTOS,  
VIDEOS!

GET SOCIAL!  
#IamNCHC



## NERD ALERT

WEEKLY TECH TIPS FROM IMS

### Troubleshooting Technique

**KEY COMMAND: ALT + SPACE + M**

Purpose: Application Window is Off-Screen

#### Issue: Application Window Launches on Side of Computer Screen

At times when launching an application, your computer may attempt to place an application window in a destination outside of your screen viewing area. At these times you may see a corner or side of the window on the side of your screen. Corner applications have a tendency of displaying windows off-screen.



#### How To: MOVE A HIDDEN WINDOW

1. Click icon of hidden application from Windows Toolbar located on bottom of computer screen.



2. Press once on alt, space and m at same time.
3. Press correct arrow key to move window in correct position or use mouse move window to desired location.
4. Press enter key once to finish.

STAY TUNED FOR FUTURE TIPS!



**GRAND OPENING!**

*join us!*

# OPEN HOUSE

WEDNESDAY, FEBRUARY 1ST

**3:00 PM - 5:30 PM**



Please join us to celebrate the grand opening of Community Partners Campus, Inc.

**REMARKS** 4:00pm  
**MURAL DEDICATION** 4:15pm  
**TOURS** 3:00pm - 4:00pm, 4:30pm - 5:30pm

**360 GRAND AVE, WAUSAU WI 54403**

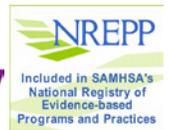



Our Community Partners:



## NAMI Family-to-Family

National Alliance on Mental Illness



### What is NAMI's Family-to-Family Education Program?

NAMI Family-to-Family is for families, caregivers and friends of individuals with mental illness. The course is designed to facilitate a better understanding of mental illness, increase coping skills, and empower participants to become advocates for their family members. The course consists of 8 two-and-a-half hour sessions. Trained family members teach the course who know what it is like to have a loved one living with mental illness. The Family-to-Family Program is offered at no cost to the participants.

NAMI Northwoods will offer its NAMI Family-to-Family Education Program beginning Tuesday, Feb 14, 2023. The class will be held from 6:00 – 8:30 p.m. at Grace United Church, 535 S 3rd Ave. Wausau, WI.



*"This course overall was the single most, without a doubt, helpful and informative thing ever offered in all my years searching for answers... It has helped me to understand better and communicate more effectively with my brother."*



## NORTHWOODS

National Alliance on Mental Illness

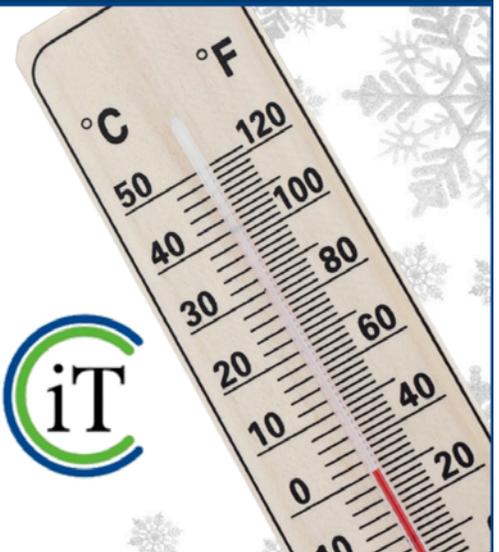
Register online at [Naminorthwoods.org](http://Naminorthwoods.org)  
715-432-0180  
[naminorthwoods@gmail.com](mailto:naminorthwoods@gmail.com)

### About NAMI Affiliate

NAMI Northwoods and dedicated volunteers, members and leaders work tirelessly to raise awareness and provide essential education, advocacy and support group programs for people in our community living with mental illness and their loved ones.

