



A Weekly Update For The Employees of North Central Health Care



NEWS YOU CAN USE

WEEKLY CONNECTION WITH RENEE KRUEGER



I am honored to have been asked to write this week's *Weekly Connection*. Over the past couple months as the Interim Administrative Coordinator, I have been learning a great deal about not only Lincoln County operations but North Central Health Care as well. As a member serving on the Executive Committee for the NCCSP, it is important to me to convey the amount of respect I have for the work everyone does and the critical roles you play in meeting the physical and emotional needs of our vulnerable populations. One of the greatest traits I have come to recognize in people who work within the service industry is their ability to recognize their own self worth. Additionally, the incredible strength you possess to carry the burdens of others. The amount of admiration for each of you goes beyond words.

To share a little about myself, I have always known that I wanted to work in a field helping others. As a child, I watched my parents work endless hours, taking calls in the middle of the night, and quietly shedding tears when they thought I wasn't watching. While it seems one might want to steer away from such a life, I also got to feel the strength of their "work family." Whether it was hanging out in the office waiting for my parents shift to end or the many weekend get-togethers, everyone at their work was my family and still today know me by name and know my children. What I was not prepared for getting into this field was the various hardships that I would hold for others, the overwhelming desire to want to provide someone the services that I knew would make a difference and not being able to due to some barrier or another, and the sacrifices my own family would make to support my dream of making a difference.



Like most, this year I set my New Year's Resolution. Every year I go through the same internal debate about whether to bother, because inevitably, it only will last a few weeks. Whether it is to lose weight, to eat healthy, to do a gratitude journal, practice mindfulness...the list continues to go on of the many ways I have failed in accomplishing my New Year's resolution. Mind you, my degree and career has been in social work and criminal justice, so years of education and training in behavior change. I have taught S.M.A.R.T. goals since 1998, I understand the cycle of "habit building" both positive and negative habits and understand how to be successful with change. What I have never done, until this year, is allow myself the grace to fail and start again, celebrating the reset. So this year, my promise to myself in meeting my New Year's resolution is to fail and then start again and again and again!

I wish you the best of luck in any change you embrace and encourage you to fail with grace and start again. I look forward to learning and connecting with you and the NCHC programs.

Renee Krueger
Lincoln County Administrative Coordinator/HR Director
NCCSP Executive Committee Member

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Person-Centered Shout Out

Nadine Switlick, Adult Protective Services

Assisting with a complex case. Your help is greatly appreciated.

From: Jessica Aderman



Occurrence Reporting Hotline 

x4488 or 715.848.4488

Only significant or sentinel events requiring immediate notification to this hotline.



PHOTO OF THE WEEK



NCHC Core Value: **CONTINUOUS IMPROVEMENT**

NCHC's Learning & Development has expanded orientation for direct care staff areas including Mount View, Pine Crest, CBRF and some Behavioral Health areas. The Friday of new employee orientation now includes a 7-hour day where staff learn and demonstrate a variety of skills from assisting with eating, using mechanical lifts, dressing and many more. Friday, January 13th was our first group of 6 employees. We're excited about adding this day to orientation to align with our Core Value of Continuous Improvement. New employees come out of this day feeling more confident about their skills and competent in these areas.

Shown in the photo are:

- Leslie Miller, ACSF**
- Tammy Luedke, CNA Mount View**
- Katiana (Tayln) Solinsky, ACSF**

HOW TO COMPLETE YOUR AMERICAN HEART ASSOCIATION HEARTCODE BLS



Step 1: Email to get your Code.

Email Curt Matsche (cmatsche@norcen.org) use the phrase "CPR E-Learning Enrollment Code" in your email subject. Do NOT share this code with anyone.

Send	To	Curtis Matsche
	Cc	
	Subject	CPR E-Learning Enrollment Code

Step 2: Use the link to login and complete the HeartCode BLS eLearning Course.

At the end of the AHA training you will need to complete an exam AND a survey. Then you will be issued a certificate.

PRINT your certificate.

Step 3: Register for your CPR Hands on Skill Session

Hands on sessions are scheduled in UKG. Register for a session. Bring your printed certificate to the session, if you don't you will not be able to attend.



You MUST bring the printed copy of your American Heart Association BLS eLearning Certificate to the hands-on training session.

