North Central Health Care

HOLIDAY DONATION SUGGESTIONS

Below are donation suggestions for clients and residents of North Central Health Care. These items will directly benefit individuals and families receiving services. Donations will be delivered to Mount View Care Center, Community Treatment for Children and Adults, Behavioral Health Hospitals (Youth & Adult), Crisis Stabilization (Youth & Adult) and Outpatient clients in Wausau, Merrill and Antigo.
**Items with an asterisk are most needed.*

Personal Items

- Wallets and Coin Purses
- **Sweat shirts - all sizes: S – 4XL (Mens & Womens)**
- **WARM winter gloves and mittens* - Kids as well**
- Winter caps and scarves
- **Sweat pants* (S – 4XL) (Mens & Womens)**
- **Men's Undershirts, Underwear* - S – 4XL**
- **Women's Underwear* - S – 4XL**
- Costume jewelry*, necklaces especially with long chains
- Rubber soled slippers only - all sizes
- Baseball Caps
- **Fleece blankets**
- Reading Glasses (Variety of Powers)
- Mens & Womens Socks

Toiletries

- **Body wash***
- **Shampoo & conditioner***
- Hair accessories (brushes, barrettes, hair ties, rattail combs)
- New Make-up (lipstick, ChapStick, etc.)
- **Hand Cream* - small or medium bottles only**
- **Deodorant* (predominantly Men's)**
- Nail Polish*, polish remover, cotton balls
- Cologne* for men and women or Aftershave
- Small bottles of dish soap or bleach
- Cleaning Supplies

Unique Suggestions

- Anything Green Bay Packers, Badgers, Brewers, Bucks
- Cans of Soda (caffeine-free only)
- Small packages of snacks, gum and candies (sugar-free or regular)
- **Gift Certificates to McDonald's, Subway, Walmart, Kwik Trip, Target, Gas Cards, etc.**
- Kitchen dish towels
- Towel sets: 1 bath towel, 1 hand towel, 2 wash cloths
- Boxes of Chocolates (must be sealed)
- Movie Theater Gift Cards
- Insulated Mugs or Coffee Mugs
- **Water Bottles w/ Straws**

Recreation/Craft

- New 100-300 pieces or less Puzzles or therapeutic puzzles with large pieces*
- Word Search* and Crossword Puzzle Books
- **Adult Coloring Books**
- Colored pencils, markers, crayons
- Trinkets (almost any small object) for Bingo prizes
- Inexpensive canvases (all sizes), art paint & brushes
- Pens or Pencils
- Christmas Gift Bags for Wrapping (Medium & Large)
- Journals
- Fidgets
- Squishes/ Squishmallows

Interested in adopting a client or creating a Giving Tree at your organization or business for the holidays?

Please, contact the NCHC Volunteer Office at **715.848.4450** or **volunteer@norcen.org**

Thank You For Your Generous Support!