## Laptop & iPad Users:

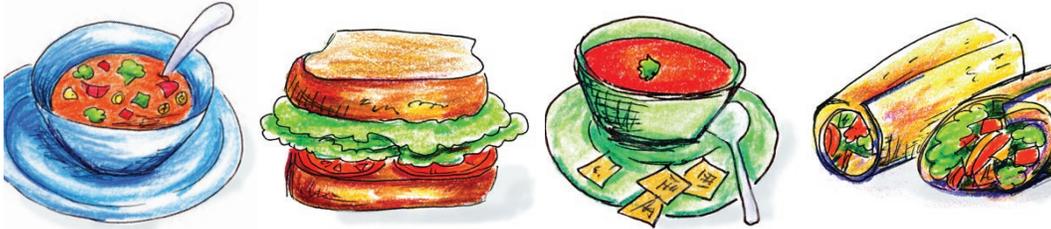
Please remember that your computers and devices like the cold even less than we do. **Please do not leave devices outside in vehicles overnight** when possible. If your device was left in the cold for any extended period of time (4 hours or more). Please allow the device to come up to room temperature before docking, or powering the device on, or damage may occur. This may take several hours.





# WHAT'S FOR LUNCH?

## WAUSAU CAMPUS EMPLOYEE CAFETERIA



**BREAKFAST HOURS**  
9 AM – 11 AM

**LUNCH HOURS**  
MONDAY – FRIDAY  
11:30 AM – 1:30 PM  
HOT FOOD BAR \$.45/OUNCE  
(Weekdays Only)

**GRAB-N-GO HOURS**  
MONDAY – FRIDAY  
9 AM – 5:30 PM

**WEEKENDS:**  
GRAB-N-GO ONLY

### JANUARY 9 – 13, 2023

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN	Smoked Paprika Chicken Mashed Potatoes Gravy Country Style Green Beans	Lasagna Shredded Lettuce/Dressing Garlic Toast	Apple Butter Pork Loin Stuffing Roasted Butternut Squash	Turkey & Rice Casserole Dinner Roll Corn	Baked Cod Herbed Rice Creamy Coleslaw
SOUP	TBD	Beef Barley Soup	Garden Vegetable Soup	TBD	TBD
DESSERT	Brownie Bottom Cheesecake	Peaches	Snickerdoodle Krispy Bar	Banana Strawberry Cup	Cranberry Crunch

### JANUARY 16 – 20, 2023

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN	Baked Chicken Drumstick Loaded Mashed Potatoes Carrots	Old Fashioned Chicken & Noodles Mixed Veggies	Hot Pork on a Bun Parmesan Noodles Broccoli	Scalloped Potatoes & Ham Brussell Sprouts Dinner Roll	Baked Ribette Baked Beans Creamy Coleslaw
SOUP	Cream Broccoli Soup	TBD	Cream of Tomato Soup	TBD	TBD
DESSERT	Pineapple Tidbits	Marbled Cherry Pie	Sweet Potato Crisp	Fluffy Fruit Dessert	Pudding



# THE BISTRO

MONDAY - FRIDAY | 7:30AM - 3PM  
HOT FOOD AVAILABLE UNTIL 2:30PM

## PANINI OF THE WEEK



### CHICKEN CORDON BLEU PANINI | \$6.50

HAM | GRILLED CHICKEN | MUSTARD SAUCE | SWISS

## LATTE OF THE WEEK

*Vanilla Chai*



**\$1 OFF LARGE LATTES EVERY MONDAY!**

## LUNCH

- PANINI COMBO (1/2 PANINI, CHIPS, WATER) ..... 5.00
- TURKEY BACON GUAC PANINI ..... 6.00
- TURKEY BACON GUAC WRAP ..... 5.75
- 3 CHEESE PANINI (ADD CHICKEN FOR \$1) ..... 3.50
- GRILLED HAM & CHEESE PANINI ..... 4.50
- GARLIC BACON PANINI ..... 5.00
- CHICKEN BACON RANCH WRAP ..... 5.25
- CHEESE QUESADILLA (ADD CHICKEN FOR \$1) ..... 4.50
- CALZONE ..... 4.50/5.00
- CHEF SALAD/CHICKEN SALAD ..... 5.50