NCHC NOTICE: ABILA DOWNTIME

Thursday, 1/19/23 2:00 PM – Monday, 1/23/2023 12:00PM)

Abila (MIP Fund Accounting), NCHC's electronic accounting and ordering system, will be down for maintenance Thursday, 1/19/2023 @ 2:00 PM – Monday, 1/23/2022 12:00 PM. Access to Abila may be granted sooner, but please expect the downtime to last the full window.

Please ensure to close any open sessions you have open prior to 2:00 PM 1/19/2023. This system is mainly used by managers and those who order items for departments. You can disregard this notice if you do not use the software.

If you have any issues with Abila after, please open a TAG request with a description of the error.

ADDITIONAL SafetyZone DOWNTIME SCHEDULED



January 18 • 10 – 11 pm

On Wednesday, January 18th from 10:00 PM CST until 11:00 PM CST, the SafetyZone system will be unavailable due to server maintenance.



North Central Health Care
Person centered. Outcome focused.

Employee Recognition Awards

4TH QUARTER 2022 RECIPIENTS

OUTSTANDING TEAM PARTNERSHIP AWARD Pharmacy Team

Congratulations to the Pharmacy Team, recipient of NCHC's Outstanding Team Partnership Award. The Pharmacy Team goes above and beyond daily to provide exceptional care to clients, residents, and staff. The entire team works diligently to meet high work demands and ensure all medications go out the door in a timely manner despite the ever-changing variables that need to be addressed daily to ensure smooth operation.

Pharmacy Employees include Cindy Schreier, Dustin Ehster, Jacob Bognar, Joanne Krasselt, Jodi Swid, Kendra Eisner, Mary Derby, Mary Osheim, Megan Kruzicki, Nora Fellenz, Royal Anderson, Tara Renteria and Jacie Cihlar!



OUTSTANDING SERVICE EXCELLENCE AWARD

Alex Eichten, Communications & Marketing

Congratulations to Alex Eichten, recipient of NCHC's Outstanding Service Excellence Award. Alex was nominated because is continually learning new things and pushing herself to be an outstanding member of the communications team and NCHC team. As the Communications Coordinator at NCHC, she serves the entire organization and is always looking at things differently. She asks meaningful questions to challenge what we have done in the past, to look forward to the future.

"She is amazingly creative and really insightful."

"Alex has a continual commitment to continuous improvement. She wants and makes things better in all aspects of her job and really strives to provide high quality work that is better and more effective than the previous work she may have done."

"Alex embraces true partnership and also looks to think about better outcomes with her communication and design work. Asking the tough questions and thinking outside the box is a special trait she possesses."



OUTSTANDING PERSON-CENTERED SERVICE AWARD

Bobbi Hansen, Community Treatment Youth

Congratulations to Bobbi Hansen, recipient of the Outstanding Person-Centered Service Award. Bobbi is a service facilitator for Community Treatment Youth in Marathon County. She was Nominated by Gina Lenz, Community Treatment Youth Clinical Coordinator, who says "Bobbi is deeply committed to helping others unconditionally. Even when encountering a challenging person, she finds a way to help them succeed".

"Bobbi is one of the nicest and most genuine people I have ever met."

"I admire her determination. She never gives up on people."

"Bobbi has the amazing ability to draw people in and lift them up when they need it most."



Kristin King, Gina Laszewski and Kara Webb were also nominated for this award.

Nominate a Coworker or Team today! www.norcen.org/Recognition



WELCOME THESE NEW EMPLOYEES TO THE TEAM!

These employees were welcomed at Orientation on January 9, 2023

Administration



Vicki Tylka –
Managing Director of
Community Programs

Community Treatment



Amanda Bartz –
Case Manager, Antigo



Megan Treziak –
Case Manager, Wausau



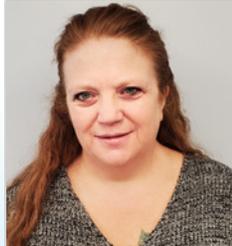
Renee Mijal –
Admissions Coordinator

*We are so
excited to
have you on
our team!*

Mount View Care Center



Jenna Brande –
RN



Jayne Rausch –
CNA

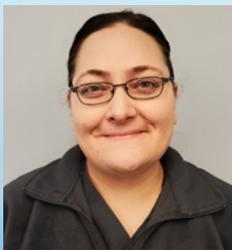


Arely Ocampo –
Hospitality Assistant



Tammy Luedke –
CNA

Pine Crest



Jamie Miller –
Weekend Warrior RN

Residential



Nicholas Burriss –
PCW

Food Services - Wausau



Kyrus Bear –
Dietary Aide



Isaac Jakes –
Dietary Aide



Karen Vecchio –
Dietary Aide

Compliance



Melissa Curley – Quality
Improvement Specialist

Adult Day Serv.