## SIDES + SNACKS

- CHIPS ..... 1.00
- NUTS ..... 1.50
- HUMMUS ..... 2.50
- M&M CHOCO CHIP COOKIE ..... 1.25
- MARSHMALLOW CRISPY BAR ..... 2.00
- PEANUT BUTTER CRISPY BAR ..... 2.00
- CHEESECAKE ..... 2.00/ 3.50

## BEVERAGES

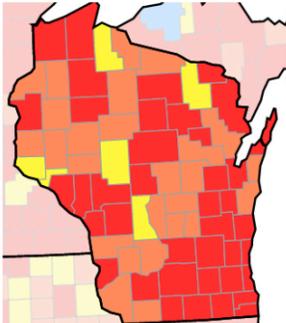
SELECTIONS VARY - JUICES, YOGURT DRINKS, VEGGIE DRINKS, ENERGY DRINKS, COFFEE & TEA, VARIOUS WATERS ..... 1.00-3.50

*\*Please note: All sales subject to Sales Tax.*



# CURRENT TRANSMISSION LEVELS BY COUNTY | JANUARY 5, 2022

Temperature screening is **NO LONGER** required for Employees or Visitors at any NCHC location.



MARATHON



High

LINCOLN



High

LANGLADE



High

All counties remain in **HIGH** level.

Based on your county's transmission levels noted above, please take the following actions for your county of service:



**All Nursing Home and Hospital Locations (Adult & Youth):**

Staff, visitors and patients are **REQUIRED** to wear masks at all times in all areas including hallways, waiting rooms and meetings that include residents or patients.

**Non-Nursing Home and Non-Hospital Locations:**

Face masks are **RECOMMENDED**, but not required by staff, patients and visitors, except for when social distancing cannot be maintained in private offices, therapy rooms, exam rooms and while transporting any patient, client or resident in a personal or NCHC vehicle.

All Staff at ALL locations may remove masks while working alone in private offices, employee-only access areas and in areas prohibited to patients or residents, like staff-only meeting rooms, offices or lounges.

**VISITOR NOTE FOR ALL LEVELS:**

- When visiting Covid-19 Confirmed patients or residents, visitors are required to wear masks and eye protection and practice social distancing.

**EMPLOYEE REPORTING**

Employees are **REQUIRED** to report any signs of illness to their manager immediately.

- Employees should STAY HOME if they are experiencing any signs of illness. Managers and Employee Health will provide return to work guidance.
- Staff are required to use PLT or take unpaid leave due to symptoms or exposure.
- Managers are **REQUIRED** to report employees with symptoms, exposure or positive for Covid-19 in SafetyZone as soon as possible.
- Employee Health: 715.848.4396



## Get your FREE at-home test kits!

The State of Wisconsin is offering free, rapid, at-home COVID-19 test kits to residents of eligible communities. Visit their online website to get test kits shipped to your home at no charge.

<https://sayescovidhometest.org/>



PHOTO OF THE WEEK



WINTER BLUES?

No Photoshop tricks here in this photo submitted by Troy Torgerson of Marathon County Facilities. Anyone ever wonder what the "Blue Lights" on the Wausau Campus are? The blue hue means the light needs servicing. Instead of burning out completely, the light will turn blue signifying that its time to replace some components or bulbs. This coupled with some of our snow and foggy wet winter weather makes our trees on the Wausau Campus glow!

Thanks for submitting the photo Troy and for letting us know all about the "Blue Lights".

In the State of Wisconsin, Help is 3 Numbers Away



Marathon County Employees Credit Union



Did You Love Your Family TOO Much This Holiday Season? Crawl out from underneath all the wrapping paper, and come see us about getting out of debt in the New Year.

Contact Pete for a Consolidation Loan Today! 715-261-7685 culoans@co.marathon.wi.us

Apply online at www.mcecu.org

Already a member: Thank you Not a member: Contact us today!

400 East Thomas Street Wausau, WI 54403

cuteller@co.marathon.wi.us www.mcecu.org