Darryl Hill –
Program Aide

Crisis



Leslie Miller –
BHP

HR



Sarah Rothenberger –
HR Administrative Assistant

ACSF



Katiana Solinsky –
BHP



HRinsights

Position Posting

Title: Personal Care Worker - PCW **Status:** Full Time **Location:** Wausau Community Living Programs

Personal Care Workers are responsible for the general operation of a group home/supported apartment settings for adults with developmental disabilities and/or chronic mental illness.

Essential Duties and Responsibilities:

- Creates a supportive, family-like environment in order for each resident to achieve maximum independent functioning based on individual needs.
- Provides home services (meal planning and preparation, housekeeping, laundry, help members with accounting, etc.)
- Assists as needed with ongoing assessment of residents' needs.
- Communicates observations relating to functionality of residents.
- Provides client supervision/support in the use of social/recreational and other community services (shopping, public transportation, etc.).
- Monitors residents' health needs including administration of medications, providing first aid and obtaining medical services when necessary.



Grab Some Extra Hours in Community Living as a PCW!

Opportunity for Current NCHC Employees

Looking to pick up Extra Shifts?

All current NCHC employees interested in picking up shifts as a Personal Care Worker in Community Living are welcome. **CNA certification not required.**



Talk with Your Manager & Contact Human Resources to Get Started!

<< hresources@norcen.org << Call 715.841.5164 >> Text 715.598.3663 >>

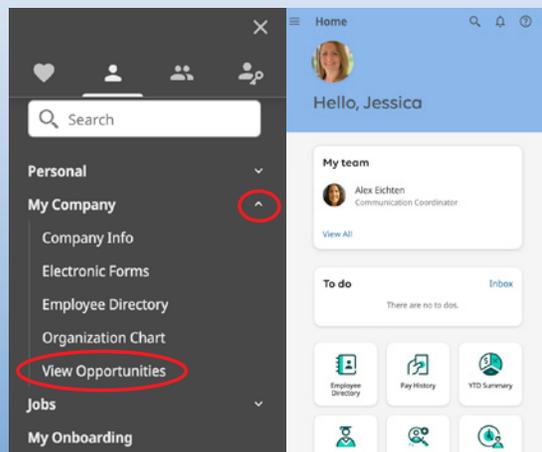


We want MORE Awesome People like YOU on Our NCHC Team!

Be sure to SHARE our career posts on social!

How to Locate Internal-Only Job Postings in UKG

1. Log into UKG
2. Navigate to the left menu in the gray box.
3. Scroll down to My Company and click.
4. In the drop down, select View Opportunities.
5. You now have a listing displayed all internal job postings!



employees on the move

Congratulation to these employees for their recent transfer or promotion!

Dacia Fritsch recently transitioned from Youth Crisis Stabilization Facility to a CNA in Post Acute Care at Mount View Care Center.



Jeremiah Jerzak was recently promoted from LPN to PM Nursing Supervisor at Pine Crest. Jeremiah has worked at Pine Crest for 2 years. Congrats!





Beginning January 4, 2023

Due to construction

North Central Health Care

Employee Health & Wellness Center

will be temporarily located to:

Aspirus Health Weston Clinic

4005 Community Center Drive
Weston, WI 54476

The clinic will be closed on January 3, 2023
to prepare for the move.

for appointments
call 715.843.1256
or visit myaspirus.org



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Person centered. Outcome focused.



CLINIC HOURS

Monday: 8:00 am - 4:30 pm	Thursday: 9:30 am - 6:00 pm
Tuesday: 7:00 am - 3:30 pm	Friday: 8:00 am - 4:30 pm
Wednesday: 8:00 am - 4:30 pm	

An Aspirus Business Health Solution

888-4508

Construction is estimated at 6-8 weeks and an additional notice will be sent when the on-site clinic is opening again. Thanks for your understanding!



HELP SUPPORT OPPORTUNITIES FOR KIDS IN COMMUNITY TREATMENT

My Local Deals Coupon Books Available!

Our NCHC Comprehensive Community Services (CCS) Team has started their annual coupon book fund raiser! Please help out kids with special needs by purchasing one of the 2023 My Local Deals coupon books. This year there are over 100 participating businesses (many with multiple coupons) in the Wausau, Stevens Point, Marshfield, Merrill, Mosinee, Wisconsin Rapids, Tomahawk and Rhinelander areas.

Books are \$20 each and \$14 from each book goes directly to help the youth in our programs!! There are over \$5,000 worth of savings in each book!

A few examples of the coupons include \$20 in Kwik Trip gas coupons, buy one get one for WOW laser tag (\$17 value), free fried pickles at Milwaukee Burger, golfing, spa services, pizza, oil changes, and tons of restaurant coupons! Cash or check only and please make any checks out to Michelle Lorbiecki. Thank you so much for helping us to improve the lives of the children we serve. These funds are used to send children to camps that they wouldn't otherwise have the opportunity to attend, incentives to help them meet their goals, and basic needs items. **Please contact Michelle Lorbiecki, mlorbiecki@norcen.org to get your Coupon Book today.**

Your Support is greatly appreciated!



NERD ALERT

WEEKLY TECH TIPS FROM IMS

Copy and Paste Shortcuts

KEY COMMAND: CTRL + C or CTRL + V

Purpose: Quickly Copy or Paste Content

How To Copy:

1. Select or highlight content.
2. Hold down ctrl key on keyboard.
3. Press c key on keyboard.



Content is copied to clipboard.

How To Paste Copied Content:

1. Click desired area to paste content.
2. Hold down ctrl key on keyboard.
3. Press v key on keyboard.



Content will paste in selected location.

Why is this command relevant at NCHC?

- Move text, photos, files, and more in a breeze.
- Time saver for individuals who copy and paste often.
- Illuminate typing time.

Bonus Tip: Use CTRL+X (Cut) instead of CTRL+C (Copy).

STAY TUNED FOR FUTURE TIPS!



WISCONSIN DEFERRED COMPENSATION PROGRAM

Join the conversation!

Meeting with your WDC Retirement Plan Advisor is an easy way to help make sure your savings and spending strategy fits you and your future. Schedule a one-on-one appointment. Additional virtual meeting dates and times can be found at online at https://nc_wisconsin.timetap.com/#/

NEXT MEETING:

Individual Retirement Readiness Review with Shawn Bresnahan

Wednesday, January 25th
NCHC Wausau Campus, Badger Room
8:30am-Noon

What to bring to your one-on-one meeting once enrolled:

- Wisconsin Retirement System statement
- Social Security statement
- Other retirement account information
- Current paycheck stub (if applicable)

REGISTER ONLINE AT https://nc_wisconsin.timetap.com/#/



Helping You Turn Over a New Retirement Leaf



NEWS, UPDATES, LINKS, STORIES, PHOTOS, VIDEOS!

GET SOCIAL!
#IamNCHC

GRAND OPENING!

join us!

OPEN HOUSE

WEDNESDAY, FEBRUARY 1ST

3:00 PM - 5:30 PM

Please join us to celebrate the grand opening of Community Partners Campus, Inc.

REMARKS 4:00pm
MURAL DEDICATION 4:15pm
TOURS 3:00pm - 4:00pm, 4:30pm - 5:30pm

COMMUNITY PARTNERS CAMPUS

360 GRAND AVE, WAUSAU WI 54403

Our Community Partners:





WHAT'S FOR LUNCH?

WAUSAU CAMPUS EMPLOYEE CAFETERIA



BREAKFAST HOURS
9 AM – 11 AM

LUNCH HOURS
MONDAY – FRIDAY
11:30 AM – 1:30 PM
HOT FOOD BAR \$.45/OUNCE
(Weekdays Only)

GRAB-N-GO HOURS
MONDAY – FRIDAY
9 AM – 5:30 PM

WEEKENDS:
GRAB-N-GO ONLY

JANUARY 16 – 20, 2023

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN	Baked Chicken Drumstick Loaded Mashed Potatoes Carrots	Old Fashioned Chicken & Noodles Mixed Veggies	Hot Pork on a Bun Parmesan Noodles Broccoli	Scalloped Potatoes & Ham Brussell Sprouts Dinner Roll	Baked Ribette Baked Beans Creamy Coleslaw
SOUP	Cream Broccoli Soup	TBD	Cream of Tomato Soup	TBD	TBD
DESSERT	Pineapple Tidbits	Marbled Cherry Pie	Sweet Potato Crisp	Fluffy Fruit Dessert	Pudding

JANUARY 23 – 27, 2023

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN	Ranch Pork Medallions Baked Yams Mixed Veggies	Chicken Lasagna Tossed Salad Breadstick	Smoked Sausage Dumplings Seasoned Cabbage	Cranberry Glazed Chicken Garden Long Grain & Wild Rice Parslied Carrots	Salmon Patty Boiled Potatoes Creamed Peas
SOUP	TBD	TBD	Taco Soup	TBD	Chili
DESSERT	Peaches & Cream Dessert	Frosted Banana Bar	Caramel Apple Crisp	Ice Cream Cup	Peanut Butter & Jelly Brownie



THE BISTRO

MONDAY - FRIDAY | 7:30AM - 3PM
HOT FOOD AVAILABLE UNTIL 2:30PM

PANINI OF THE WEEK



SOUTHWEST TURKEY PANINI | \$6.00

TURKEY | ROASTED PEPPERS & ONIONS
CHEDDAR | JALAPENO/REGULAR RANCH

LATTE OF THE WEEK



Irish Sweet Cream

\$1 OFF LARGE LATTES EVERY MONDAY!

LUNCH

- PANINI COMBO (1/2 PANINI, CHIPS, WATER) 5.00
- TURKEY BACON GUAC PANINI 6.00
- TURKEY BACON GUAC WRAP 5.75
- 3 CHEESE PANINI (ADD CHICKEN FOR \$1) 3.50
- GRILLED HAM & CHEESE PANINI 4.50
- GARLIC BACON PANINI 5.00
- CHICKEN BACON RANCH WRAP 5.25
- CHEESE QUESADILLA (ADD CHICKEN FOR \$1) 4.50
- CALZONE 4.50/5.00
- CHEF SALAD/CHICKEN SALAD 5.50

SIDES + SNACKS

- CHIPS 1.00
- NUTS 1.50
- HUMMUS 2.50
- M&M CHOCO CHIP COOKIE 1.25
- MARSHMALLOW CRISPY BAR 2.00
- PEANUT BUTTER CRISPY BAR 2.00
- CHEESECAKE 2.00/ 3.50

BEVERAGES

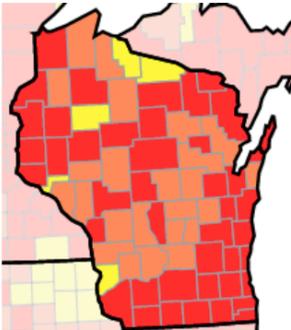
SELECTIONS VARY - JUICES, YOGURT DRINKS, VEGGIE DRINKS, ENERGY DRINKS, COFFEE & TEA, VARIOUS WATERS 1.00-3.50

**Please note: All sales subject to Sales Tax.*



CURRENT TRANSMISSION LEVELS BY COUNTY | JANUARY 12, 2022

Temperature screening is **NO LONGER** required for Employees or Visitors at any NCHC location.



MARATHON



LINCOLN



LANGLADE



All counties remain in **HIGH** level. Langlade County will need to remain in moderate one more week before NCHC may move to Moderate Level.

Based on your county's transmission levels noted above, please take the following actions for your county of service:



All Nursing Home and Hospital Locations (Adult & Youth):

Staff, visitors and patients are **REQUIRED** to wear masks at all times in all areas including hallways, waiting rooms and meetings that include residents or patients.

Non-Nursing Home and Non-Hospital Locations:

Face masks are **RECOMMENDED**, but **not required** by staff, patients and visitors, **except** for when social distancing cannot be maintained in private offices, therapy rooms, exam rooms and while transporting any patient, client or resident in a personal or NCHC vehicle.

All Staff at ALL locations may remove masks while working alone in private offices, employee-only access areas and in areas prohibited to patients or residents, like staff-only meeting rooms, offices or lounges.

VISITOR NOTE FOR ALL LEVELS:

- When visiting Covid-19 Confirmed patients or residents, visitors are required to wear masks and eye protection and practice social distancing.

EMPLOYEE REPORTING

- Employees are **REQUIRED** to report any signs of illness to their manager immediately.
- Employees should **STAY HOME** if they are experiencing any signs of illness. Managers and Employee Health will provide return to work guidance.
- Staff are required to use PLT or take unpaid leave due to symptoms or exposure.
- Managers are **REQUIRED** to report employees with symptoms, exposure or positive for Covid-19 in SafetyZone as soon as possible.
- Employee Health: 715.848.4396



Get your FREE at-home test kits!

The State of Wisconsin is offering free, rapid, at-home COVID-19 test kits to residents of eligible communities. Visit their online website to get test kits shipped to your home at no charge.

<https://sayescovidhometest.org/>